

**UNMC, College of Public Health**  
**Applied Practice Experience (APEX) Opportunities**

**Partner organization name:** Calistus Multiple Myeloma Foundation

**Partner organization website:** [www.calistusfoundation.org](http://www.calistusfoundation.org)

**Partner organization brief description:** The Myeloma Support Foundation is a nonprofit organization committed to improving the lives of individuals affected by multiple myeloma. Our mission is to provide comprehensive support, education, and advocacy for patients, caregivers, and their families.

**Partner organization's point of contact name and email:**

Judith .N. Obodougo, MPH

Founder, Executive Director

[Judith@calistusfoundation.org](mailto:Judith@calistusfoundation.org)

**Description of partner organization's priority opportunities (APEX activities):**

- Personalized assistance, emotional support, and resource guidance for myeloma patients.
- Health fairs, Caregiver training, Multiple Myeloma Educational workshops, webinars, and sessions on treatment options, symptom management, and coping strategies.
- Championing patients' rights, access to quality care, and research funding. Reducing stigma and promoting early detection.
- Regional conferences bring together patients, healthcare professionals, and researchers.
  - Support groups are established in collaboration with local hospitals

**Timeframe of proposed activities:** Based on the semester for the students.

**Benefit of proposed activities to partner organization:**

Patient-Centric Approach:

- Personalized attention and compassionate care.
- Addressing physical, emotional, and practical needs.

Community Engagement:

- Peer support groups, social events, and online forums.
- Connecting patients with shared experiences.

Holistic Support:

- Beyond medical assistance, we provide resources for: financial planning, legal advice, and emotional well-being.
- Enhancing overall quality of life.

**Benefit of proposed activities to the student:**

- Collaboration
- Partnership building
- Advocacy building

\*Note—An affiliation agreement will be required prior to student engagement

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- Awareness and strategy planning skills

**Skill sets of students requested:**

- Public health
- Public Speaking
- Canva/ Content Creator skillsTech skill for webinar and Zoom set ups
- Teamwork, problem-solving, customer service, communication, result-orientation, decision-making, self-motivation, integrity.

**Additional Information** (format of preferred engagement-virtual, hybrid, in-person; partner organization's location): If hybrid, location will be UNO Community Engagement Center.