



## **\*NEW Program Opportunity: Fall Risk Screening Improvement Program for Nebraska Rural Health Clinics**

**Purpose:** to provide education, resources, and support for a cohort of RHCs to improve fall risk screening for older adults

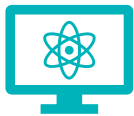
**Timeline:** the Fall Risk Screening Improvement Program will run from January – June 2025 (6 months)

### **Program Activities**



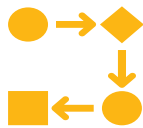
#### **Baseline data collection**

to establish a baseline for % of older adult patients screened for fall risk



#### **On-demand education**

regarding fall risk screening activities and implementation strategies



#### **Improvement tools**

to establish goals, identify measures, run tests of change, and support implementation of screening into practice



#### **Monthly touch-points**

via virtual cohort and 1:1 consultations to discuss implementation strategies and support practice change



#### **Post-cohort data collection**

to evaluate outputs and changes in % of older adult patients screened for fall risk

### **To Register**

- For more information or to register for the Fall Risk Screening Improvement Program, please contact Dawn Venema, PT, PhD, [dvenema@unmc.edu](mailto:dvenema@unmc.edu), or Victoria Kennel, PhD [victoria.kennel@unmc.edu](mailto:victoria.kennel@unmc.edu)
- We will enroll up to 12 RHCs in this cohort
- Registrations are accepted on a first-come, first-serve basis, and will close on Monday December 23rd

*The Fall Risk Screening Improvement Program cohort is the first of many planned cohorts within the new CATCH RURAL Falls program to support fall risk management in Nebraska RHCs. Future cohorts will focus on other specific fall risk management topics such as assessment and intervention of gait/strength/balance, medications, etc.*

### **Who is leading the program?**

- Dawn Venema, PT, PhD
  - Victoria Kennel, PhD
- Drs. Venema and Kennel from the UNMC College of Allied Health Professions have over a decade of experience in fall risk reduction. They also co-lead the CAPTURE Falls program to support inpatient fall risk reduction efforts in Nebraska Critical Access Hospitals.*

### **What are expectations for participation?**

- Commit to making improvements in fall risk screening practices for older adult patients seen in your clinic
- Participate in program education and cohort activities to facilitate collaboration among RHCs
- Report changes made to fall risk screening practices
- Report a baseline and end of cohort % of older adult patients who are screened for fall risk in your clinic



This program is funded by the Nebraska Department of Health and Human Services Medicare Rural Hospital Flexibility Program.

