Fall Risk Reduction Program Assessment

Instructions This assessment serves as a comprehensive gap analysis of your hospital's current fall risk reduction program for the inpatient setting which includes patients in acute, swing, observation, and hospice beds. It may help your hospital identify its strengths and weaknesses for fall risk reduction.

We recommend that you have the following information available as you begin the survey:

- A copy of any existing fall risk reduction/fall prevention policies and procedures
- The definition of a fall used by your hospital (if one is in use)
- A list of the interventions used to reduce patient fall risk
- The total number of falls, patient days, and observations hours from the years 2018, 2019, and 2020

FALL RISK REDUCTION TEAM

A fall risk reduction team is an inter-professional team responsible for managing and implementing the facility's fall risk reduction program.

Please answer the following questions about the personnel involved in the fall risk reduction program in your hospital.

Does your hospital have an individual or team who is accountable for implementing your fall risk reduction program?

 \bigcirc No, neither an individual or a team

○ Yes, an individual

Yes, a team ____

⊖ Unknown

Identify all of the ROLES represented by the individual or team members responsible for your fall risk reduction program. Mark all that apply.

 Medical Director/Chief of Medical Staff □ Administrator/CEO Director of Nursing/Chief Nurse Executive Quality Improvement Professional/Specialist Risk Manager Patient Safety Officer Physician Physician Assistant
 Advanced Practice Registered Nurse (Nurse Practitioner) Registered Nurse Licensed Practical Nurse Certified Nursing Assistant Occupational Therapist Certified Occupational Therapy Assistant Physical Therapist Physical Therapist Assistant 🗌 Pharmacist Medical Laboratory Technician Radiology Technician Medical Nutrition ☐ Facilities Management Environmental Services Patient Transportation Services 🗌 Other Unknown

GAP ANALYSIS

A gap analysis is an assessment of the current state of practices in your facility as compared to evidence-based best practices.

When did your hospital last conduct a gap analysis for your fall risk reduction program?

Never
 Within the past year
 Within the past 1-2 years
 Over 2 years ago
 Unknown

ACTION PLAN

An action plan is used to document and monitor the steps needed to reach your fall risk reduction program goals.

Does your hospital have a current action plan for your fall risk reduction program?

No
 Yes
 Unknown

FALL RISK REDUCTION POLICIES and PROCEDURES

Policies and procedures help to set expectations and influence decisions, actions, and activities involved in a fall risk reduction program.

Please indicate whether or not your hospital performs the following fall risk reduction activities:

	No, our hospital does not do this activity	Yes, but our hospital could do this activity better	Yes, and our hospital does this activity well	Unknown
Develop fall risk reduction policies and procedures	0	0	0	0
Update fall risk reduction policies and procedures as needed	0	0	0	0
Educate staff about fall risk reduction policies and procedures	0	0	0	0

Staff Education on Fall Risk Reduction Policies and Procedures

Which staff are required to attend this education? Mark all that apply.

Nursing staff only
 Patient care staff other than nursing _____
 Non-patient care staff _____
 Unknown

When is this education offered to staff? Mark all that apply.

☐ Annually
$ar{]}$ When changes are made to this aspect of our fall risk reduction progran
New employee orientation
] Other
] Unknown

FALL DEFINITION

A fall definition specifies what "counts" as a fall, and differentiates various types of falls (e.g. assisted vs. unassisted) as well as injuries.

Please indicate whether or not your hospital performs the following fall risk reduction activities:

	No, our hospital does not do this activity	Yes, but our hospital could do this activity better	Yes, and our hospital does this activity well	Unknown
Adopt a standardized definition of a fall for use in your hospital	0	0	0	0
Educate staff on the definition of a fall, including fall types (assisted/unassisted) and outcomes (injurious/non-injurious)	0	0	0	0

Please answer the following questions about the definition of a fall used in your hospital.

Does your hospital use the following definition of a fall, from the Agency for Healthcare Research and Quality Common Formats?

"For the purposes of patient safety, a fall is a sudden, unintended, uncontrolled downward displacement of a patient's body to the ground or other object. This definition includes unassisted falls and assisted falls (i.e., when a patient begins to fall and is assisted to the ground by another person)."

○ No ○ Yes

🔘 Unknown

Provide the specific definition of a fall used in your hospital

The source of this definition is: __

If you do not know the source of the definition, please state 'source unknown'.

Staff Education on the Definition of a Fall

Which staff are required to attend this education? Mark all that apply.

□ Nursing staff only

- Patient care staff other than nursing _____
- Non-patient care staff _____

🗌 Unknown

When is this education offered to staff? Mark all that apply.

Annually
 When changes are made to this aspect of our fall risk reduction program
 New employee orientation

Other _____

FALL RISK ASSESSMENT

A fall risk assessment is used to identify patients who are at risk for falls and recognize their respective risk factors.

No, our hospital does Yes, but our hospital Yes, and our hospital Unknown not do this activity could do this activity does this activity well better \bigcirc \bigcirc Ο Ο Adopt a fall risk assessment tool(s) \bigcirc Educate staff on how to use fall \bigcirc \bigcirc \bigcirc risk assessment tool(s) \bigcirc \bigcirc Ο \bigcirc Utilize fall risk assessment tool(s) to screen patients for fall risk

Please indicate whether or not your hospital performs the following fall risk reduction activities:

Please answer the following questions about fall risk assessment tool(s) in your hospital.

Indicate which populations are assessed for fall risk. Mark all that apply.

All adult inpatients
 A specific subset of adult inpatients _____
 Other _____
 Unknown

How often does your hospital assess fall risk for the respective populations indicated in the question above? Mark all that apply.

On admission	
Daily	
Every shift	
As needed according to change in patient's medical sta	atus
After a fall	
□ Other	
🗌 Unknown	
 As needed according to change in patient's medical sta After a fall 	itus

Indicate the tool(s) currently used to assess fall risk of inpatients in your hospital. Mark all that apply.

Conley Scale
 Fall Risk Assessment Scoring System (FRASS)
 Hendrich II Fall Risk Model
 Hester Davis Scale
 Johns Hopkins Fall Risk Assessment Tool
 Morse Fall Scale
 St. Thomas Risk Assessment Tool in Falling Elderly Inpatients (STRATIFY)
 Other tool not listed above ______
 Modification of an established tool ______
 Unknown

Why did your hospital choose the fall risk assessment tool(s) used to assess fall risk for inpatients? Mark all factors that apply.

Assessment of predictive validity using our own data

Dictated by our electronic medical record

E Feasibility for staff

Review of research literature

Staff input

Other reason(s)

🗌 Unknown

Staff Education on Fall Risk Assessment Tool(s)

Page 5

Which staff are required to attend this education? Mark all that apply.

□ Nursing staff only

Patient care staff other than nursing _____

Non-patient care staff _____

Unknown

When is this education offered to staff? Mark all that apply.

□ Annually

When changes are made to this aspect of our fall risk reduction program

New employee orientation

Other _

Unknown

FALL RISK REDUCTION INTERVENTIONS

Fall risk reduction interventions are implemented to reduce the influence of patient risk factors for falls and fallrelated injury.

Please indicate which of the following interventions are used to reduce the risk of falls and fall-related injury for patients in your hospital.

	Never used for patients at risk	Used for specific patients at risk	Used for all patients at risk	Used for all patients, regardless of risk	Unknown
Assistive device/equipment for ambulation (e.g., walkers)	0	0	0	0	0
Assistive device/equipment for transfers (e.g., mechanical lift)	\bigcirc	0	0	0	0
Assistive device/equipment for activites of daily living (e.g., commode)	0	0	0	0	0
Bed and/or chair alarm	0	0	0	\bigcirc	0
Bed in low position	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Bedside floor mats	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Call light and belongings in reach	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Declutter environment	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc
Delirium prevention or mitigation	\bigcirc	0	\bigcirc	\bigcirc	0
Documentation of mobility/activities of daily living assistance	0	0	0	0	0
Floor clean and dry	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Gait/transfer belt	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Handoff to communicate risk	\bigcirc	0	\bigcirc	\bigcirc	0
Handrails in bathroom, hallways, etc.	0	0	0	0	0
Hip protectors	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Locked wheels on bed and wheelchair	\bigcirc	0	0	0	0
Medication review by pharmacy	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Night lights/supplemental lighting	\bigcirc	0	0	0	0

FALL RISK REDUCTION INTERVENTIONS (Continued) Fall risk reduction interventions are implemented to reduce the influence of patient risk factors for falls and fallrelated injury.

Please indicate which of the following interventions are used to reduce the risk of falls and fall-related injury for patients in your hospital.

patients in your nospital.	Never used for patients at risk	Used for specific patients at risk	Used for all patients at risk	Used for all patients, regardless of risk	Unknown
Non-slip, well-fitting footwear	0	0	\bigcirc	0	0
Occupational therapy referral	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Orthostatic blood pressure monitoring	0	0	0	0	0
Pain management	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Patient/family education	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc
Patient placed close to nurses station	0	0	0	0	0
Physical therapy referral	\bigcirc	0	\bigcirc	0	\bigcirc
Purposeful hourly rounding	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Seating assessment	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc
Sitter	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Supervised mobility and/or activities of daily living	0	0	0	0	0
Supervised toileting	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Top bed rails up	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Video monitoring	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Visible identification of risk (e.g., wristband, signage, colored socks)	0	0	0	0	0
Other	0	0	0	0	\bigcirc
Other	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Other	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc

Please indicate whether or not your hospital performs the following fall risk reduction intervention activities.

	No, our hospital does not do this activity	Yes, but our hospital could do this activity better	Yes, and our hospital does this activity well	Unknown
Ensure staff have the resources needed to deliver interventions to reduce fall risk for patients	0	0	0	0
Link targeted interventions to identified risk factors to reduce the risk of falls	0	0	0	0
Utilize interventions to reduce fall risk for patients	0	0	0	0

Does your hospital provide education to your staff on: Linking Specific Interventions to Patient Fall Risk Factors?

\bigcirc	No
Õ	Yes
Ó	Unknown

Which staff are required to attend this education on linking specific interventions to patient fall risk factors? Mark all that apply.

Nursing staff only	
Patient care staff other than nursing	
Non-patient care staff	
Unknown	

When is this education on linking interventions to patient fall risk factors offered to staff? Mark all that apply.

 Annually When changes are made to this aspect of our fall risk reduction program
□ New employee orientation
□ Other

Does your hospital provide education to your staff on: Use of Alarm Systems?

\bigcirc	No
Ο	Yes
õ	

O Unknown

Which staff are required to attend this education on the use of alarm systems? Mark all that apply.

Nursing staff only
Patient care staff other than nursing _____

- Non-patient care staff _____
- Unknown

When is this education on the use of alarm systems offered to staff? Mark all that apply.

🗌 Annually	
When changes are made to this a	spect of our fall risk reduction program
New employee orientation	
Other	
Unknown	

Does your hospital provide education to staff on: Delivery of Patient/Family Fall Risk Reduction Education?

Ο	No
Ο	Yes
Õ	Unknown

Which staff are required to attend this education on the delivery of patient/family fall risk reduction education? Mark all that apply.

Nursing staff only
 Patient care staff other than nursing _____
 Non-patient care staff _____
 Unknown

When is this education on the delivery of patient/family fall risk reduction education offered to staff? Mark all that apply.

Annually

] When changes are made to this aspect of our fall risk reduction program

New employee orientation

Other _____

Does your hospital provide education to staff on: Safe Transfers and Mobility (i.e, how to physically assist patients)?

- ⊖ No ⊖ Yes
- O Unknown

Which staff are required to attend this education on safe transfers and mobility? Mark all that apply.

Nursing staff only	
Patient care staff other than nursing	
Non-patient care staff	
🗌 Unknown	

When is this education on safe transfers and mobility offered to staff? Mark all that apply.

Annually
 When changes are made to this aspect of our fall risk reduction program

□ New employee orientation

Other

Unknown

AUDITING FALL RISK REDUCTION PRACTICES

Auditing is a method to identify if fall risk reduction practices are being implemented as intended in your facility.

Please indicate whether or not your hospital performs the following fall risk reduction activities.

	No, our hospital does not do this activity	Yes, but our hospital could do this activity better	Yes, and our hospital does this activity well	Unknown
Conduct audits to monitor adherence to fall risk reduction practices	0	0	0	0
Communicate results of audits to staff	0	0	0	0

Please answer the following questions about the auditing program used to monitor adherence to fall risk reduction practices in your hospital.

What fall risk reduction practices are included in the auditing program in your hospital? Mark all that apply.

Completion of fall risk assessment tool
 Delivery of interventions to reduce patient fall risk
 Equipment and environmental safety
 Completion of post-fall documentation
 Other _____
 Unknown

How frequently are audits conducted to monitor adherence to fall risk reduction practices?

At least monthly
 Every 1-3 months
 Every 3-6 months
 Every 6-12 months
 Other _____
 Unknown

Page 9

POST-FALL CLINICAL ASSESSMENT

A post-fall clinical assessment is a protocol to guide staff in the assessment of patients for potential injury after a fall occurs.

Please indicate whether or not your hospital performs the fall risk reduction activities listed below.

	No, our hospital does not do this activity	Yes, but our hospital could do this activity better	Yes, and our hospital does this activity well	Unknown
Adopt a post-fall clinical assessment protocol	0	0	0	0
Educate staff to use the post-fall clinical assessment protocol	0	0	0	0
Utilize the post-fall clinical assessment protocol after a patient fall	Ο	0	0	0

Staff Education on Post-Fall Clinical Assessments

Which staff are required to attend this education? Mark all that apply.

Nursing staff only
 Patient care staff other than nursing _____
 Non-patient care staff _____
 Unknown

When is this education offered to staff? Mark all that apply.

🗌 Annually	
When changes are made to this aspect of our fall risk reduction program	n
New employee orientation	
🗌 Other	
Unknown	

POST-FALL HUDDLE

A post-fall huddle creates a safe environment to understand the 'story' behind a fall in order to learn and take action to prevent a future fall.

Please indicate whether or not your hospital performs the following fall risk reduction activities.

	No our hospital does not do this activity	Yes but our hospital could do this activity better	Yes and our hospital does this activity well	Unknown
Adopt post-fall huddle tools and processes	0	0	0	0
Educate staff to conduct post-fall huddles	0	0	0	0
Conduct a post-fall huddle after a patient fall	0	0	0	0

Staff Education on Post-Fall Huddles

Which staff are required to attend this education? Mark all that apply.

Nursing staff only
 Patient care staff other than nursing _____

□ Non-patient care staff _____

Unknown

When is this education offered to staff? Mark all that apply.

Annually
When changes are made to this aspect of our fall risk reduction program
New employee orientation
Other
Unknown

FALL EVENT AND RATE REPORTING

Report and monitor falls and fall rates to track progress within your organization and allow for external benchmarking

Please indicate whether or not your hospital performs the following fall risk reduction activities.

	No our hospital does not do this activity	Yes but our hospital could do this activity better	Yes and our hospital does this activity well	Unknown
Adopt a reporting form specific to fall events	0	0	0	0
Educate staff on the process to report ALL falls (assisted/unassisted, injurious/non-injurious)	0	0	0	0
Staff report unassisted falls that result in injury	0	0	0	0
Staff report unassisted falls that DO NOT result in injury	0	0	0	0
Staff report assisted falls that result in injury	0	0	0	0
Staff report assisted falls that DO NOT result in injury	0	0	0	0

Staff Education on Fall Event Reporting

Which staff are required to attend this education? Mark all that apply.

Nursing staff only
Patient care staff

- Patient care staff other than nursing _____
- Non-patient care staff _____
- Unknown

When is this education offered to staff? Please mark all that apply.

Annually
 When changes are made to this aspect of our fall risk reduction program
 New employee orientation
 Other

Unknown

FALL RATE REPORTING

Complete the table below using data collected from the inpatient setting (i.e., acute, swing, observation, and hospice patients; exclude newborns) for the last three full calendar years. For example, if the current calendar year is 2024, the last calendar year would be 2023; two full calendar years ago would be 2022; and, three full calendar years ago would be 2021.

3 Calendar Years Ago	2 Calendar Years Ago	Last Calendar Year
	3 Calendar Years Ago	3 Calendar Years Ago 2 Calendar Years Ago

Please answer the following questions about the event reporting form(s)/system(s) used in your hospital.

Does your hospital report falls to any external organizations? Mark all that apply.

No, we do not report falls to any external organization

- Yes, to the Joint Commission
- Yes, to the National Database of Nursing Quality Indicators (NDNQI)
- □ Yes, to the CAPTURE Falls Program
- Yes, to the Nebraska Coalition for Patient Safety (NCPS)
- Yes, to the Hospital Quality Improvement Contracts (HQIC) Program
- Yes, other
- 🗌 Unknown

Learning from Data

Use data (e.g., fall event reports, audit results, discussions with staff, etc.) to understand how well your fall risk reduction program is working to reduce fall risk in your hospital.

Please indicate whether or not your hospital performs the following fall risk reduction activities.

	No our hospital does not do this activity	Yes but our hospital could do this activity better	Yes and our hospital does this activity well	Unknown
Analyze and/or discuss data regarding fall risk reduction program	0	0	0	0
Conduct or participate in a root cause analysis for patient falls	0	0	0	0
Make changes to your fall risk reduction program based on fall-related data	0	0	0	0
Communicate to staff about changes made to your fall risk reduction program based on fall-related data	0	0	0	0

Please share anything else you want us to know about the fall risk reduction program in your hospital.