

Olson Center Brown Bag Speaker Profile: Jenna Wuebker, MS, RD, LMNT

The MIND Diet: Eating for a Healthy Brain

Jan. 18, 2022



Jenna Wuebker is a nutritional therapist for the Neurological Sciences Center at Nebraska Medicine. Jenna provides individualized nutritional assessments, identifies nutrition diagnoses, implements interventions, and monitors/evaluates progress toward dietary goals in the outpatient clinic.

Jenna is also an Adjunct Instructor for College of Allied Health Professions at the University of Nebraska Medical Center where she lectures on neurological sciences medical nutrition therapy and leads nutrition simulation activities for the students.

Jenna graduated from the University of Nebraska – Lincoln with a Bachelor of Science in Education & Human Services. She then completed Dietetic Internship Post-Baccalaureate Certification from the University of Nebraska Medical Center before attaining a Masters of Science in Medical Nutrition from the University of Nebraska Medical Center.

If you would like to contact our speaker please email: jwuebker@nebraskamed.com

Jenna Wuebker's presentation materials can be downloaded at
unmc.edu/obgyn/community/brown-bag-handouts