

## UNMC INTERNATIONAL STUDENT ORIENTATION

JANUARY 10, 2025





#### Welcome!

We are excited to welcome you to the 2025 UNMC International Student Orientation at UNMC. This brochure will give you an overview of what you can expect during orientation.

The goal of orientation is to make you feel comfortable on the UNMC campus, to meet new friends and to help you feel at ease about the start of your new semester and academic journey.

The Office of Global Engagement staff will be at orientation to answer questions. There will be a number of presentations to give you information on resources that are available to you and tricks and tips to help you succeed.

And of course, there will be **food**!

We look forward to a fun international student orientation this year!

Sincerely, Emily Brandt Office of Global Engagement Coordinator

P.S. Please remember that all sessions on January 10 are mandatory. Please watch your emails for further details on the postponed trip to the Asian Market.

### **Orientation FAQs**

#### Do I have to attend all sessions?

Yes - all orientation sessions on January 10 are mandatory. The pizza party on the 8th is optional, but we highly recommend this event!

#### What should I bring to orientation?

We will have sessions to help you troubleshoot any IT issues you are having - so bring your laptop/cell phone with you. Please note that we are not liable for your belongings and you will need to be responsible for them. Otherwise, bring a smiling face and an open mind!

#### What are we going to do at orientation?

Please check out our schedule on the next two pages.



#### What do all those symbols on the schedule mean?



Food or snacks will be served.



This symbol shows an event where groups will be divided so that each activity happens in shifts. We will explain this to you and help you get to where you need to go!



Refreshments will be available.

# WED, JAN 8 2025 3-5 PM

#### AND STUDENT RESOURCES FAIR



#### SORRELL COMMONS

Michael F. Sorrell Center - Second Floor Registration Required GRAB A SLICE OF PIZZA,
MEET NEW FRIENDS AND
JOIN A CAMPUS TOUR



**GLOBAL ENGAGEMENT** 

THIS EVENT IS **NOT** MANDATORY

#### UNMC INTERNATIONAL STUDENT ORIENTATION SCHEDULE

#### **JANUARY 10**

#### Check in

7:15-7:45

Meet the Office of Global Engagement staff and fellow students to kick off orientation! Breakfast will be provided.

Williams Science Hall Atrium

#### Welcome

7:45-8:00

We will give you an overview of the activities for the day, introduce staff members and give you all the details you need to know!

Williams Science Hall Room 3.0.001

#### **Remarks**

8:00-8:15

Dele Davies, MD, UNMC Interim Chancellor, will welcome all international students to UNMC.

Williams Science Hall Room 3.0.001

#### SEVIS/VISA

8:15-8:45

Dan Teet from the Office of Global Engagement will review the requirements and rules surrounding your visa.

Williams Science Hall Room 3.0.001

#### Ice Breaker

8:45-9:00

Take a break and get to know your fellow students with a fun activity.

Williams Science Hall Room 3.0.001

#### **Bystander Training**

9:00-10:00

This is a required sexual violence prevention and awareness training. All UNMC employees and students **must** complete this training.

Williams Science Hall Room 3.0.001

#### Intro to Omaha

10:00-10:30

Sara Pirtle will give an overview of the city of Omaha with her presentation: "Settling into Omaha: Where to go and What to do." **We will gather for a group photo after the presentation.** 

Williams Science Hall Room 3.0.001

#### Remarks

10:45-10:55

Jane Meza, PhD, UNMC Interim Vice Chancellor for Academic Affairs, will welcome all international students to UNMC.

Williams Science Hall Room 3.0.001

#### Library Tour

11:00-12:00



Leon S. McGoogan Health Sciences Library

#### Lunch



12:00-12:40

Enjoy a lunch break with new friends. Lunch is provided. Leadership from the International Student Association (ISA) will accompany you to lunch.

Nebraska Cafe

#### Health Insurance

12:45-1:15

In this session you will learn about the benefits and requirements associated with your student health insurance.

Williams Science Hall Room 3.0.001

#### **Title IX Training**

1:15-2:15

This is a required sexual violence prevention and awareness training. All UNMC employees and students **must** complete this training.

Williams Science Hall Room 3.0.001

#### **Break Time**

2:15-2:30

Take a break to stretch and rejuvenate with Andrea Swett from the Center for Healthy Living.

Williams Science Hall Room 3.0.001

#### **Check in Cafe**



2:30-3:30

Students will have the opportunity to check in with IT regarding system access and Student Health regarding student health insurance.

Williams Science Hall Atrium

#### Safety & Security

3:30-4:00

This session will go over how to stay safe on campus. The Office of Public Safety will review tips and resources for your safety.

Williams Science Hall Room 3.0.001

4:00 - **Evaluations** - Please take the time to fill out our evaluation and let us know how we did. This will help us improve for next year!



**GLOBAL ENGAGEMENT** 

INTERNATIONAL STUDENT ORIENTATION FIELD TRIP

Bring y the Caharablic bus.





- Chinese
- Vietnamese
- Japanese
- Indian
- African
- European