



BLS

BASIC LIFE SUPPORT

ABOUT THE COURSE

BLS is a nationally recognized program designed by the American Heart Association (AHA) for health care professionals to:

- Recognize different life-threatening emergencies;
- Provide cardiopulmonary resuscitation;
- Use an automated external defibrillator; and
- Relieve choking in a safe, timely, and effective manner.

This course is intended for certified and non-certified, licensed or non-licensed health care professionals such as physicians, nurses, paramedics, emergency medical technicians, respiratory therapists, physical and occupational therapists, physician assistants, residents or fellows, medical or nursing students in training, aides, medical or nursing assistants, police officers, and other allied health personnel.

The material will be covered in small group lectures, demonstrations, evaluation of case-based scenarios, and practice.

WHY CHOOSE US

The UNMC Center for Continuing Education is a certified American Heart Association Training Center. Our educational activities are led by expert field providers and clinicians who utilize state-of-the-art simulation equipment to enhance your learning experience.

We hold classes at two locations in the Omaha metro area:

- UNMC Annex 14 (4460 Farnam Street – intersection of Farnam and Saddle Creek Rd)
- Nebraska Medicine Bellevue (2500 Bellevue Center Drive)

Too busy for a traditional classroom course or struggling to find an in-class that fits your schedule? Explore our blended courses and personalized training options!

Looking for personalized or customized group training? We've got you covered! We accept requests for tailored individual or group classes, and our instructors are available statewide to provide training at your location.



SCHEDULE OF CLASSES

2025



UNMC Annex 14

Jan 8	Feb 7	Mar 7	Apr 2	May 6	Jun 4
Jan 14	Feb 11	Mar 11	Apr 10	May 14	Jun 13
Jan 23	Feb 19	Mar 19	Apr 15	May 20	Jun 18
Jan 31	Feb 28	Mar 25	Apr 25	May 30	Jun 24
			Apr 30		

Jul 1	Aug 7	Sep 4	Oct 2	Nov 5	Dec 4
Jul 8	Aug 13	Sep 10	Oct 8	Nov 12	Dec 10
Jul 17	Aug 22	Sep 18	Oct 16	Nov 18	Dec 16
Jul 22	Aug 26	Sep 23	Oct 21	Nov 24	
Jul 30			Oct 29		



Nebraska Medicine Bellevue

Jan 30	Feb 27	Mar 27	Apr 24	May 29	Jun 26
Jul 31	Aug 28	Sep 25	Oct 30	Nov 20	Dec 18

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

