

# Quiz

## Module 1: Oral Health Care for Residents in Long Term Care Facilities

1. What causes cavities? \_\_\_\_\_
2. What causes gum disease? \_\_\_\_\_
3. What effect does gum disease have on residents who have diabetes?
4. Brushing the teeth decreases the risk of pneumonia in nursing home residents?  

True      False
5. What if a resident cannot get out of bed for oral care?
6. It is OK to use a swab (toothette) instead of a toothbrush to clean the teeth daily.  

True      False
7. a. Why would gums bleed when you are brushing a resident's teeth?  
\_\_\_\_\_  
b. What should you do about it? \_\_\_\_\_
8. What should you place in the sink before cleaning dentures?

## Enduring Smiles

Improving the Oral Health of Long Term Care Residents



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9. If a resident clenches their teeth and won't open their mouth (select one):
- a. Force their mouth open to brush their teeth.
  - b. Brush just the outside surfaces, if possible.
  - c. Forget brushing their teeth today.
10. To properly brush a resident's teeth (select one):
- a. Use a medium bristle brush with a circular motion to brush teeth.
  - b. Use a soft bristle brush with large back and forth strokes at a 90° angle.
  - c. Use a soft bristle brush with very short back-and-forth strokes at a 45° angle to the gumline.
  - d. Use a hard bristle brush to scrub the tops of the teeth only.

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