Farmworker Health in the Midwest

Athena Ramos, PhD, MBA, MS, CPM



Learning Objectives

- 1. Describe the characteristics of seasonal, migrant, and immigrant farmworker populations in the United States.
- 2. Examine the health care and social challenges of seasonal, migrant, and immigrant farm workers.
- 3. Identify educational opportunities and potential community collaborations for assisting in meeting the needs of seasonal, migrant, and immigrant farmworker populations.



Agenda

- 1. Migrant & Immigrant Farmworkers
 - National perspective
 - Local perspective
- 2. Nebraska Migrant Farmworker Health Study, 2016
- 3. Health & Job Hazards of Immigrant Swine CAFO Workers, 2015
- 4. Health & Safety Risks among Latino Immigrant Cattle Feedlot Workers in the Midwest, 2020
- 5. Response to Health & Safety Concerns
- Questions & Answers











Nebraska State Historical Society, 1926. Used with permission.

Eighty five Mexican beet laborers listening to a lecture in Spanish on how to increase best yields per acre and thereby secure a larger bonus check for their labor.

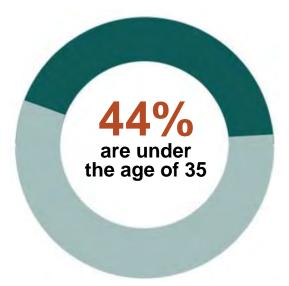


Agricultural worker demographics¹⁻³

Shared by the Farmworker Health Network during the Virtual Forum for Migrant and Community Health 2021









- National Agricultural Workers Survey (NAWS) 2015 2016.
 https://www.dol.gov/sites/dolgov/files/ETA/naws/pdfs/NAWS Research Report 13.pdf
- 2. Kandel W. Profile of Hired Farmworkers, A 2008 Update. Economic Research Service, US Department of Agriculture; Washington, DC; 2008. Economic Research Report No. 60.
- 3. Martin P. Immigration reform: Implications for agriculture University of California, Giannini Foundation. Agricultural and Resource Economics Update. 2006;9(4)



Agricultural worker demographics¹⁻³

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76% foreign born



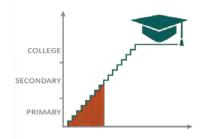
49% without work authorization



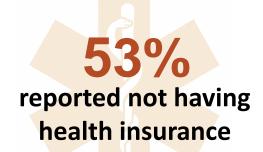


Agricultural worker demographics¹⁻³

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Foreign born workers, on average, have an 8th grade education





Mean and medium individual income range from \$17,500 to \$19,999



33% of agricultural worker families had total family incomes below 100% of the Federal Poverty Level

37% had not visited a U.S. healthcare provider in last 2 years



Definitions

Seasonal Farmworker:

An individual who is employed, or was employed in the past 12 months, in farmwork of a seasonal or other temporary nature and is not required to be absent overnight from his/her permanent place of residence. A worker who moves from one seasonal activity to another, while employed in farmwork, is employed on a seasonal basis even though he/she may continue to be employed during a major portion of the year.

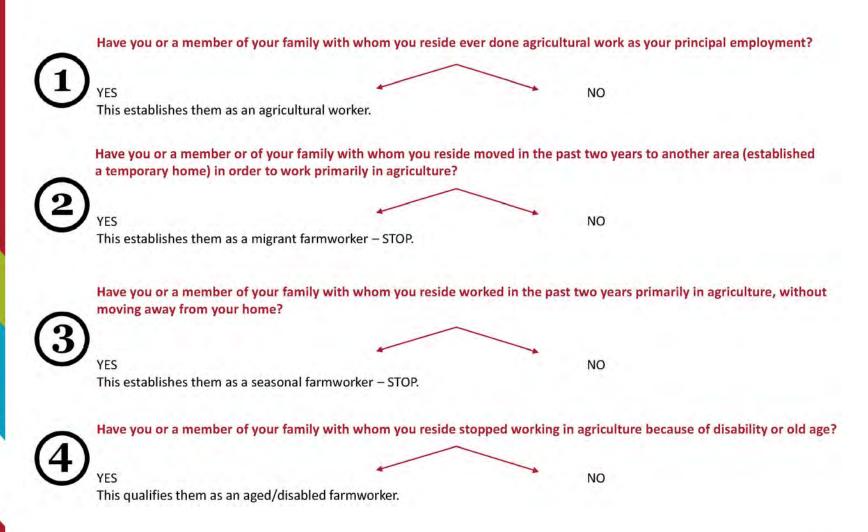
Migrant Farmworker :

A <u>seasonal farmworker</u> who travels to the job site so that the farmworker is not reasonably able to return to his/her permanent residence within the same day.

Guest workers who temporarily live in the U.S. through the federal H2A program to work in agriculture are also "migrant" farmworkers.



Algorithm for identifying migrant and seasonal farmworkers





Eighty five Mexican beet laborers listening to a lecture in Spanish on how to increase best yields per acre and thereby secure a larger bonus check for their labor.



Changing patterns of migration

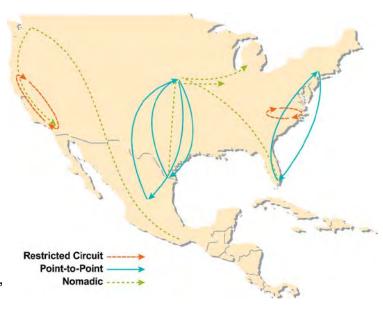
TRADITIONAL MIGRATION PATTERNS

Western Stream Midwestern Stream Eastern Stream

Eastern stream: apples, berries, citrus, Christmas trees, collards, cucumbers, melons, peaches, sweet potatoes, tobacco, and tomatoes

Midwestern stream: bell peppers, cauliflower, cherries, corn, cucumbers, flowers, mushrooms, nursery plants, pears, pumpkins, sugar beets, tomatoes, and watermelons
Western stream: apples, apricots, asparagus, blueberries, broccoli, cherries, grapes, lemon, melons, onions, lettuce, potatoes, and strawberries

CURRENT MIGRATION PATTERNS





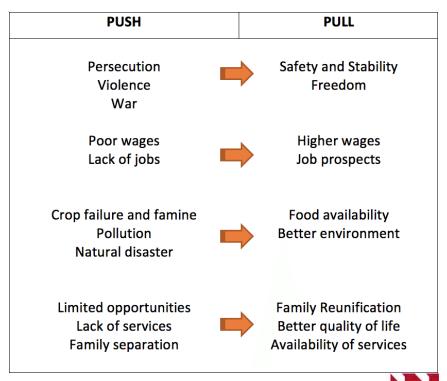
Ramos, A.K. (2017). *Precarious work, invisible people, unjust livelihoods: A social ecological model of migrant farmworker health in the Midwest* (Doctoral dissertation). Clemson University, Clemson, SC.

Immigrant labor force

- U.S. agriculture is <u>dependent</u> on an immigrant workforce.
- Approximately, 75% of all crop workers working in U.S. agriculture were born outside the United States. About half of hired crop workers are undocumented.

PUSH Factors – conditions that that force the individual to move voluntarily, and in many cases, they are forced because the individual [may] risk something if they stay.

PULL Factors – conditions in the destination country that attract the individual or group to leave their home.



Agricultural exceptionalism

A form of structural oppression excluding farmworkers from most major worker protection laws in the country:



- Fair Labor Standards Act
 - Overtime
 - Child labor protections
- Workers' compensation
- Minimum wage
- National Labor Relations Act
 - Collective bargaining protections
- Few OSHA standards to protect farmworkers
 - Field Sanitation Standard
 - Only applies to farms with
 11 or more workers or if
 housing is provided



Migrant and seasonal farmworkers are entitled to legal protections

The Migrant and Seasonal Agricultural Worker Protection Act (MSPA) protects migrant and seasonal agricultural workers by establishing employment standards related to:

- Wages
- Housing
- Transportation
- Disclosures and recordkeeping

The MSPA also requires farm labor contractors to register with the U.S. Department of Labor.

FARM WORKER RIGHTS

The Wage and Hour Division helps all workers in the United States. We enforce the law without regard to a worker's immigration status.

Agricultural employees at most farms in the U.S. must receive:

- Information about your job and your pay
- Payment at the proper rate for every hour you work
- Safe transportation
- Safe and clean housing

H-2A workers must also receive:

- Reimbursement for visa-related expenses you incur
- Payment for your transportation, food and lodging

If your employer does not provide these things, or you have questions, call us at 1-866-487-9243. It is illegal for you to be fired or retaliated against for contacting us or exercising your rights.

Our services are free and confidential.

To learn more about federal agricultural labor law:

https://youtu.be/tjYEFvsUeq0



H-2A guest worker visa program

The H-2A program allows employers who meet specific regulatory requirements to bring foreign workers to the United States to fill temporary agricultural jobs.

To qualify for H-2A program, the employer must:

- Offer a job that is of a temporary or seasonal nature.
- Demonstrate that there are not enough U.S. workers who are able, willing, qualified, and available to do the temporary work.
- Show that employing H-2A workers will not adversely affect the wages and working conditions of similarly employed U.S. workers.
- Generally, submit a valid temporary labor certification from the U.S. Department of Labor with the H-2A petition.

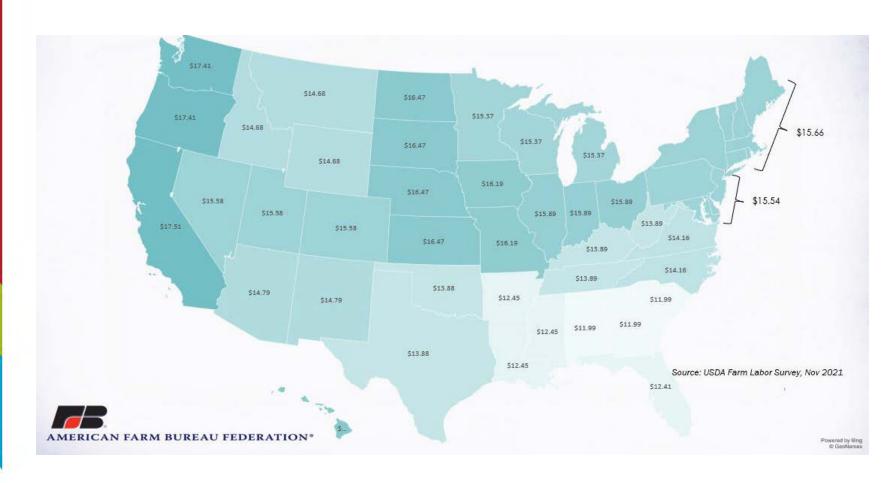
Almost 95% of all H2A visas were issued to Mexican nationals.

Program Requirements:

- Adverse effect wage rate
- "Three-fourths guarantee
- Meals
- Housing
- Transportation inbound/outbound + daily
- Workers' compensation
- Record keeping



Adverse Effect Wage Rate 2022







Definitions

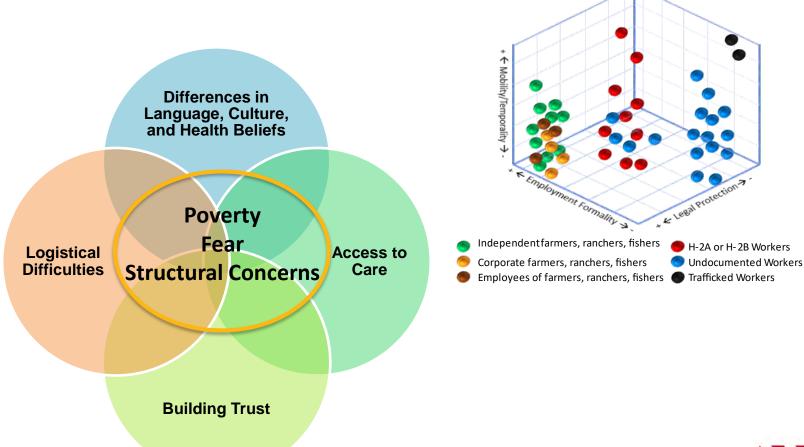
World Health Organization (WHO):

"Health is a state of complete physical, mental and social <u>well-being</u> and NOT merely the absence of disease or infirmity."

"The social determinants of health (SDOH) are the conditions in which people are born, grow, live, work and age. These circumstances are shaped by the distribution of money, power and resources at global, national and local levels."



Challenges faced by farmworkers

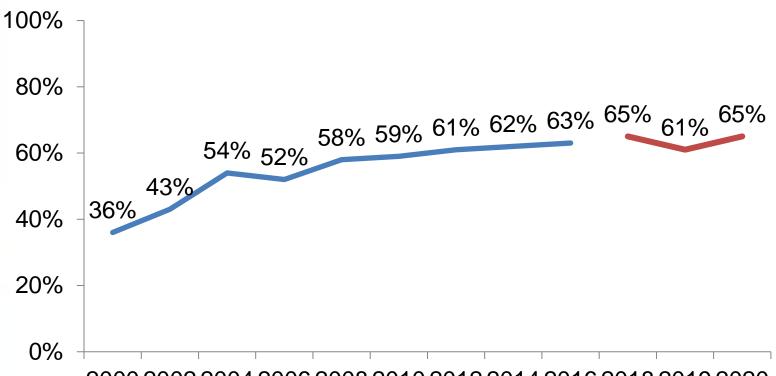




Acrury, T.A., Grzywacz, J.G., Sidebottom, J., & Wiggins, M.F. (2013). Overview of immigrant worker occupational health and safety for the agriculture, forestry, and fishing (AgFF) sector in the southeastern United States. *American Journal of Industrial Medicine*, 56, 12–924.

Share of farmworkers visiting a healthcare provider, 1999-2000

*For Injury, Routine, Illness, or Preventive Care



2000 2002 2004 2006 2008 2010 2012 2014 2016 2018 2019 2020

National Agricultural Workers Survey (NAWS), 1999-2020.

- 2000 to 2016 "in the last two years" shows data for two fiscal years combined (e.g., "2016" is 2015–2016 combined).
- 2018 to 2020 "in the last 12 months" shows data for one fiscal year at a time.
- Only partial data were available for fiscal year 2017 and were excluded from the chart.



Gabbard, S. & Loyola Briceno, A.C. (2021). *Digital and health access for agricultural workers and their families*. Presented at the Virtual Forum for Migrant and Community Health.

Common health & safety concerns among farmworkers

Occupational Health Concerns:

- Occupational injuries and illnesses
 - Musculoskeletal injuries
 - Eye injuries
 - Respiratory illnesses
 - Skin disorders
 - Chronic pain
 - Noise-induced hearing loss
- Fatigue
- Weather exposures
 - Sun and heat-related illnesses
- Pesticide and chemical exposures
- Access to water and bathroom facilities during the workday

General Health Concerns:

- Access to healthcare/continuity of care
 - Cost/portability/lack of insurance
 - Lack of providers
 - Transportation
- Behavioral health
 - Depression, anxiety, and substance use
 - Acculturative stress
- Chronic conditions (e.g., diabetes, obesity)
- Health literacy
- Oral health (e.g., caries)



Immigrants in agriculture

Immigrants represent a significant portion of the agricultural labor force. They have been deemed a "vulnerable" worker population by NIOSH.

Below are some of the factors affecting immigrant workers' occupational health:

- Hazardous work: dangerous conditions, high demands, long hours, inadequate rest, time pressure, and repetitive tasks
- Little or no safety training or personal protective equipment
- Low levels of formal education
- Low level of literacy
- Language, cultural, and logistical barriers
- Discrimination and immigration-related fear
- Inadequate knowledge of labor rights and reluctance to speak up about unfair treatment or hazardous conditions





Social Ecological Model of Migrant Farmworker Health

Risk Factors

Agricultural exeptionalism

Rurality Discrimination

High job demands Low decision latitude Dangerous working conditions

Machismo

Adverse childhood experiences (ACEs)

Acculturation

Low educational attainment

Poverty

Precarious immigration
legal status



Protective Factors

Enforcement of regulations and legal standards

Community acceptance/ welcomness

Strong work safety climate
Job safety training
Personal protective
equipment

Social support Transnational ties

Regular source of healthcare Reliable transportation English language proficiency High self-efficacy Strong ethnic identity





Nebraska's ag economy



1 in 4 jobs in Nebraska is related to agriculture.

Agriculture contributed more than \$21.4 billion to Nebraska's economy in 2019 and 5.8% of the U.S. total.

Nebraska rankings:

- 1st in popcorn/commercial cattle slaughter
- 2nd in ethanol production
- 3rd in corn (grain)/corn exports
- 4th in beef cows



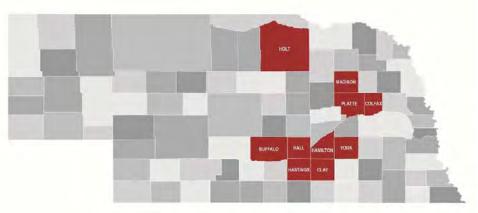
Nebraska Migrant Farmworker Health Study 2016

Inclusion criteria:

- 1. Be at least 19 years of age
- 2. Be of Hispanic/Latino descent
- 3. Currently work as a migrant farmworker in Nebraska

Cross-sectional survey conducted between July-September 2016

- 241 participants
- Completed through oral interviews with workers at camps after working hours
- Each interview lasted between 45-60 minutes
- Interviews were divided into five sections: (1) general health, (2) work context, (3) stress and emotional health, (4) social well-being, and (5) demographics
- All materials available in English/Spanish
- Each participant was given \$15 cash



Participants were recruited from 10 counties: Adams, Buffalo, Clay, Colfax, Hall, Hamilton, Holt, Madison, Platte, and York



Results: Demographic characteristics

Data was collected from participants located in rural (41.5%), micropolitan (52.7%), and metropolitan areas (5.8%)

Demographically, the sample was consistent with national survey data:

- Mainly male; mainly immigrant
- More than 70% had not completed a high school education
- Nearly 90% of participants lived in or below the poverty line; household size (M = 4.9, SD = 2.1)
- About 5% identified as indigenous (Maya, Zapotec, Mixtec, etc.)

Over 95% of participants were considered to have low acculturation.

Experiences of discrimination were prevalent mainly due to ancestry or national origin, race, and skin color.

Variables N (%) Mean (SD) Sex 190 (78.8) Female 51 (21.2) Age 36.4 (13.7) 19-24 66 (27.4) 25-40 80 (33.2) 41-60 81 (33.6) 61+ 14 (5.8) Educational Attainment 14 (5.8)
Male 190 (78.8) Female 51 (21.2) Age 36.4 (13.7) 19-24 66 (27.4) 25-40 80 (33.2) 41-60 81 (33.6) 61+ 14 (5.8)
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25-40 80 (33.2) 41-60 81 (33.6) 61+ 14 (5.8)
41-60 81 (33.6) 61+ 14 (5.8)
61+ 14 (5.8)
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Educational Attainment
244641611417111611
No Formal Schooling 4 (1.6)
Completed Less than High
School 166 (68.9)
High School Graduate or GED 60 (24.9)
Some College or Higher 11 (4.6)
Nativity
United States 39 (16.2)
Mexico 196 (81.3)
Central America 6 (2.5)
English Language Proficiency
Very Good 33 (13.7)
Good 16 (6.6)
Not Very Good 72 (29.9)
Not At All 120 (49.8)

Results: Health

About 75% of workers rated their health as good, very good, or excellent.

Workers had little access to healthcare services:

- Less than 25% had health insurance
- Less than 20% had a regular healthcare provider
- About 25% needed to see a doctor but could not afford it in the past 12 months
- Often used complementary or alternative therapies

More than 40% of workers were in pain. Common sites included: (1) feet, (2) leg, knee, or hip, and (3) back

Differences between H-2A workers and non-H-2A workers (e.g., stress and depression).

Gender differences in tobacco use.

Variables	N (%)	Mean (SD)
Body Mass Index (BMI)		27.5 (5.1)
Underweight (<18.5)	5 (2.2)	
Normal (18.5–24.9)	74 (32.2)	
Overweight (25–29.9)	88 (38.2)	
Obese (BMI of 30 or greater)	63 (27.4)	
Hours of Sleep		6.8 (1.2)
Fatigue		26.6 (6.0)
Not Fatigued	177 (73.4)	
Fatigued	52 (21.6)	
Severely Fatigued	12 (5.0)	
Consistent Pain	98 (40.7)	
Occupational Injury		
Had an Job-Related Injury	44 (18.3)	
Sought Treatment for Injury	27 (64.3)	
Lost Time Due to Injury	30 (71.4)	
Behavioral Health		
Anxious	69 (28.2)	
Depressed	47 (19.6)	
Stressed	43 (17.8)	
Problematic Drinking	28 (11.6)	
Alcohol Dependence	7 (2.9)	
Current Smoker	75 (31.1)	



"I have been doing farm work for the last 20 years. I have really bad diabetes, and my feet swell all the time. I had a diabetic attack a little bit ago and one of my *compañeros* had to drive me three hours to get to a hospital. It was an emergency. I don't have insurance so I can't go to a doctor until I get back to the Valley [referring to the Rio Grande Valley in Texas]. Then I'll go to Mexico where I have *Seguro Popular* [Mexican public insurance program similar to Medicaid]. For now, I just continue working and use crutches when my feet swell."

- An undocumented farmworker from Mexico



Results: Occupational characteristics

Corn production is a major industry in Nebraska:

- Temperatures ranged from 59-99°F; humidity ranged from 78-100%
- More 90% of workers lived in motel rooms that were shared with other workers
- Once work started, most worked 7 days a week.
- Most workers did <u>not</u> perceive their job to be dangerous
 - Heat, sun, chemicals and pesticides, and uneven ground were the major factors cited as reasons for being dangerous
- H-2A workers comprise approximately 2-5% of the farmworker population; however, they represented 45% of this sample.

Variables	N (%)	Mean (SD)
Years Working in Agriculture		12.9 (12.0)
Time Spent as Migrant Farmworker		
Less than 1 Year	41 (17.1)	
1-3 Years	36 (15.0)	
3-5 Years	30 (12.5)	
More than 5 Years	133 (55.4)	
Current Task		
Detasseling Corn	171 (71.0)	
Sorting Seed Corn	55 (22.8)	
Vegetable Production	15 (6.2)	
Length of Contract		
Less than 8 Weeks	191 (80.6)	
More than 8 Weeks	46 (19.4)	
Number of Hours Per Week		54.2 (10.7)
Perceived Occupational Risk		
Not At All Dangerous	132 (55.2)	
A Little Dangerous	78 (32.7)	
Dangerous or Very Dangerous	29 (12.1)	
H-2A Visa		
Yes	107 (45.1)	
No	130 (54.9)	

"Yesterday, my aunt broke her ankle in the field. She tripped on uneven ground. We couldn't call for help. We had to wait almost an hour in the field until a nurse finally came. She was the one who decided it was an emergency. Almost three hours had passed by the time an ambulance came to take my aunt to the hospital."

A Latina farmworker from Texas





Results: Safety & PPE use

Workers felt that their managers and supervisors cared abut their safety and well-being.

• Non-H-2A workers were

 Non-H-2A workers were significantly more likely to report employer only wanted the job done cheaply and fast.

Almost all workers reported receiving some job-related training when hired, but few reported regular safety discussions.

Nearly all workers received some type of job-related PPE from their employer; however, provision ≠ use.











Good jobs, bad effects

Hog CAFOs provide "good jobs"

- Good pay
- Stability
- Benefits
- "Upward mobility"



3-D Jobs (Dirty, Dangerous, Demanding)

Effects of structural violence:

- Racism
- Discrimination
- Xenophobia
- Exclusion
- Unequal distribution of power and resources



Negative behavioral health outcomes:

- Stress
- Depression
- Substance use



Why work at a CAFO?

Consistent with the "Good Job, Bad Effects" discussion:

Workers feel they are paid well:

"Well, more than anything, we work there because the CAFO we are paid better than in other jobs and we like farm work."

"It's a job where you earn a little more than in other workplaces because we know that other places it's hard to get in given our situation of being immigrants."

"The work is less difficult because in a restaurant, I know, they work so many hours and they are not paid well."

Workers believe there are opportunities to move up:

"You can earn up to \$16-\$17 [per hour] depending on your abilities and capacity to understand the work and quickly move up."





Training



- Only about 60% of workers reported receiving any jobrelated training.
- Of those who received training, most were trained when hired, and only about 20% received any type of annual refresher.

"When I started. I started as a power washer - that is area is a little harder and where you run more risk in getting injured. In this case when I started as a power washer, they just told me do it like this and this. Then they told me here are your coworkers, you're going with them, watch them, and do it like they do. There you do depend on your coworkers if they teach you or not because there are some who don't teach you and you just have to watch and others who come and actually tell you how to do things and introduce you if you're lucky."



PPE provision & use

Although most workers had access to employer provided PPE, use was inconsistent.

Type of PPE	PPE Provided By Employer (All Workers) N (%)	Sow Barns $(n = 23)$		Nursery Piglets $(n = 7)$			Finishing $(n=2)$			Washing/Maintenance $(n = 8)$			
		Never N (%)	Sometimes N (%)	All of the Time N (%)	Never N (%)	Sometimes N (%)	All of the Time N (%)	Never N (%)	Sometimes N (%)	All of the Time N (%)	Never N (%)	Sometimes N (%)	All of the Time N (%)
Respirator	37 (92.5)	2 (8.7)	12 (52.2)	7 (30.4)	1 (14.2)	3 (42.9)	3 (42.9)	0 (0.0)	2 (100.0)	0 (0.0)	0 (0.0)	5 (62.5)	2 (25.0)
Hearing Protection	38 (95.0)	3 (13.0)	11 (47.8)	8 (34.8)	2 (28.6)	2 (28.6)	3 (42.9)	0 (0.0)	2 (100.0)	0 (0.0)	0 (0.0)	2 (25.0)	5 (62.5)
Uniforms/Coveralls	38 (95.0)	0 (0.0)	2 (8.7)	21 (91.3)	0 (0.0)	0 (0.0)	7 (100.0)	0 (0.0)	0 (0.0)	2 (100.0)	0 (0.0)	1 (12.5)	6 (75.0)
Rubber Boots/Disposable Shoe Covers	39 (97.5)	0 (0.0)	2 (8.7)	21 (91.3)	0 (0.0)	0 (0.0)	7 (100.0)	0 (0.0)	0 (0.0)	2 (100.0)	0 (0.0)	0 (0.0)	7 (87.5)
Gloves	39 (97.5)	0 (0.0)	3 (13.0)	20 (87.0)	0 (0.0)	0 (0.0)	7 (100.0)	0 (0.0)	1 (50.0)	1 (50.0)	0 (0.0)	1 (12.5)	6 (75.0)
Goggles	36 (90.0)	3 (13.0)	13 (56.5)	6 (26.1)	1 (14.2)	4 (57.1)	2 (28.6)	0 (0.0)	2 (100.0)	0 (0.0)	0 (0.0)	3 (37.5)	4 (50.0)
Hair Covers	13 (32.5)	17 (74.0)	2 (8.7)	1 (4.3)	4 (57.1)	3 (42.9)	0 (0.0)	2 (28.6)	0 (0.0)	0 (0.0)	4 (50.0)	2 (25.0)	1 (12.5)

- Workers consistently used coveralls, boots, and gloves, but NOT hearing protection, respirators, or goggles.
- Workers may understand immediate dangers or nuisances, but downplay their susceptibility to long-term occupational health issues such as NIHL or respiratory conditions.

[Worker talking about hearing protection]:

"Well – I know that I should use it, but in all of the other places where I have worked, I really never liked to use them."



Findings: Unaware of community resources

Only 50% of workers had health insurance, but only 33.3% had a regular healthcare provider.

The majority of workers are unfamiliar with community resources that exist and have not used their services.

Community Resources	Unaware of Any	Aware of at least 1	Have Participated In/With
Churches	13 (32.5)	16 (40.0)	11 (27.5)
Community Organizations (e.g., food pantry or social services)	29 (74.4)	7 (17.9)	3 (7.7)
Cultural Grocery Store (e.g., Mexican		, i	
grocery)	1 (2.5)	15 (37.5)	24 (60.0)
Organized Sports Teams	25 (62.5)	6 (15.0)	9 (22.5)
Adult Education Progams	27 (71.1)	10 (26.3)	1 (2.6)
Children's Schools	15 (37.5)	16 (40.0)	9 (22.5)
Activities for Youth	32 (82.1)	5 (12.8)	2 (5.1)

Nearly 85% of workers were not aware of any telephone hotlines to call for help with difficult life situations.





Methods

243 interviews were conducted with Latino immigrant cattle feedyard workers in Kansas and Nebraska

Interviews lasted approximately 1 hour and were conducted in either English or Spanish (based on worker's preference). Workers were given a \$25-\$30 gift card in return for their time.

To be eligible to participate, workers had to be:

- 1. Hispanic/Latino immigrants
- 2. Age of majority in the state of contact (18 KS; 19 NE)
- Currently employed on a cattle feedlot

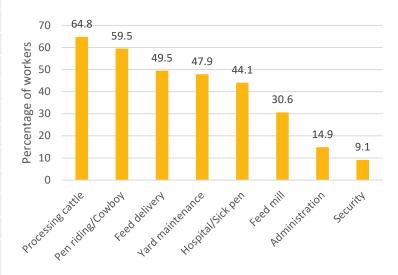




Participant characteristics

Variable	N (%)	M (SD)
Sex		, ,
Male	221 (90.9)	
Female	22 (9.1)	
Age (years)	, ,	37.7 (10.1)
19-24 years old	12 (6.0)	•
25-40 years old	113 (56.2)	
Over 40 years old	76 (37.8)	
Country of origin		
Mexico	169 (69.5)	
Guatemala	42 (17.3)	
El Salvador	15 (6.2)	
Other	17 (7.0)	
Length of time in the U.S.		
(years) $(n = 242)$		12.2 (9.7)
Education (n = 241)		
Completed less than high		
school	145 (60.2)	
High school graduate	37 (15.3)	
Completed at least some		
college	59 (24.5)	
English proficiency		
Limited English proficient	166 (68.3)	
English proficient	77 (31.7)	
Average weekly pay		\$677.02
(n = 241)		(\$161.77)

Percent of Participants by Position



- Most workers had been working with cattle on average for about 6.1 years.
- Most worked about 10 hours a day and 6 days a week.



Results: Injury

More than 71% of workers reported being injured on the job.

- On average, workers experienced 1.1 injuries in the last 12 months.
- Most injuries were due to animal handling; tools and equipment; and slips, trips, and falls.
 - Herding, separating, and vaccinating cattle
 - Cowboy; falling from horse
 - Tractors, mowers, and other machines
- Most common injuries were bruises, lacerations, broken bones, and muscle sprains.
- About half used first aid onsite, and one third sought professional medical care.
- About 40% workers lost work time due to injuries.
- More than 40% believed that they were very likely to be injured on the job in the next 12 months.
- Only about 17% of participants were sure that they would qualify for unemployment benefits if they lost their job.

Workers who had not received any health and safety training were significantly more likely to be injured on the job.

Preventing injuries is important so that workers are able to "take care of their family."



Results: Safety climate

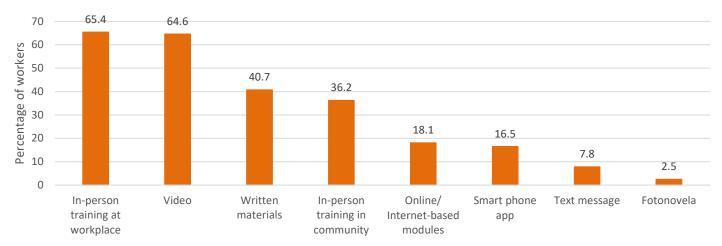
- A majority of workers reported that taking risks was part of their job, and many believed that their employer could do more to make their job safer.
- Workers reported a mean score of 25.8 (SD = 4.9) out of a possible 38 on the safety climate scale. The average subscale score for management's commitment to safety was 19.4 (SD = 3.9) out of a possible score of 27, and the subscale score for employee engagement was 6.4 (SD = 1.8) out of a possible score of 11.
- Safety climate (including both management commitment to safety and employee engagement subscales) was significantly negatively associated with reporting a work-related injury.

Item	N (%)
Worker's safety practices are very important to	
management.	207 (85.2)
Workers are regularly made aware of dangerous	
working practices or conditions.	182 (74.9)
Workers are regularly praised for safe conduct.	137 (56.8)
Workers receive safety instructions/training when they	
are hired.	193 (79.4)
Employer has regular job safety meetings/talks.	178 (73.3)
Proper safety equipment is always available at your	
workplace.	182 (75.2)
Workers have almost total control over personal safety.	147 (60.5)
Taking risks is not part of the job.	58 (23.9)
How much do supervisors seem to care about YOUR	
safety?	
They are only interested in doing the job fast and	
cheaply.	55 (22.8)
They could do more to make the job safe.	109 (45.2)
They do as much as possible to make the job safe	77 (33.0)
Likelihood of being injured during farm work in the next	
12 months	
Not at all likely	15 (6.2)
Somewhat likely	129 (53.5)
Very likely	97 (40.2)



Results: Training Preferences & Topics

Preferred Format of Training



Specific Topics of Interest

Managing Risks on the Feedyard	Personal Interest
Hazard and injury reporting	Chemical, machinery, and equipment safety
Cattle moving techniques	Injury prevention techniques
Pest management	Low-stress cattle handling
Teamwork	Respiratory health
	Workers' compensation
	Zoonoses



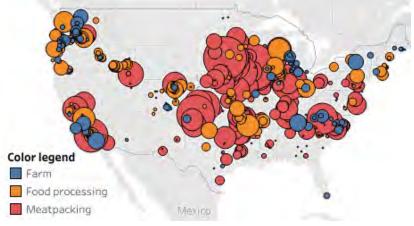
Ramos, A.K., Carlo, G., Grant, K.M., Bendixsen, C., Fuentes, A., & Gamboa, R. (2018). A preliminary analysis of immigrant cattle feedyard worker perspectives on job-related safety training. *Safety*, 4(3), 37. DOI: 10.3390/safety4030037



COVID-19 has increased health and safety concerns in the agrifood sector

Farmworkers have an increased risk of contracting COVID-19 due to:

- Close contact with other workers (proximity)
- Long periods of time in close contact with others (duration of contact)
- Limited personal protective equipment and sanitation facilities
- Sharing of equipment, tools, and vehicles
- Shared housing and/or transportation



Food and Environment Reporting Network. https://thefern.org/2020/04/mapping-covid-19-in-meat-and-food-processing-plants/

As of September 2, 2021:

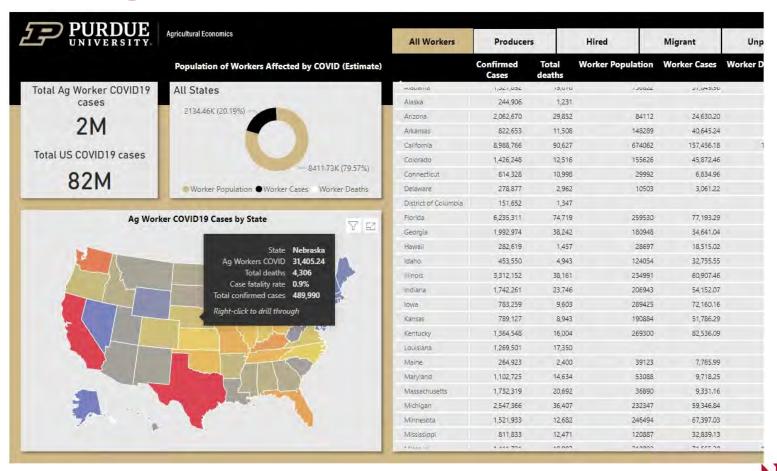
- 438 farms and production facilities have confirmed COVID-19 cases
- 13,773 farmworkers have tested positive for COVID-19
- 107 farmworkers have died from COVID-19

Farmworkers face social and job-related conditions that may increase their risk like job-related respiratory exposures (i.e., dust, pesticides), mobile lifestyle, low health literacy, limited language appropriate and accurate health information, and limited access to testing and treatment resources.



Ramos, A.K., Lowe, A.E., Herstein, J.J., Schwedhelm, S., Dineen, K.K., & Lowe, J.J. (2021). Invisible no more: The impact of COVID-19 on essential food production workers. *Journal of Agromedicine*, 25(4),378-382. DOI: 10.1080/1059924X.2020.1814925

Estimated impact of COVID-19 on agricultural workers



Response to health & safety concerns

UNDERSTAND THE WORK CONTEXT + THE ROLE OF CULTURE AND LANGUAGE

Heat Safety Module (60 min) (Available in English & Spanish)

http://articles.extension.org/sites/def ault/files/Calor%20Mortal%20Youth-Promotora%20Heat%20Related%2 Olllness%20Curriculum.pdf

YouTube Videos (U.S. Ag Centers):

https://www.youtube.com/playlist?lis t=PLY7XQBihZRNvezeSe7dCHgSlk oN9Nyvnr

Spanish Resources

https://www.unmc.edu/publichealth/cscash/news/Spanish-resources.html

Back Safety Module (20 min) (Available in English & Spanish)

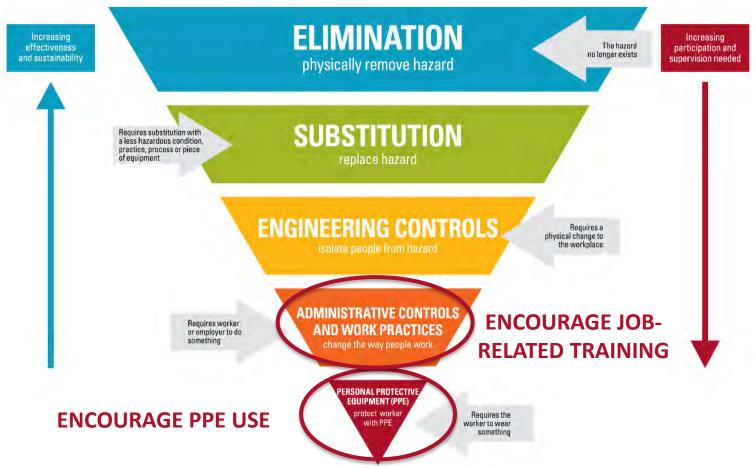






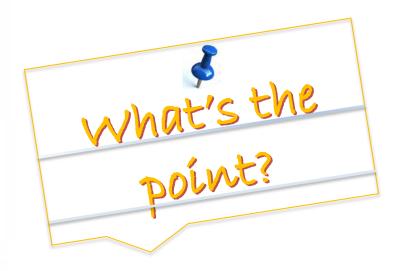


Practical implications





Practical implications



INDIVIDUAL:

• Educate on workers' rights

RELATIONSHIPS:

- Encourage maintenance of ties with family, friends, and significant others
- Foster trust between workers and supervisors

LOCAL COMMUNITY:

- Enhance outreach strategies to better reach and serve farmworkers.
 - Educate service providers about migrant farmworkers
 - Streamline access to services (e.g., onsite clinic, 1-stop)
 - Develop promotor(es) de salud/outreach worker programs
 - Hire multilingual and multicultural staff
- Incorporate standard screenings and brief interventions into healthcare visits
- Plan community activities where longer-term residents and workers can gather together



Integration into clinical practice

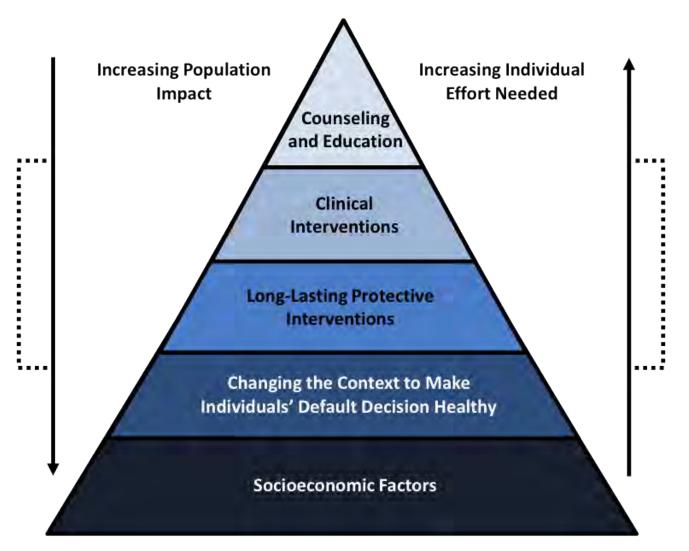
- 1. Incorporate "occupation" into medical record
- 2. Use algorithm to identify migrant and seasonal farmworkers
- 3. Foster cultural and linguistic competence among healthcare providers
- 4. Encourage engagement in regular self-evaluation and self-critique (cultural humility)
- 5. Adhere to the CLAS **Standards**

- Listen to the patient's perspective
- Explain and share one's own E perspective
- Acknowledge differences and similarities between these two perspectives
- R Recommend a treatment plan
- N Negotiate a mutually agreedon treatment plan



Berlin, E.A. & Fowkes, W.C. (1983). A teaching framework for cross cultural health care: Application in family practice. Western Journal of Medicine, 12(139), 93-98.

Improving farmworker health





Frieden, T.R. (2010). A framework for public health action: The health impact pyramid. *American Journal of Public Health*, 100(4), 590–595.

Policy implications

- 1. Laws and policies to protect farmworkers need to be strengthened, particularly overtime, workers' compensation, and rest breaks.
- 2. Regulations need to be enforced, especially those pertaining to H-2A workers, minimum wage, and pesticide exposure protection.
- 3. Farmworkers' right to organize should be protected.
- Wages should be increased to provide "living wages" for farmworkers.
- Health insurance through the Exchanges should be extended to all farmworkers, regardless of immigration legal status. Plans should be transportable across states lines.
- Immigration reform that includes a path to citizenship is critical and validates the contributions of farmworkers. Workers should also be informed of potential legal options such as the U-visa and the T-visa.
- 7. Consumers should be made aware of "labor-friendly" or "fair food" options.
- International human rights could be used a frame for increased advocacy to improve working and living conditions for farmworkers.



PAY

Solve the right to be paid a minimum wege of \$7.25 per hour for every hour worked, but as a farmworker you do not have the right to overtime pay if you work more than 40 hours in a week.

Your employer must pay you on regular paydays. The employer can choose to pay you more often, but they must pay you on the regular paydays chosen.

Your employer must give you a writter statement that says how much you earmed and how it was earmed le.g., the number of hours worked and the hourly rate) and any deductions. The statement must also have the name and address of the employer and the reason and amount of each deduction from your wages.

If you do not have a written employmer contract, write down what you and the employer verbally discussed and agrees on.

The U.S. Department of Labor Wage and Hour Division helps all workers in the United States and enforces the law without regard to a vockins' is minigration status. Services are free and confidential. It is flegal for you to be fired or retailated against for contacting them or exercising your method.

For more information: 1-866-487-9243 | www.wagehour.dol.go

SAFE WORKING CONDITIONS & TRAINING

You have the right to safe equipment and working conditions that do not pose a risk of serious harm

You have a right to be trained in a language that you understand. Trailinguage that you understand in a language that you have a language t

You have the right to get copies of test results done to find hazards at your workplace.

You have the right to review records a logs of work-related injuries and illnes

illness and get copies of your medical copies.

You always have a right to medical or bowever such pare may be at your copies.

You always have a right to medical care, however, such one may be a your own expense it is recommended that you find out if your employer provides worker's compensation insurance in case of workrelated injury or illness when you are hired. You have a right to be trained in a language that you understand. Training should include identification of workplace hazards, risk prevention strategies, and the OSHA standards that apply to your workplace such as mechinery; pesticides or other chemicals, and dust.

You have a right to be provided required safety gear and personal protective equipment (PPD, such as gloves, face shaller, or homes.)

You have a right to be protected from toxic chemicals. You should be aware and have access to safety data sheets (SDS) that is caribe risks of all chemicals present in your work environment.



Resources to assist and serve migrant and/or immigrant farmworkers

Migrant Clinicians' Network: https://www.migrantclinician.org/

- Webinars on topics related to migrant, immigrant, and other underserved populations (offers CNEs/CMEs)
- Bilingual educational resources for farmworkers: https://www.migrantclinician.org/seguridad

National Center for Farmworker Health: http://www.ncfh.org/

- Bilingual patient education materials: http://www.ncfh.org/patient_education_resources.html
- Links to data resources (e.g., fact sheets, open access data sets, etc.)
- Webinars

Farmworker Justice: https://www.farmworkerjustice.org/

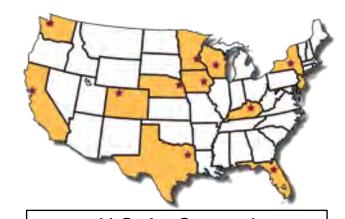
- Advocates for policies to support farmworkers and their families
- Provides legal briefs on health-related topics such as language access: https://www.farmworkerjustice.org/wp-content/uploads/2022/06/Language-Access-Issue-Brief_FINAL_June-2022.pdf
- Bilingual health educational materials: https://www.farmworkerjustice.org/advocacy_program/health-awareness-and-prevention/





Resources to assist and serve migrant and/or immigrant farmworkers

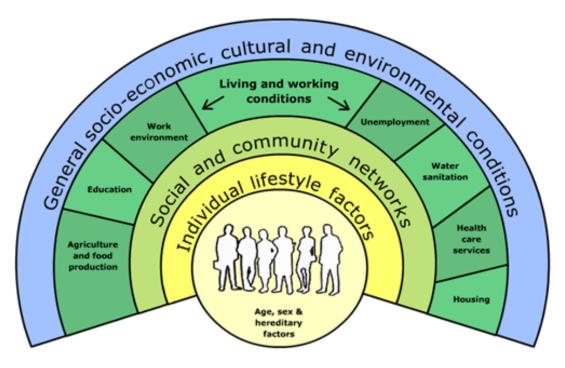
- 1. <u>Central States Center for Agricultural Safety and</u> Health (CS-CASH)
- 2. Great Plains Center for Agricultural Health (GPCAH)
- 3. <u>High Plains Intermountain Center for Agricultural Health</u> and Safety (HICAHS)
- 4. National Children's Center for Rural and Agricultural Health and Safety (NCCRAHS)
- 5. New York Center for Agricultural Medicine and Health (NYCAMH)
- 6. <u>Pacific Northwest Agricultural Safety and Health Center</u> (PNASH)
- 7. Southeast Center for Agricultural Health and Injury Prevention (SCAHIP)
- 8. Southwest Center for Agricultural Health, Injury Prevention & Education (SWAG)
- 9. <u>Upper Midwest Agricultural Safety and Health Center</u> (UMASH)
- 10. <u>Western Center for Agricultural Health and Safety</u> (WCAHS)
- 11. <u>Southeastern Coastal Center for Agricultural Health and</u> Safety (SCCAHS)



U.S. Ag Centers'
YouTube Channel:
https://www.youtube.com/channel/UCRgk3ryTcY8Wcvvv_u
LZgmA



THINK BROAD



Addressing root causes of health disparities requires addressing the structural and social determinants of health

Social Policy = Health Policy



People are not commodities.

Got Food?
Thank a
Farmworker

www.farmworkerawareness.org

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Questions?

Athena Ramos, PhD, MBA, MS, CPM

Assistant Professor
Center for Reducing Health Disparities
Department of Health Promotion
College of Public Health
University of Nebraska Medical Center
Omaha, NE 68198-4340
(402) 559-2095



@athenakramos

aramos@unmc.edu



