

Suggestions for Test Preparation:

Before test day:

1. Look at syllabus and Canvas weekly schedule for assignments prior to class.
2. Skim/Read assigned textbook chapter(s) prior to coming to class. Look at bold and highlights and diagrams and photos.
3. Attend class and take notes. Review your notes after class immediately when class is over for 10 minutes.
 - a. Contact an instructor if you have any questions after you complete your review.
4. Read your ATI Textbook (electronic or paper) and complete the activities in the back of the chapter(s).
5. Look at the lesson objectives in the syllabus. Then, go back and review your textbook to help clear up any confusion or muddled points related to those objectives. Complete activities in the back of the chapter(s).
6. Study in what ways that make sense to you:
 - a. Meet with the Academic Success Coach.
 - b. Form a study group.
 - i.a. Try to have at least a few members who have done well on the previous exams.
 - ii.b. Don't meet in a place that encourages you to be more social than academic!
 - iii.c. You might consider meeting at the College, where instructors are handy if you need them.
 1. 1.) Consider making assignments for members of the group: like coming up with questions for a certain section of content for the rest of the group to answer, or "teaching" content to the rest of the group on a section.
 - c. Find someone to teach the content to: your mom or dad, your boy/girlfriend, your cat or even your plant. Teaching something is one of the best ways to learn it!
 - d. Make your notes your own. By that, I mean to reformat it somehow, so that it's used by you. Put the information into a chart or a matrix, make flashcards, and make up your own test, whatever...
7. Use your ATI Pharm Math modules or a pharm math book to review math problems.
8. Get enough sleep and schedule in some relaxation. Really.

On test day:

1. Sleep the night before.
2. Eat breakfast: eggs, toast (proteins & carbs) – not cereal or Pop-Tarts!
3. Brain Dump information such as pharm math conversions onto your scratch paper
4. Mark on your scratch paper: underline, circle, whatever you need to do...
 - a. Consider covering up the answers to the question, coming up with your own answer, and then comparing it to the responses given.
5. Don't change your answer unless you remember or see some new information (HARD EVIDENCE/INFORMATION) that causes you to make a new decision.
6. If you need accommodations, then start that process. See academic success coach or professor for more information.
7. Don't worry when you hear people turning in their exam. Some people are faster test takers. That doesn't mean that they're better test takers! Pace yourself. Don't spend too much time on one question. If it doesn't come to you fairly quickly, go on to the next question and come back to that one later.

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