



# Accelerate Upstream Together to Improve Perinatal Health and Achieve Equity

Nebraska Perinatal Quality Improvement Collaborative Summit

**September 27, 2024** 

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Vision: Healthy Communities, Healthy People



### **Paradigm for Improving Perinatal Health**



### **Accelerate**

Hasten pace of change, innovate, & build evidence



## **Upstream**

Promote prevention and a life course approach



## **Together**

Collaborate, include voices of partners and people we serve



## Paradigm for Improving Perinatal Health



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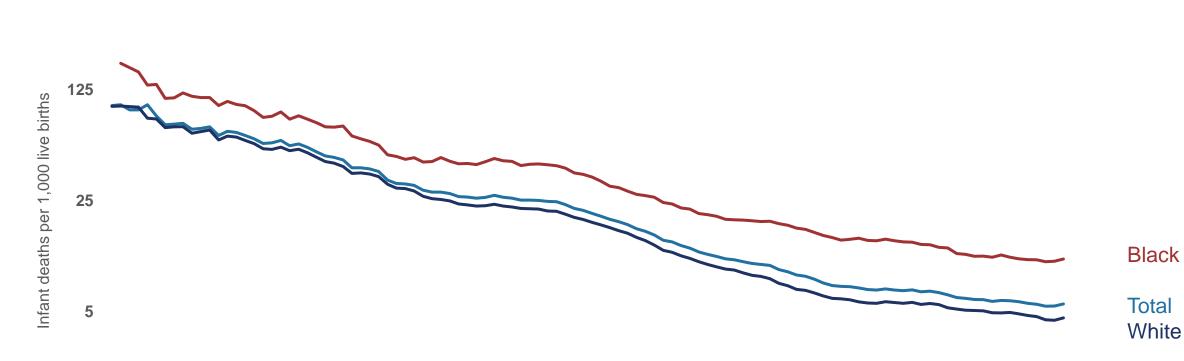
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## **Infant Mortality Trends and Disparities, 1915-2022**

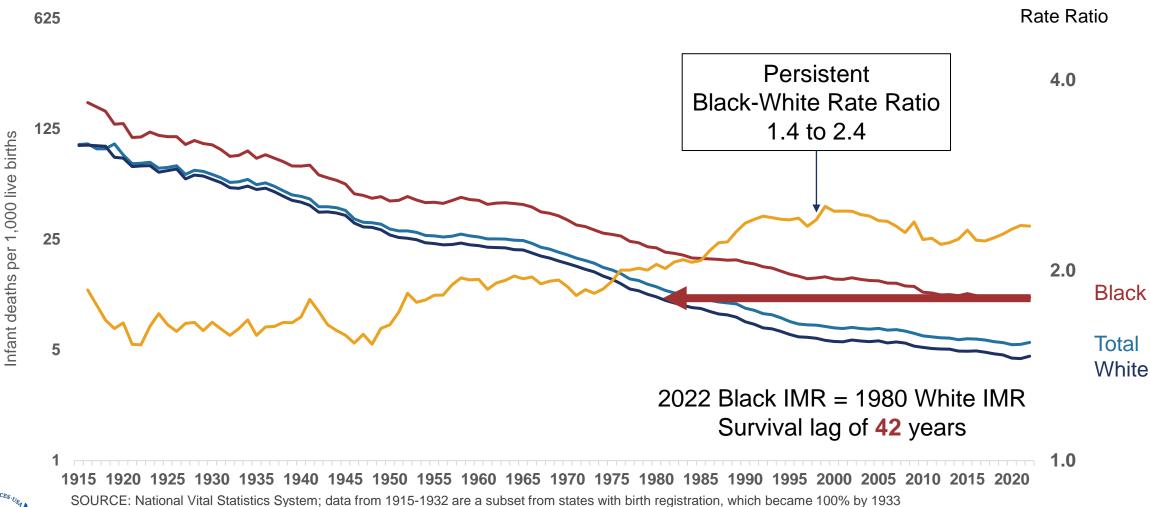








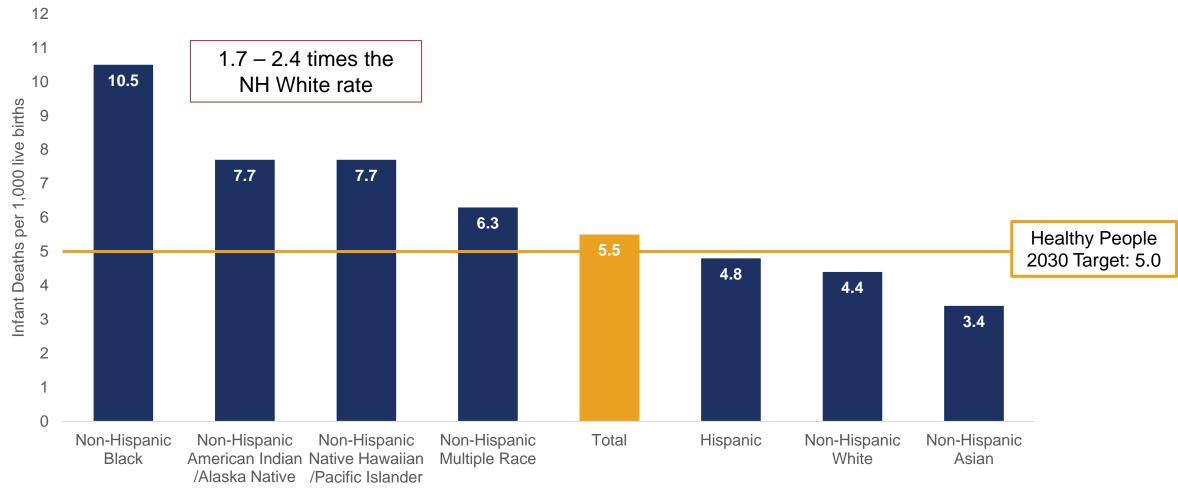
## Infant Mortality Trends and Disparities, 1915-2022







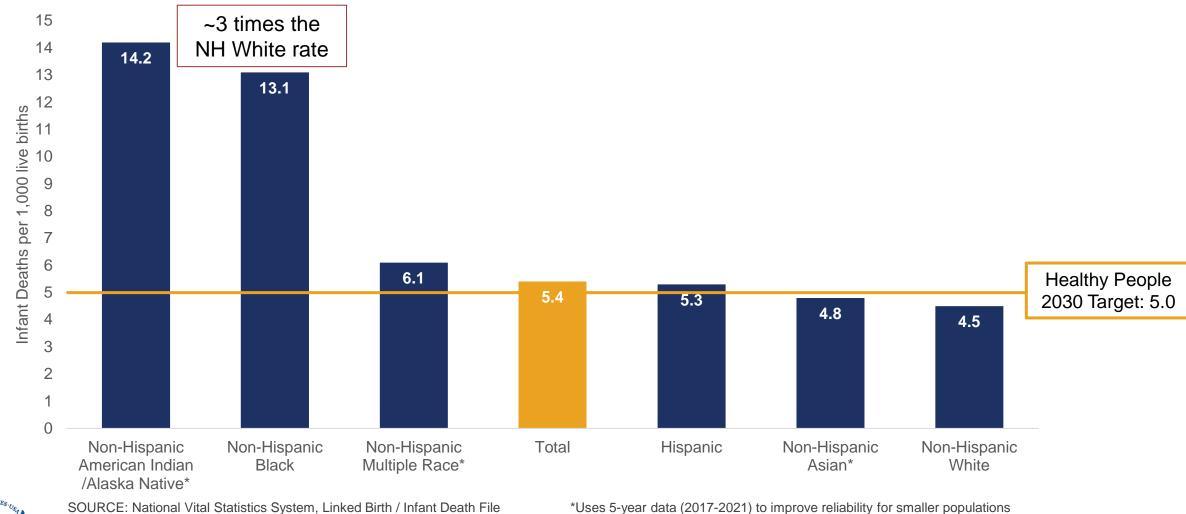
## **Infant Mortality Disparities, 2019-2021 United States**







## **Infant Mortality Disparities, 2019-2021 Nebraska**







#### Where Do We Go From Here?

## Improve overall outcomes

Ultimately, we want to prevent every infant death possible.



# Reduce disparities

Given the large and persistent racial disparities, we need to accelerate efforts to achieve equity now.





## Infant Mortality – United States What Would It Take to Reach HP Target and Achieve Equity?

We need to make policy and system changes that make it possible for an additional...

Infant Mortality Rate (per 1,000)	Reduction to Reach HP Target (Subtract 5.0)	Annual Infant Deaths Needed to Prevent (Multiply by Births/1,000)
5.5	0.5	1,768

HP Target: 1,768 babies to reach their first birthday.That's ~5 babies/day

Population	Infant Mortality Rate (per 1,000)	Reduction to Achieve Equity (Subtract 4.4)	Annual Infant Deaths Needed to Prevent (Multiply by Births/1,000)
NH Black	10.5	6.1	3,244
NH AI/AN	7.7	3.3	89
NH NHPI	7.7	3.3	31

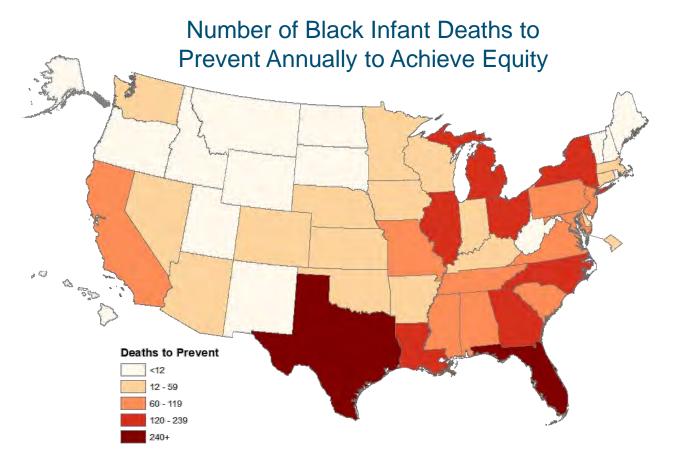
Equity: 3,364 babies to reach their first birthday.

That's ~10 babies/day





### What Can States Do to Achieve Infant Health Equity?

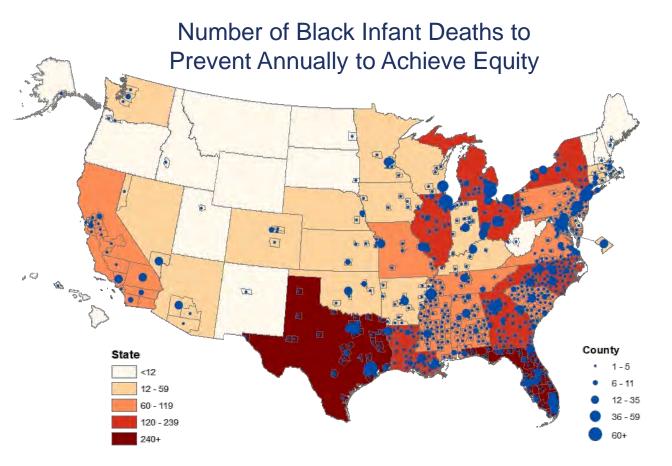


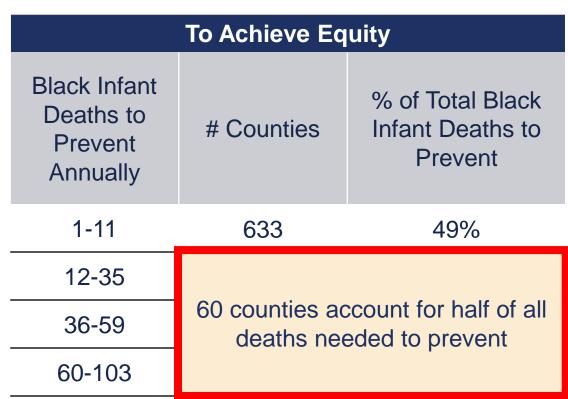
To Achieve Equity					
Black Infant Deaths to Prevent Annually	# States	% of Total Black Infant Deaths to Prevent			
<12	18	1%			
12-59	17	14%			
60-119	10	30%			
120-297	9	54%			



SOURCE: National Vital Statistics System, Linked Birth / Infant Death File (2019-2021) with spatial smoothing to enable estimation of rates based on small numbers

## What Can Counties Do to Achieve Infant Health Equity?





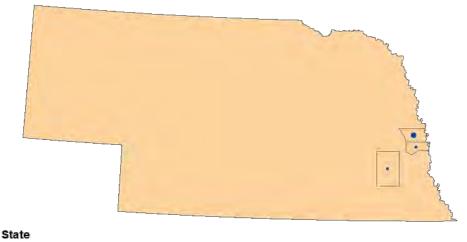


SOURCE: National Vital Statistics System, Linked Birth / Infant Death File (2019-2021) with spatial smoothing to enable estimation of rates based on small numbers; 451 counties had no Black births and 1,063 counties had too few births to expect at least one death due to disparity per year.



## What Can Nebraska Do to Achieve Infant Health Equity?

Number of Black Infant Deaths to Prevent Annually to Achieve Equity



	County	
0 - 11	* 1-	- 8
12 - 59	• 6-	- '
60 - 119	• 12	2 -
120 - 239	● 36	ò -
240 - 297	60	)+

To Achieve Equity				
County	Black Infant Deaths to Prevent Annually	% of Total Black Infant Deaths to Prevent		
Douglas	8	67%		
Lincoln	1	8%		
Sarpy	1	8%		
Nebraska	12	100%		



SOURCE: National Vital Statistics System, Linked Birth / Infant Death File (2019-2021) with spatial smoothing to enable estimation of rates based on small numbers; 55 counties had no Black births and 35 counties had too few births to expect at least one death due to disparity per year.

### **Paradigm for Improving Perinatal Health**



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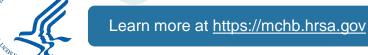
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## **Together**

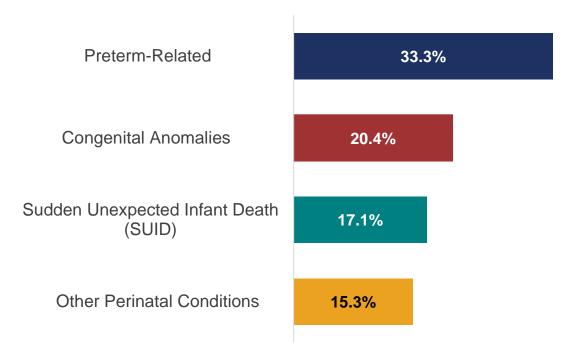
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## Infant Mortality – United States Proximate Causes Overall and of Disparities

#### **Overall Summary Cause**



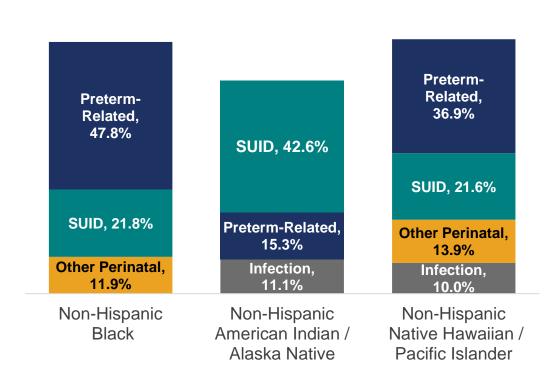
Source: Linked Birth / Infant Death File 2019-2021

Preterm-related CDC definition of underlying causes where 75% or more of total infant deaths attributed to that cause were deaths of infants born preterm (<37 weeks of gestation) and the cause of death was a direct consequence of preterm birth based on a clinical evaluation and review of the literature

SUID includes SIDS, unknown cause, and accidental suffocation and strangulation in bed

#### Disparity Components (≥10%)

vs. Non-Hispanic White

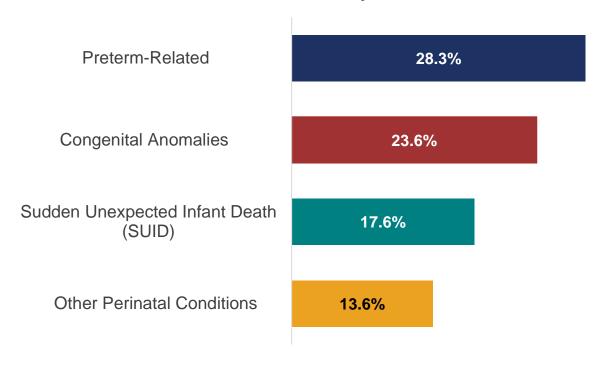






## Infant Mortality – Nebraska Proximate Causes Overall and of Disparities





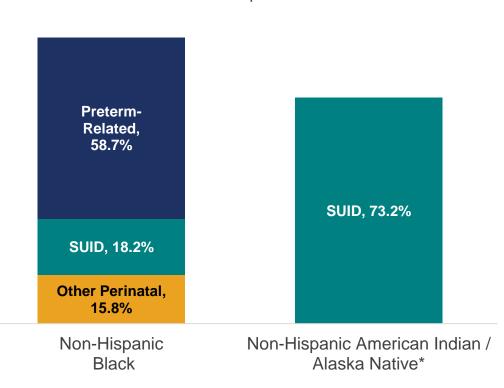
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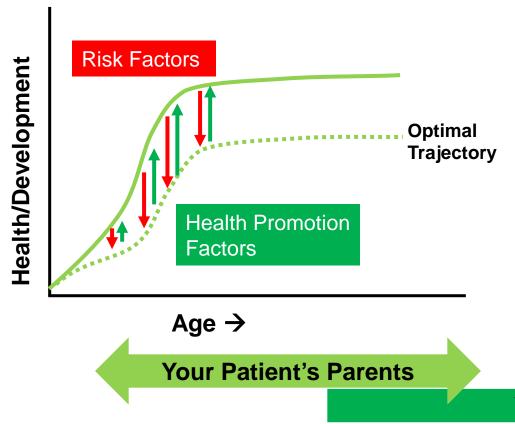


\*Uses 5-year data (2017-2021) due to small numbers





### **Life Course Approach**



**Your Patient** 

**Your Patient's Offspring** 





#### Structural and Social Determinants of Health

## STRUCTURAL DETERMINANTS

GOVERNING PROCESSES

ECONOMIC AND SOCIAL POLICIES

RACISM, DISCRIMINATION, BIAS, AND SEGREGATION



## EXPERIENCE OF SOCIAL DETERMINANTS

INCOME/POVERTY/WEALTH

**EDUCATION** 

**EMPLOYMENT** 

**TRANSPORTATION** 

HOUSING

FOOD SECURITY

**EXPOSURE TO TOXINS** 

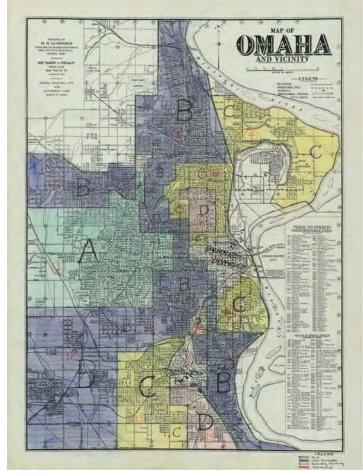
**HEALTH INSURANCE** 

DISTANCE TO SERVICES

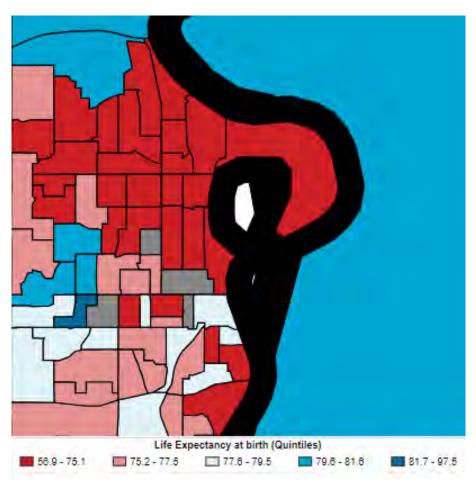




## S/SDOH Example: Redlining and Life Expectancy in Omaha



SOURCE: Nelson, RK, Winling L, et al. (2023). Mapping Inequality: Redlining in New Deal America. Digital Scholarship Lab. https://dsl.richmond.edu/panorama/redlining



**SOURCE**: Tejada-Vera B, Bastian B, et al (2020). Life Expectancy Estimates by U.S. Census Tract, 2010-2015. National Center for Health Statistics. <a href="https://www.cdc.gov/nchs/data-visualization/life-expectancy/">https://www.cdc.gov/nchs/data-visualization/life-expectancy/</a>





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### **Working Together**

Title V **Home Visitors** and Academic **Public Health Institutions Community Systems Families** Health Workers Community **Community Organizations** Services & Support **Health Care** States and **Systems Professional Providers Jurisdictions Organizations** 





### MCHB Maternal and Infant Health Programs



- Healthy Start
- Maternal, Infant, and Early Childhood Home Visiting
- National Maternal Mental Health Hotline
- Title V MCH Block Grant
- Women's Preventive Services Initiative
- Bright Futures

Promotes access to health care services



- Alliance for Innovation on Maternal Health (AIM)
- AIM Capacity Program
- Integrated Maternal Health Services
- State Maternal Health Innovation Program
- Newborn Screening

Improves *quality* of care



- Healthy Start: Community-Based Doulas
- Minority Serving Institutions Research Collaborative
- Screening and Treatment for Maternal Mental Health and Substance Use Disorders (MMHSUD)

Strengthens the workforce

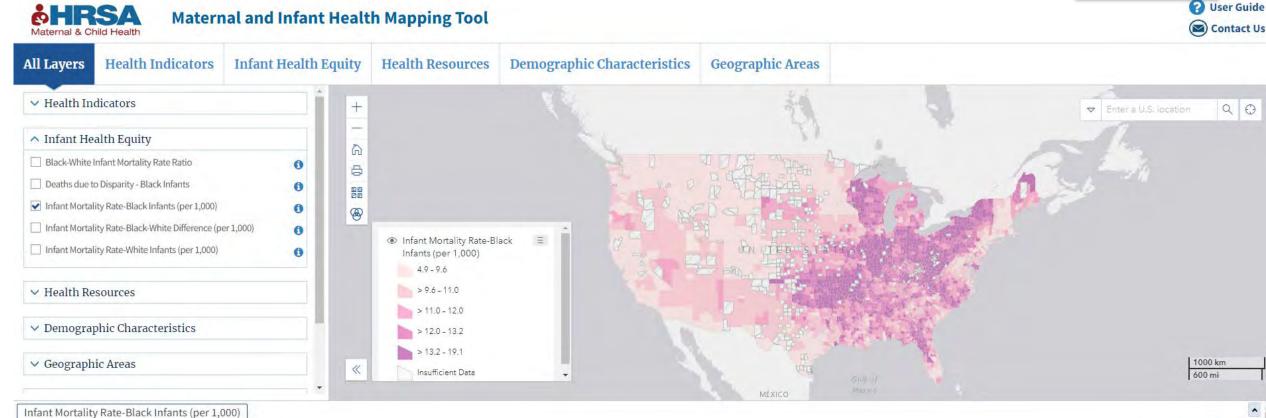






### Maternal and Infant Health Mapping Tool







1 - 3270 of 3270 records





## Accelerate



**Upstream** 



**Together** 





# **Contact Information**

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