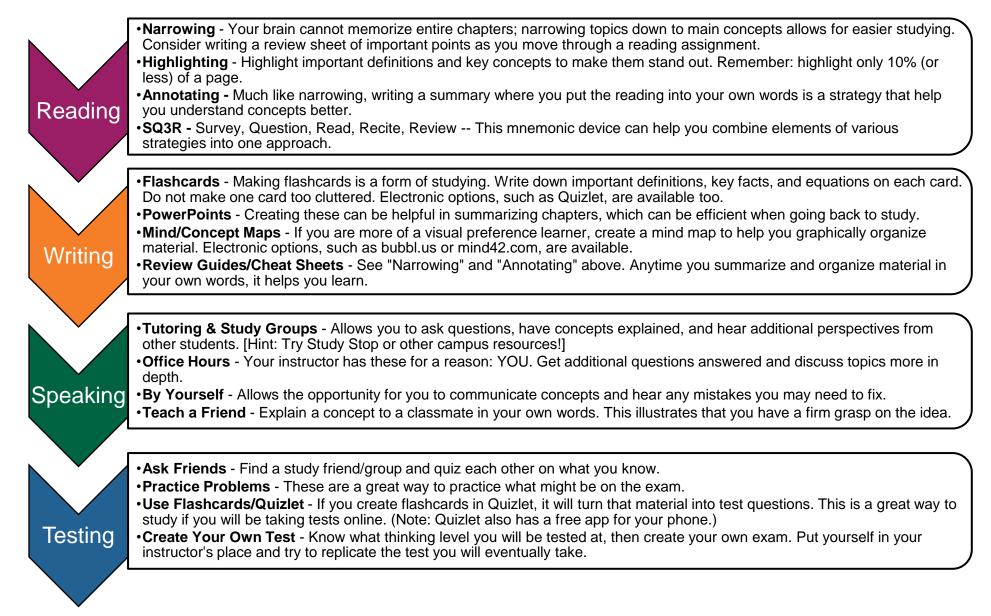
Study Pathways

Equip yourself with a variety of techniques to optimize the ways you study. Use the strategies below to develop a study plan that works best for you.



My Study Plan

I am currently enrolled in _____ credit hours, so I will have at least _____ study hours designated weekly. (*Remember: Credit hours x 2 = approximate minimum number of study hours you should have each week*)

Two locations where I will study are:

Study Pathways:

Under each column, circle a strategy that I specifically plan to use: (Keep in mind that you may study differently for different courses.)

READING:	WRITING:	SPEAKING:	TESTING:
Narrowing	Flashcards	Tutoring/Study Groups	Ask Friends
Highlighting	PowerPoints	Office Hours	Practice Problems
Annotating	Mind/Concept Maps	By Yourself	Use Flashcards/Quizlet
SQ3R	Review Guides/Cheat Sheets	Teach a Friend	Create Your Own Test

Study Allies – Who I study with:

When needed, 2 peers and 2 mentors I plan to consult:

Peers:

Mentors:

Teaching Assistants (TAs)

Other campus faculty/staff

Our mentors are:

Instructors

Tutors

Our peers are:

- Our classmates
- Those who have previously taken the classes we're in
- Students in our extracurricular organizations
- Tutors & study group leaders

Helpful Hints:

- Develop a routine. Establishing habits of where, when, and how you study helps you focus. (Use your time management here!)
- Having trouble getting started? Set a timer for 10 minutes and jump in. (Usually we will keep going once we get started.)
 OR Try the "5 More Rule." Commit to working solidly for 5 (minutes, pages, sentences...) and then **do it.** Then decide to work another "5 More" or not.
- Remember the **3 Step Review Process** anytime you learn something new. (Review it: the **same day** you learn it, the **next day/by next class**, and **weekly** until the end of the semester.)



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