

Olson Center Brown Bag Speaker Profile: Peter Pellerito, MA

"Take a Hike!"

Oct. 19, 2021



Peter is a Fitness Specialist for the Center for Healthy Living at the University of Nebraska Medical Center. He received his Master of Arts in health education from the University of Nebraska at Omaha. He is a resource for the campus and the community working with employees, students, patients and the public to promote the benefits of a healthy lifestyle.

If you have any questions about physical activity, Peter is available to provide a FREE consultation for UNMC students and employees.



The Center for Healthy Living is located on the northwest corner of the Student Life Center off 39th and Jones. To learn more about the Center for Healthy Living, visit their website: www.unmc.edu/cfhl

If you would like to contact Peter, please call (402) 559-5253 or email ppellerito@unmc.edu.

Peter's presentation materials can be downloaded at unmc.edu/obgyn/community/brown-bag-handouts