

#### **OBJECTIVES**

- 1. RECOGNIZE THE DIFFERENCES FROM URBAN TO RURAL EMS
- 2. UNDERSTAND THE CHALLENGES OF RURAL EMS PROTOCOLS AND IMPLEMENTATION
- 3. RECOGNIZE AND SELECT APPROPRIATE PATIENT DESTINATIONS BASED ON EVALUATION
- 4. RECOGNIZE AND SELECT APPROPRIATE TRANSPORTATION MEANS FOR YOUR PATIENTS

# **AGENDA**

- RURAL EMS WHERE DID WE COME FROM AND WHERE ARE WE GOING
- **CASE BASES SCENARIOS**
- **PATIENT DESTINATIONS**
- \* TRANSPORTATION OPTIONS
- **❖** WE KNOW WHERE WE ARE GOING HOW DO WE GET THERE?

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# **ORIGIN OF EMS**

- TRACES BACK TO THE CIVIL WAR
- AMBULANCE TEAMS TRAINED IN PATIENT CARE TO TAKE BETTER CARE OF SOLDIERS
- 1860'S SOME OF THE FIRST URBAN INCORPORATED CIVIL AMBULANCES
- 1966 "NATIONAL HIGHWAY TRAFFIC SAFETY ACT"
  - STANDARDIZED EMS TRAINING
- 1973 "EMS SYSTEMS ACT"
- 1996 "EMS AGENDA FOR THE FUTURE"





# PRE-HOSPITAL LIFE SUPPORT BLS VERSUS ALS - AIRWAY MANAGEMENT - IV ACCESS - HEART MONITOR - MEDICATIONS

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# SCENE TRANSPORT OPTIONS 1. SCENE TO NEAREST HOSPITAL SCENE RENDEZVOUS WITH ALS INTERCEPT BY GROUND 2. SCENE TO NEAREST SPECIALTY RECEIVING FACILITY BY GROUND AMBULANCE LE – LEVEL 1 TRAUMA; PCI CATH LAB; STROKE CENTER 3. SCENE TO NEAREST SPECIALTY RECEIVING FACILITY BY AIR MEDICAL

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INTERFACILITY TRANSPORT OPTIONS

EXAMPLE 1





#### **CASE SCENARIO – 1**

- VOLUNTEER FIRE/EMS, POPULATION IN TOWN 1,100
   IN COUNTY OF 4,500 COVERING 900 SQUARE MILES
- COMMUNITY HOSPITAL 20 MINUTES AWAY
- 2 HOURS FROM METROPOLITAN AREA

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# CASE 1 - TRAUMA - LOL

- YOU ARE CALLED TO A RURAL RESIDENCE APPROXIMATELY 18 MILES FROM YOUR FIRE STATION FOR AN 82 Y O FEMALE HAVING FALLEN AND IS UNRESPONSIVE
- RESPONSE TO STATION TIME 6 MINUTES
- RESPONSE TO SCENE TIME 22 MINUTES
- ON SCENE TIME
  - BLS 10 MINUTES
  - ALS 17 MINUTES
- TRANSPORT TIME TO COMMUNITY HOSPITAL 18 MINUTES



ROUND - SCENE TO HOS	
Response	6
To Scene	22
On Scene	17
To Hospital	<u>18</u>
total minutes:	63

ROUND - SCENE TO TRAUN	IA GENTEN
desponse desponse	6
o Scene	22
n Scene	17
Scene to Trauma <mark>Ground</mark>	<u>105</u>
total minutes:	150

Response	6
To Scene	22
On Scene	17
Add'I. Scene Air Resp.	0
Scene to Trauma by <mark>Air</mark>	55
total minutes:	100

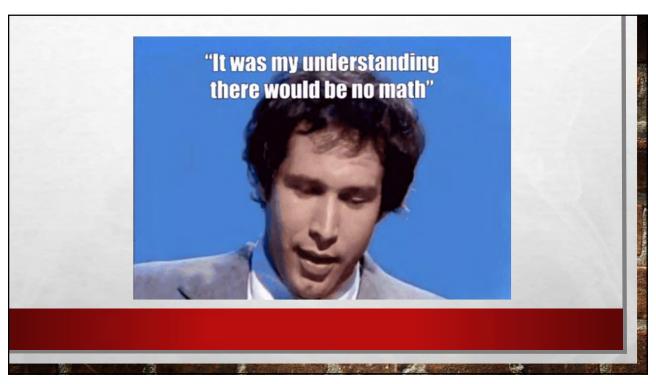
GROUND - HOSPITAL TO TRAU	JMA GENTEN
Response	6
To Scene	22
On Scene	17
To Hospital	18
Transfer time 30	
Hospital to Trauma <mark>Ground</mark>	<u>75</u>
total minutes:	168

AIII - IIU	SPITAL TO TRAU	NA CENTEN
Res	ponse	6
To S	Scene	22
On Scene		17
To I	<b>lospital</b>	18
Tra	nsfer Time	30
Add	'I. Hospital Air Resp.	0
Hos	pital to Trauma by <mark>Air</mark>	45
to	tal minutes:	138

# **CASE 1 – TRAUMA....SUMMARY**

- TOTAL RESPONSE NOTIFICATION TO FINAL RECEIVING ( GROUND TRANSPORT )
  - FROM YOUR LOCATION 150 MINUTES (2 HOURS 30 MINUTES)
  - FROM COMMUNITY HOSPITAL 168 MINUTES (2 HOURS 48 MINUTES)
- TOTAL RESPONSE NOTIFICATION TO FINAL RECEIVING ( AIR TRANSPORT ROTOR WING )
  - FROM YOUR LOCATION 100 MINUTES (1 HOUR 40 MINUTES)
  - FROM COMMUNITY HOSPITAL 138 MINUTES (1 HOUR 18 MINUTES)

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# **CASE SCENARIO – 2**

- PAID HOSPITAL BASED EMS, POPULATION IN TOWN 5,200 IN COUNTY OF 11,500 COVERING 800 SQUARE MILES
- COMMUNITY HOSPITAL IN TOWN
- 1 HOUR FROM METROPOLITAN AREA

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# CASE 2 - TRAUMA - CARDIAC

- YOU ARE CALLED TO A MVA IN TOWN FOR A 64 Y O MALE WITH CHEST PAIN
- RESPONSE TO STATION TIME O MINUTES. RESPONSE TO CALL 1 MINUTE
- RESPONSE TO SCENE TIME 4 MINUTES
- ON SCENE TIME
  - BLS 10 MINUTES
  - ALS 17 MINUTES
- TRANSPORT TIME TO COMMUNITY HOSPITAL 3 MINUTES

# CASE 2 - TRAUMA - CARDIAC

- NEAREST TRAUMA CENTER ( GROUND TRANSPORT )
  - FROM YOUR LOCATION 51 MINUTES
  - FROM COMMUNITY HOSPITAL 50 MINUTES

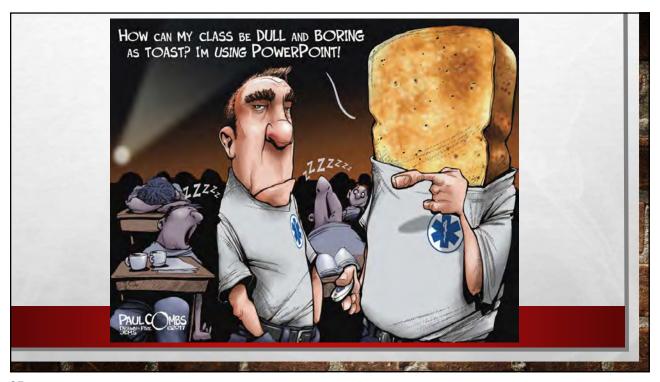


- NEAREST TRAUMA CENTER ( AIR TRANSPORT ROTOR WING )
  - FROM YOUR LOCATION 26 MINUTES
  - FROM COMMUNITY HOSPITAL 25 MINUTES

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#### CASE 2 - CARDIAC - TRAUMA....SUMMARY

- TOTAL RESPONSE NOTIFICATION TO FINAL RECEIVING ( GROUND TRANSPORT )
  - FROM YOUR LOCATION 1 HOUR 12 MINUTES
  - FROM COMMUNITY HOSPITAL 1 HOUR 45 MINUTES
- TOTAL RESPONSE NOTIFICATION TO FINAL RECEIVING ( AIR TRANSPORT ROTOR WING )
  - FROM YOUR LOCATION 61 MINUTES
  - FROM COMMUNITY HOSPITAL 1 HOUR 20 MINUTES



# **CASE SCENARIO – 3**

- VOLUNTEER FIRE/EMS, POPULATION IN TOWN 900 IN COUNTY OF 2,500 COVERING 600 SQUARE MILES
- COMMUNITY HOSPITAL 15 MINUTES
- 45 MINUTES FROM LEVEL I TRAUMA CENTER

# **CASE 3 – TRAUMA – EJECTION**

- YOU ARE CALLED FOR A MOTORCYCLE ACCIDENT APPROXIMATELY 5 MILES FROM TOWN
- RESPONSE TO STATION TIME 7 MINUTES
- RESPONSE TO SCENE TIME 5 MINUTES
- ON SCENE TIME
  - BLS 5 MINUTES
  - ALS 10 MINUTES
- TRANSPORT TIME TO COMMUNITY HOSPITAL 20 MINUTES <u>IN THE OPPOSITE</u>
  DIRECTION OF THE TRAUMA CENTER

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# **CASE 3 – TRAUMA – EJECTION**

- NEAREST LEVEL I TRAUMA CENTER ( GROUND TRANSPORT )
  - FROM YOUR LOCATION 40 MINUTES
  - FROM COMMUNITY HOSPITAL 1 HOUR



- NEAREST LEVEL I TRAUMA CENTER ( AIR TRANSPORT ROTOR WING )
  - FROM YOUR LOCATION 18 MINUTES
  - FROM COMMUNITY HOSPITAL 28 MINUTES



#### CASE 3 – TRAUMA – EJECTION.....SUMMARY

- TOTAL RESPONSE NOTIFICATION TO FINAL RECEIVING ( GROUND TRANSPORT )
  - FROM YOUR LOCATION 1 HOUR 2 MINUTES
  - FROM COMMUNITY HOSPITAL 2 HOUR 12 MINUTES
- TOTAL RESPONSE NOTIFICATION TO FINAL RECEIVING ( AIR TRANSPORT ROTOR WING )
  - FROM YOUR LOCATION 40 MINUTES
  - FROM COMMUNITY HOSPITAL 1 HOUR 40 MINUTES

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# **CASE SCENARIO – 4**

- VOLUNTEER FIRE/EMS (8 AGENCIES), POPULATION IN COUNTY 7,000 COVERING 400 SQUARE MILES
- COMMUNITY HOSPITALS AT SOUTH END, WEST END AND EAST END OF COUNTY
- 45 MINUTES FROM LEVEL I TRAUMA CENTER TO NORTH

#### **CASE 4 – TRAUMA – MASS CASUALTY**

- YOU ARE CALLED FOR A MOTOR VEHICLE ACCIDENT ON A RURAL INTERSTATE HIGHWAY INVOLVING 5 VEHICLES WITH MULTIPLE ROLL OVERS
  - 5 PATIENT EJECTIONS
  - 2 PATIENTS WITH CPR IN PROGRESS
  - UNKNOWN NUMBER NEEDING EXTRICATION
- TRANSPORT TIME TO 2 COMMUNITY HOSPITALS 15 MINUTES
- TRANSPORT BY GROUND TO NEAREST TRAUMA CENTER 45 MINUTES

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# **CASE 4 – TRAUMA**

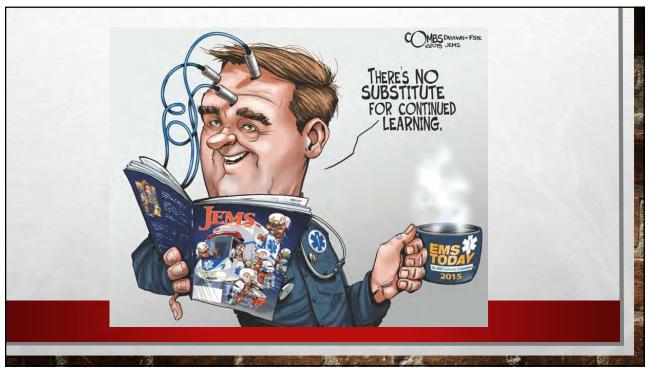


- IN ROUTE WHAT DO YOU WANT?
  - YOU HAVE: 4 TOWNS RESPONDING WITH TOTAL OF 4 ALS AND 3 BLS AMBULANCES
  - YOU HAVE: 2 HELICOPTERS RESPONDING ETA OF 20 MINUTES AND 30 MINUTES
- ON SCENE WHAT DO YOU SEE?
  - LAW ENFORCEMENT PERFORMING CPR ON 2 PATIENTS WITH BY-STANDER ASSIST
  - TOTAL OF 8 PATIENTS WITH MINIMAL EXTRICATION NEEDED
- HOW DO YOU WANT TO TRANSPORT AND TO WHERE?









# **REFERENCES**

- COMBS DRAWN BY FIRE
- HTTPS://TENOR.COM/VIEW/CHEVY-CHASE-NO-MATH-I-IT-WAS-MY-UNDERSTANDING-GIF-10804060
- SIDNEY, IA VOLUNTEER FIRE & RESCUE
- SHENANDOAH, IA EMS SHENANDOAH, IA MEDICAL CENTER
- LIFE NET OF THE HEARTLAND AIR MEDICAL AIRMETHODS.COM
- STATE OF IOWA BUREAU OF EMERGENCY AND TRAUMA SERVICES EMS COMPASS AND PERFORMANCE MEASURES - HTTPS://NASEMSO.ORG/PROJECTS/EMS-COMPASS/

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