

# PROTECT YOURSELF: DO NOT DRINK RAW MILK



**Raw milk can contain harmful germs that can make you sick!**



**Bird Flu and other diseases may be spread through raw milk. Keep yourself and others safe by not drinking raw (unpasteurized) milk.**



## **DON'T drink raw (unpasteurized) milk.**

**Raw milk** has not been pasteurized to kill harmful germs, including viruses, bacteria, and parasites.

Do NOT feed raw milk to animals.



## **DO drink pasteurized milk.**

**Pasteurization** is the process of heating milk to a temperature that destroys harmful germs.

The commercial milk supply in the United States is pasteurized and safe to drink.



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