Vascular Wounds

Jillian Negri DNP, APRN-NP, ACNP-BC
Nebraska Medicine-Department of Vascular Surgery
jnegri@nebraskamed.com





Objectives

- Explain and discuss presentation and symptoms of arterial vs venous stasis ulcers.
- Understand the imaging required to diagnose the type of wound
- Identify appropriate medial treatments for venous and arterial wounds



Disclosures/Conflict of Interest

No Disclosures or Conflicts of Interest to Disclose

Arterial wounds









ABI

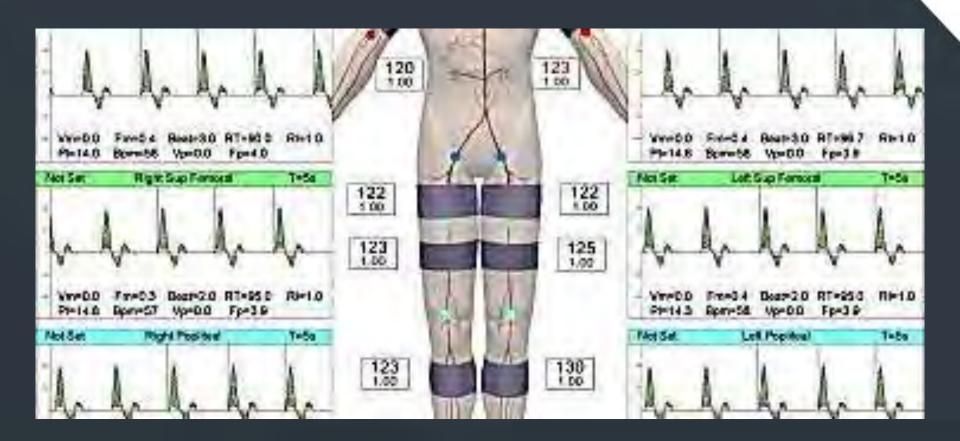


Commont		Right			Left					
Segment	Waveform	Pressure	Index	PVR	Waveform	Pressure	Index	PVR		
Brachial A		121	1			113	0.93			
CFA	Triphasic				Triphasic					
Above Knee		159	1.31	Good		144	1.19	Good		
POP A	Triphasic				Triphasic					
Below Knee		254	2.1	Good		254	2.1	Good		
Ankle (PT) Posterior Tibial	Triphasic	160	1.32	Good	Triphasic	157	1.3	Good		
Ankle (DP) Dorsalis Pedis	Triphasic	139	1.15	Good	Triphasic	130	1.07	Good		
Big Toe				Good				Good		

				jht		L	eft			
Time Interval	Rt BP	Lt BP	Ankle (PT) Po Tibial	sterior	Ankle (DP) Do Pedis	rsalis	Ankle (PT) Posterior Tibial		Ankle (DP) Do Pedis	orsalis
intervar			Pressure (mm hg)	BPI	Pressure (mm hg)	BPI	Pressure (mm hg)	BPI	Pressure (mm hg)	BPI
At Rest	121	113	160	1.32					157	1.3
Post Exercise	140		181	1.29					171	1.22

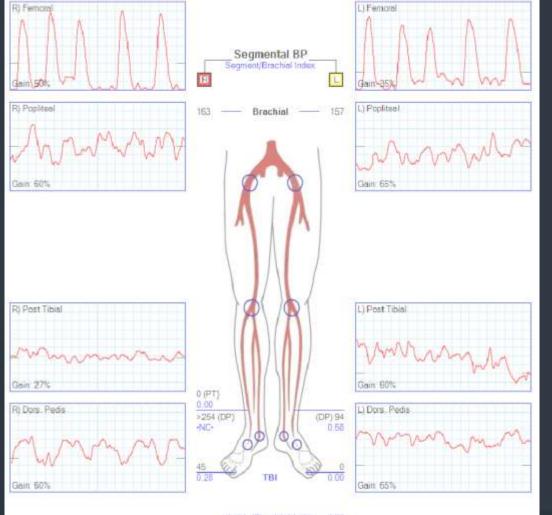
Arterial duplex







Comment		Right	Left						
Segment	Waveform	Pressure	PI	PVR	Waveform	Pressure	PI	PVR	TCPO2
Brachial A		163	1			157	0.96		
CFA	Triphasic				Triphasic				
POP A	Monophasic				Monophasic				
Below Knee									40
Ankle (PT) Posterior Tibial	Absent	0	0	Poor	Absent	0	0	Poor	
Ankle (DP) Dorsalis Pedis	Monophasic	255	1.56	Poor	Monophasic	94	0.58	Poor	
ForeFoot									33
Big Toe		45	0.28	Poor		0	0	Flat	



Ankle/Brachial Index 0.58



What to do next?

Aspirin 81 mg daily

Statin therapy

Betadine Paint twice daily and let dry

Avoid unroofing stable eschar (especially prior to revascularization)

CTA runoff

Endovascular vs open surgical intervention

Protect feet with off-loading shoes and avoid walking









Diabetic shoes with custom orthotics





HBO

Forces oxygen through the skin for patients with minimal arterial supply to heal foot wounds
Heart Failure is a CONTRAINDICATION

Venous stasis ulcers





W

Varicose vein duplex

					Rig	jht			
Segment	Spont	Ph	Aug	Compr	Reflux Time	Reflux	Thromb	SI	D-AP (cm)
CFV	Normal	Phasic	Normal	Complete	1	Present	None	Normal (Patent)	
DFV	Normal	Phasic	Normal	Complete		Absent	None	Normal (Patent)	
FV Prox	Normal	Phasic	Normal	Complete	1.28	Present	None	Normal (Patent)	
FV Mid	Normal	Phasic	Normal	Complete		Absent	None	Normal (Patent)	
FV Dist	Normal	Phasic	Normal	Complete	1.69	Present	None	Normal (Patent)	
POPV	Normal	Phasic	Normal	Complete	1.26	Present	None	Normal (Patent)	
PTV	None	None	Normal	Complete		Absent	None	Normal (Patent)	
PERV	None	None	Normal	Complete	1.96	Present	None	Normal (Patent)	
SFJ	Normal	Phasic	Normal	Complete	3.48	Present	None	Normal (Patent)	0.9
GSV - Prox Thigh				Complete	4.1	Present	None	Normal (Patent)	0.78
GSV - Mid Thigh	0.11			Complete	2.96	Present	None	Normal (Patent)	0.54
GSV - Dist Thigh				Complete	3.32	Present	None	Normal (Patent)	0.52
GSV - Prox Calf				Complete	6.93	Present	None	Normal (Patent)	0.25
GSV - Mid Calf				Complete	8.36	Present	None	Normal (Patent)	0.21
GSV - Ankle				Complete	6.2	Present	None	Normal (Patent)	0.19
Anterior Saph				Complete		Absent	None	Normal (Patent)	0.29
Tributaries Thigh 1	- 1			Complete	3.58	Present	None	Normal (Patent)	0.51
Giacomini								Not Visualized	
SSV - Prox Calf				Partial	-	Absent	Chronic	Partially Occluding	0.41
SSV - Mid Calf	1 1			Complete	7.19	Present	None	Normal (Patent)	0.4
SSV - Ankle				Complete		Absent	None	Normal (Patent)	0.3
Tributaries Calf 1	1			Complete	9.58	Present	None	Normal (Patent)	0.27



Where is your patient sleeping?



Compression therapy











Lymphedema Therapy







Multilayer wrapping













Lymphedema Staging





Table I. Clinical stages of lymphedema according to the International Society of Lymphology⁵

Stage 0	Latent or subclinical; no evidence of swelling; subjective symptoms
Stage I	Early accumulation of fluid; usually pitting; subsides with elevation
Stage II	Swelling rarely reduced with elevation; pitting still present in early stage II, whereas pitting is absent in later stages as fibrosis and fat deposition begin
Stage III	Lymphostatic elephantiasis; nonpitting with trophic skin changes, further deposition of fat and fibrosis, and warty overgrowths



Advanced compression

















Commont		Right	Left					
Segment	Waveform	Pressure	PI	PVR	Waveform	Pressure	PI	PVR
Brachial A		161	1			160	0.99	
CFA	Biphasic				Biphasic			
POP A	Monophasic				Monophasic			
Ankle (PT) Posterior Tibial	Monophasic	97	0.6	Fair	Monophasic	84	0.52	Fair
Ankle (DP) Dorsalis Pedis	Monophasic	92	0.57	Fair	Monophasic	71	0.44	Fair
Big Toe		34	0.21	Fair		30	0.19	Poor

Impression

Single - level lower extremity arterial single-level pressures and PVR waveforms were performed.

Right lower extremity ABI: 0.60 Left lower extremity ABI: 0.52

When compared to previous exam done on 07/18/2022 this exam is changed.

IMPRESSION: ABNORMAL RIGHT LOWER EXTREMITY EXAM DEMONSTRATES MODERATE INFRAINGUINAL ARTERIAL DISEASE.

ABNORMAL LEFT LOWER EXTREMITY EXAM DEMONSTRATES SEVERE INFRAINGUINAL ARTERIAL DISEASE.



No company				Right	
Segmant	51	P5V	P5tructure	P5urface	Wayeform
CFA:	-10%	172	heterogensur.	megdax cacting	Biphatic
DEA PROX	150%	174	hetergenzez	megaz cacted	Вірлавіс
SEA PROX(1)	<50%	156	heterogenous	imigular, calcified	Merophasic
BFA MD (1)	×50%	119	haterogenous	irregular, coloffed, shadowing	Monophasic
SFA MID (Z)	<50%	222	helenigerous	megalar, calcified, stradowing	Monoprosic
SFA MED (3)	>50%	487	helerogenous	irregular, calcified, shadowing	Monophseic
SFA DIST(1)	<50%	185	neterogenous	imigular calcified, shadowing	Monophasic
POP A	<50%	78.1	heteroperons	imegalar, calcified, shadowing	Misrophasic
Pik Popiteul (1)	£50%	66.3	heletigenous	irregular, calcried, shadowing	Moroprasin
BK PopMini (2)	+50%	236	heterogenous	irrigular, calcified, shadowing	Mocophasic
Pitos PTA	<50%	57.1	heterogenous	-megular, catofied	Monophilett
MIC PTA	<50%	69.4	heterogenous	irregular calcilled	Monophasic
Distal PTA	~50%	42.1	helerogenous	imagular calcillari	Morephasic
Pron ATA	4.50%	111	histerogenous	irregular, calcified	Minophysic
Mis ATA	Otthated	ō.	-		Attent
Distal ATA	×50%	18.5	inisterogenous	imegular calcilled	Monophasic

Female				Left	
Segment	- 51	PSV	PStructure	PSurface	Waveform
CFA	150%	183	helengenole	megass, calcilled	Blohiek
DEA PROX	+50%	727	helerogenous	irregular, calcified	Biptunic
SEA PROXIII	<50%	114	heterspendus	imagalar calcaling	Biohasic
SFA PROX (2)	Occlused	0	100		Absent
BFA MID (1)	< 50%	207	neterogenous	irregular, calcified, shadowing	Monophasic
REA DIST (1)	450%	34.7	heterogenous	imigular, calcified, shadowing	Monophosic
SFA DIS7 (2)	×50%	246	helerogenous	irregular, carcified, shadowing	Monophasic
POP A	r50%	46	heterogenous	irregular, calcified, stradowing	Monophasic
BK Poplited (1)	~50%	45.4	helerogenous	imegular, calcifled, shadowing	Monophasic
BK Popilied (2)	-50%	130	fieterogenous	irregular, calcified, stradowing	Monophasic
Prov PTA	1.50%	39.5	releogerous	irregular, calcified, stratowing	Moroprasic
Mid PTA	+50%	45.2	heterogenous	irregular, calcified, shadowing	Monophasic
Distal PTA	~50%	36.4	heterogenous	megutar, calcifed, shadowing	Manaprosic
Prox. ATA	<50%	36.7	heterogenous	imigular, calcified, shadowing	Monophasic
Mili ATA	+50%	29.0	heteropenius	irregular calcified straidwing	Monophosic
Distal ATA	+50%	12.4	heturogenous	imigular, calcified	Municiphasic







Exercise ABI

١	v		1	r
1	N	ĸ	N	
	V		V	
	,	v		

C		Ri	ght			Left					
Segment	Waveform	Pressure	Index	PVR	Press PS	Waveform	Pressure	Index	PVR	Press PS	
Brachial A	Triphasic	157	1		175	Triphasic	153	0.97			
Above Knee				Fair					Fair		
POP A	Biphasic					Monophasic					
Below Knee				Fair					Fair		
Posterior libiai	Monophasic	122	0.78	Fair		Monophasic	110	0.7	Fair	126	
Ankle (DP) Dorsalis Pedis	Monophasic	125	8.0	Fair	145	Monophasic	105	0.67	Fair		
Big Toe		98	0.62	Fair			47	0.3	Fair		

				ght		Le	ft				
Time Interval	Rt BP	Lt BP		nkle (PT) Posterior Tibial		r Ankle (DP) Dorsalis Pedis		Ankle (PT) Posterior Tibial		Ankle (DP) Dorsalis Pedis	
intervar			Pressure (mm hg)	BPI	Pressure (mm hg)	BPI	Pressure (mm hg)	BPI	Pressure (mm hg)	BPI	
At Rest	157	153	138		125	8.0	185	0.7			
Post Exercise	175	170	149		145	0.83	186	0.72			

April 2024









Commont		Right	Left					
Segment	Waveform	Pressure	PI	PVR	Waveform	Pressure	PI	PVR
Brachial A		170				172		
CFA	Biphasic				Biphasic			
POP A	Monophasic				Monophasic			
Ankle (PT) Posterior Tibial	Monophasic	144	0.84	Good	Monophasic	123	0.72	Fair
Ankle (DP) Dorsalis Pedis	Monophasic	119	0.69	Good	Monophasic	102	0.59	Fair
Big Toe		72	0.42	Fair		70	0.41	Fair

Impression

Single - level lower extremity arterial single-level pressures and PVR waveforms were performed.

Right lower extremity ABI: 0.84 Left lower extremity ABI: 0.72

When compared to previous exam done on 10/5/2023 this exam is improved.

IMPRESSION: ABNORMAL RIGHT LOWER EXTREMITY EXAM DEMONSTRATES MILD INFRAINGUINAL ARTERIAL DISEASE.

ABNORMAL LEFT LOWER EXTREMITY EXAM DEMONSTRATES MODERATE INFRAINGUINAL ARTERIAL DISEASE.

W

Varicose vein duplex

	Right								
Segment	Spont	Ph	Aug	Compr	Reflux Time	Reflux	Thromb	SI	D-AP (cm)
CFV	Normal	Phasic	Normal	Complete	1.44	Present	None	Normal (Patent)	
DFV	Normal	Phasic	Normal	Complete	0	Absent	None	Normal (Patent)	
FV Prox	Normal	Phasic	Normal	Complete	0	Absent	None	Normal (Patent)	
FV Mid	Normal	Phasic	Normal	Complete	0	Absent	None	Normal (Patent)	
FV Dist	Normal	Phasic	Normal	Complete	0	Absent	None	Normal (Patent)	
POPV	Normal	Phasic	Normal	Complete	0	Absent	None	Normal (Patent)	
PTV	Normal	Phasic	Normal	Complete	0	Absent	None	Normal (Patent)	
PERV	Normal	Phasic	Normal	Complete	0	Absent	None	Normal (Patent)	
SFJ	Normal	Phasic	Normal	Complete	0.74	Present	None	Normal (Patent)	0.68
GSV - Mid Thigh					2.44	Present			0.48
GSV - Dist Thigh					3.13	Present			0.5
GSV - Prox Calf					2.72	Present			0.58
GSV - Mid Calf					2.06	Present			0.27
GSV - Ankle					0	Absent			0.2
Anterior Saph								Not Visualized	
Tributaries Thigh					0	Absent			0.26
1 Tributaries Thigh					2.99	Present			0.26
Tributaries Thigh					2.95	Present			0.21
Giacomini					0	Absent			0.34
SSV - Prox Calf					0	Absent			0.36
SSV - Mid Calf					1.12	Present			0.32
SSV - Ankle					0	Absent			0.08
Tributaries Calf 1					1.98	Present			0.21
Tributaries Calf 2					0	Absent			0.29
Tributaries Calf 3					2.61	Present			0.53
Tributaries Calf 4					2.57	Present			0.29
Tributaries Calf 5					2.1	Present			0.44
Tributaries Calf 5 (2)					1.53	Present			0.27
Perforator Calf 1					0	Absent			0.24
Perforator Calf 2					0.76	Present			0.35
(1) Perforator Calf 2					0.70	Absent			0.25
(2)					_				







Questions?



References

B

- Bonaca, M.P., Bauersachs, R.M., Anand, S.S., Debus, S., Nehler, M.R., Patel, M.R., Fanelli, F., Capell, W.H., Diao, L., Jaeger, N., Hess, C.N., Pap, A.F., et al. Rivaroxaban in peripheral artery disease after revascularization, *New England Journal of Medicine*, 2020; 382:1994-2004. DOI: 10.1056/NEJMoa2000052
- Olin JW, Sealove BA. Peripheral Artery Disease: Current Insight Into the Disease and Its Diagnosis and Management. Mayo Clinic Proceedings. 2010;85(7):678-692. doi:10.4065/mcp.2010.0133.
- 3. Gerhard-Herman,MD, Gornik, HL, Barrett, C, Barshes, NR, Corriere, MA, Drachman, DE, Fleisher, LA, Fowkes, FGR, Hamburg, NH, Kinlay, S, Lookstein, R, Misra, S, Mureebe, L, Olin, JW, Patel, RAG, Regensteiner, JG, Schanzer, A, Shishehbor, MH, Stewart, KJ, Treat-Jacobson, D, Walsh, ME. 2016 AHA/ACC Guideline on the Management of Patients With Lower Extremity Peripheral Artery Disease: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. Circulation. 2017; 135(12):e686-e725
- 4. 2017 ESC Guidelines on the Diagnosis and Treatment of Peripheral Arterial Diseases, in Collaboration With the European Society for Vascular Surgery (ESVS): Document Covering Atherosclerotic Disease of Extracranial Carotid and Vertebral, Mesenteric, Renal, Upper and Lower Extremity Arteries. *Eur Heart J* 2017;Aug 26

