

## Olson Center Brown Bag Speaker Profile:

Sarah Fischer, PhD

*Understanding Procrastination and  
Conquering Your To-Do Lists*

Tues., March. 18, 2025



Sarah Fischer, PhD is an assistant professor in the UNMC Department of Psychiatry and is part of the UNMC Wellness Team.

Dr. Fischer received her Bachelor of Science in Psychology from Indiana University - Bloomington. She then completed her Master of Arts and Doctoral Degree in Clinical Psychology at the University of Nebraska - Lincoln which was followed by a postdoctoral fellowship in Psychosocial Rehabilitation and Recovery at the Durham VA Healthcare System.

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Presentation handouts can be downloaded at: