

▶ Trauma...a view
from the other
side

1

Objectives

- Lessons learned from experiencing trauma first hand
- Entertainment

2

Background

- Perspective
 - Level 1 ACS trauma center attending
 - Mayo Clinic
 - Iowa Methodist Medical Center
 - SD State Level 4 trauma center
 - Spearfish Medical Center-20 bed


3

Background

- Avera McKennan Hospital and University Medical Center
- 631 bed
- Level 2 ACS center



4



Single Specialty Private Practice

9 Surgeons

- 4 General Surgeons
- 1 Colorectal Surgeon
- 1 Endocrine Surgeon
- 3 Critical Care Surgeons

5

The story

- Like every good trauma story this one has
 - Pain
 - Heartache
 - Loss
 - Men making poor decisions ...

6

So the story.....

- My mistress

7

The Mistress



8

Motorcyclist

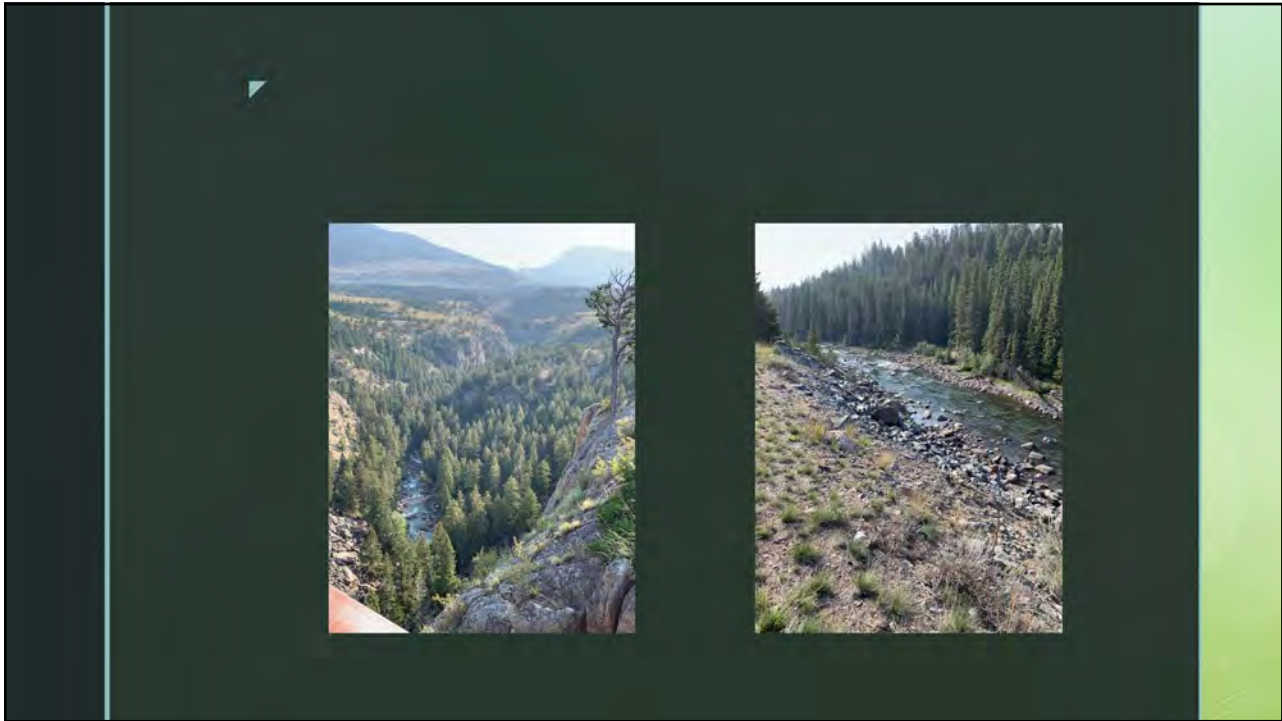
... on, - g i l a ... a - r - s h y k i s t)

A person ... ill' g b take a co a - ne of flammable liquid place it on p of a no moving engine and then p t he whole lo between the r legs

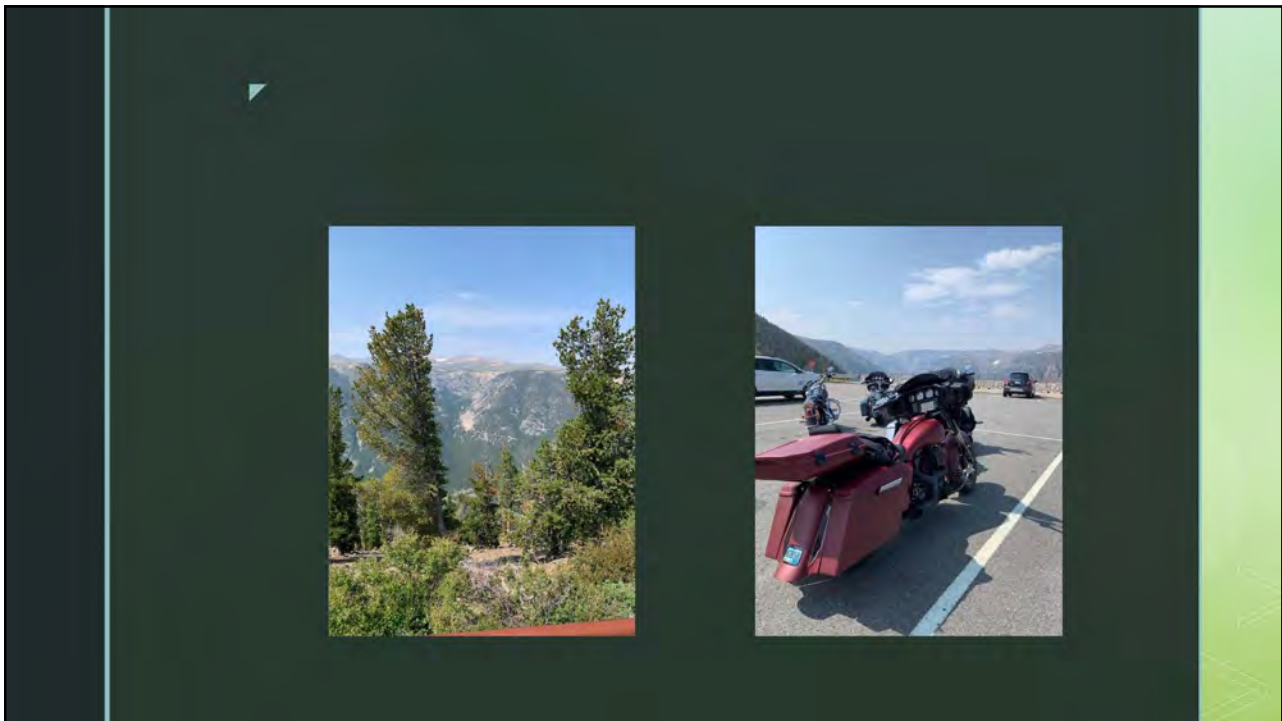
9

Map of the northern Plains region of the United States, showing various states, reservations, and national forests. The map includes labels for locations like Billings, Rapid City, and various national forests such as Custer Gallatin and Shoshone National Forest. At the bottom of the map, there is a decorative bar with various symbols and letters, including '11', 't', 'B!', 'Jii', 'Go', 'Tn', 'a', and 'c'.

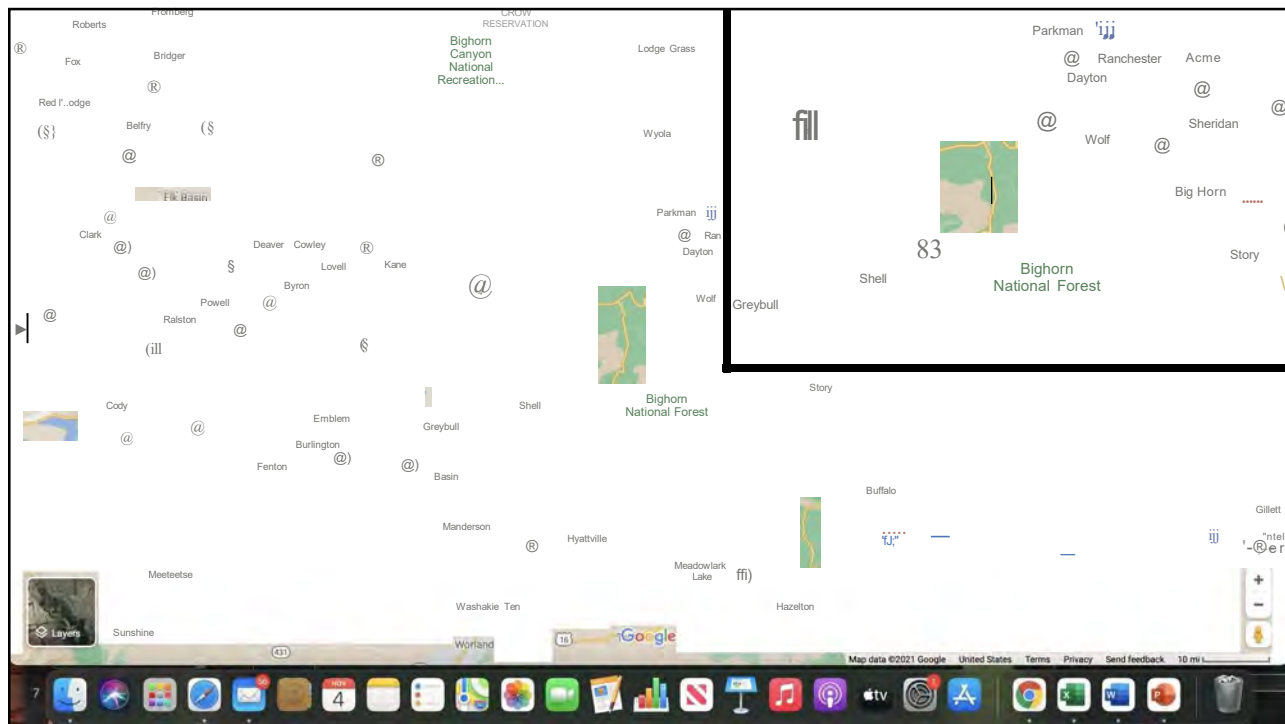
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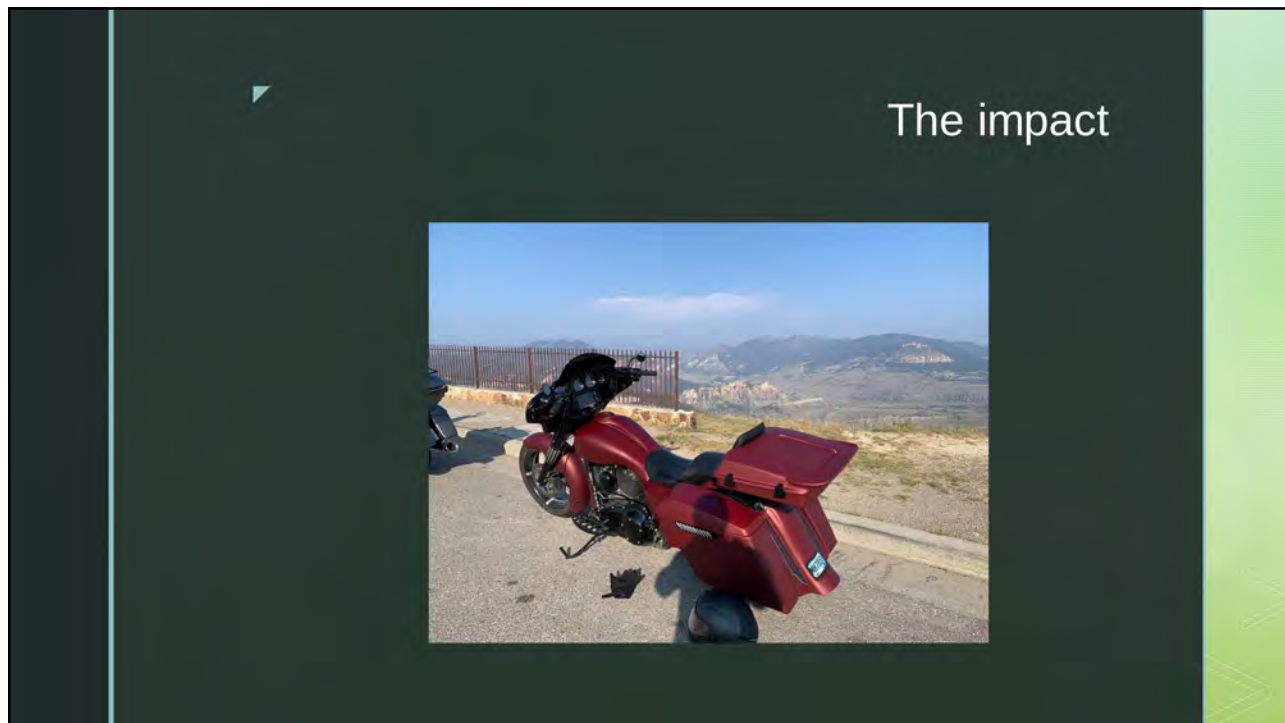
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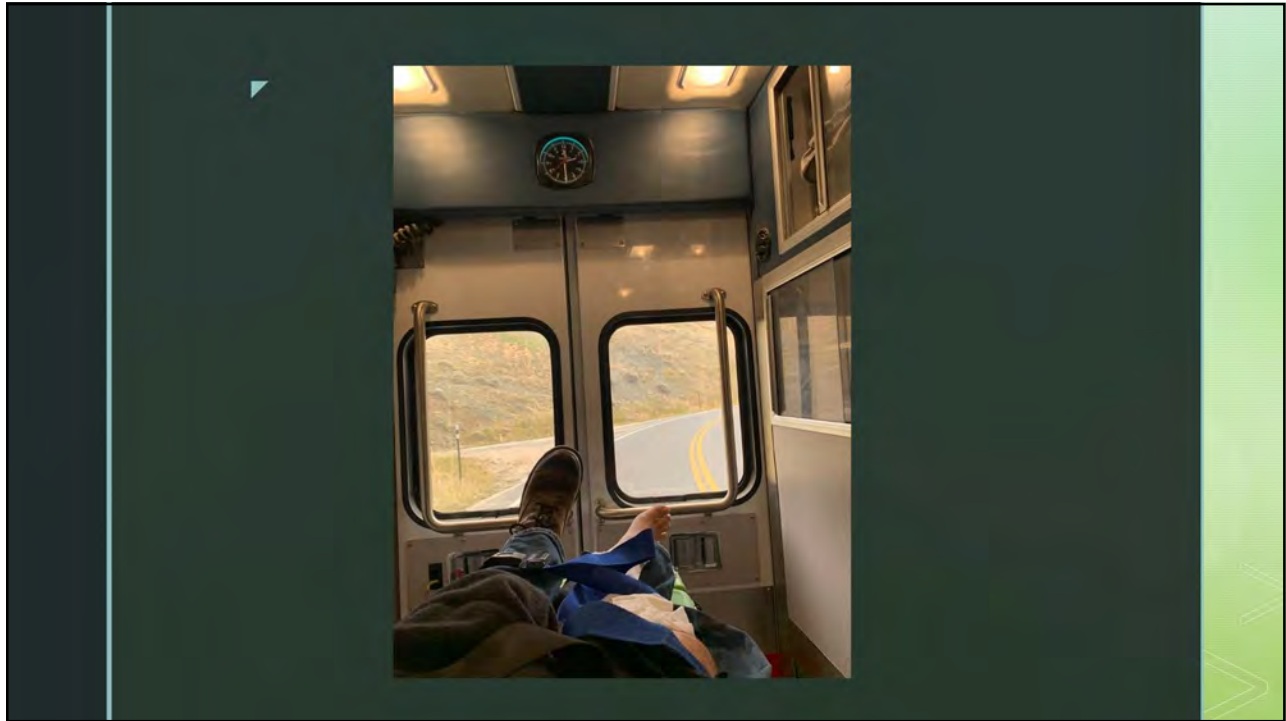
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18

- Admitted directly onto the Orthopedic Service
- Three operations
- 11 days in the hospital

19

- What did I learn?

20

Observations

- **VIP syndrome**
- Weight Loss
- Sleep Disturbance and Stamina
- Narcotic Dependence
- Depression
- Loss of income

21

- Confusion with treatment plan...
- Reluctance of therapy services to engage
- Limited exams

22



23

Observations

- VIP syndrome
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- Loss of income

24

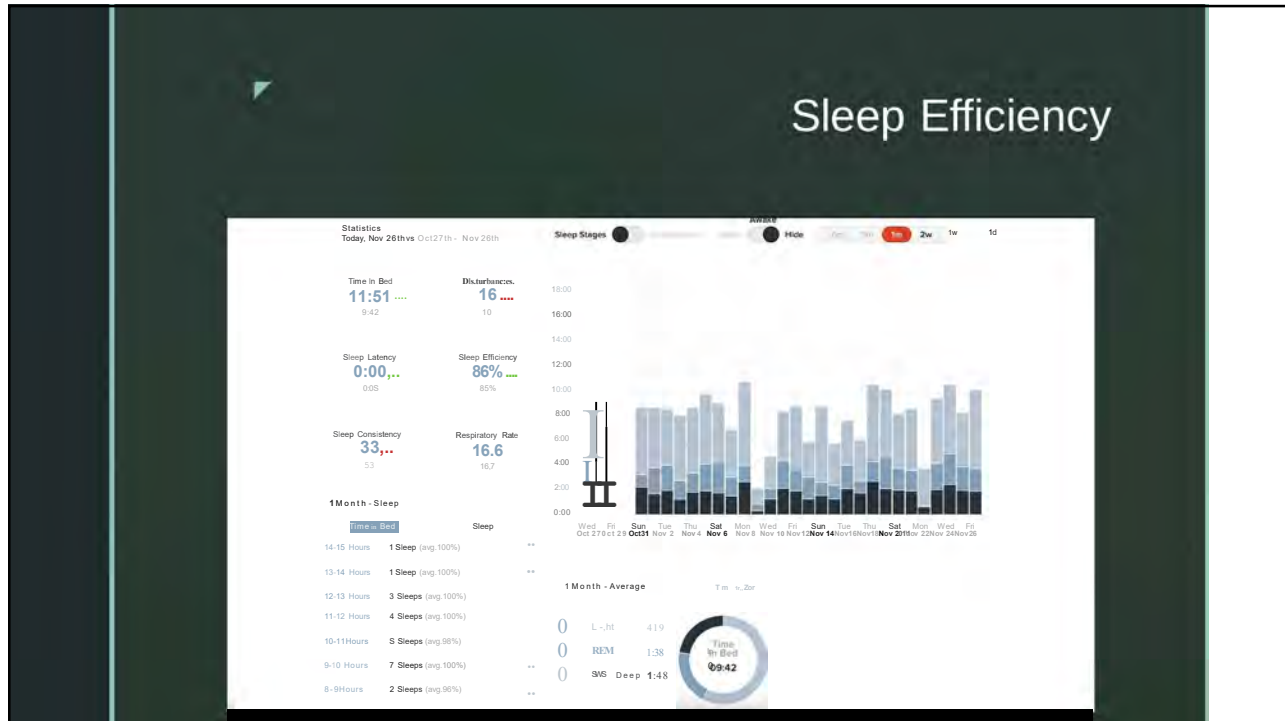
The screenshot shows a webpage from Michigan Health Lab. The navigation bar includes links for BODYWORK, HEALTHTECH, INDUSTRY DX, LAB REPORT • MED-U, and ROUNDS. The article is by Kylie Urban, dated May 26, 2020, 11:45 AM. The title is "Human Growth Hormone Treatment After ACL Injury May Prevent Loss of Muscle Strength". A sub-headline reads: "A new study finds the use of HGH treatment in patients that have undergone ACL reconstructive surgery may prevent the loss of muscle strength and weakness." The article features an illustration of a knee joint with a syringe and a vial of HGH. On the right, there is a "Quick Menu" with links to Podcasts, COVID-19 Articles, Featured Writers, Contact Public Relations, Make an Appointment, and RSS Feeds. A "Michigan Answers" logo is also present.

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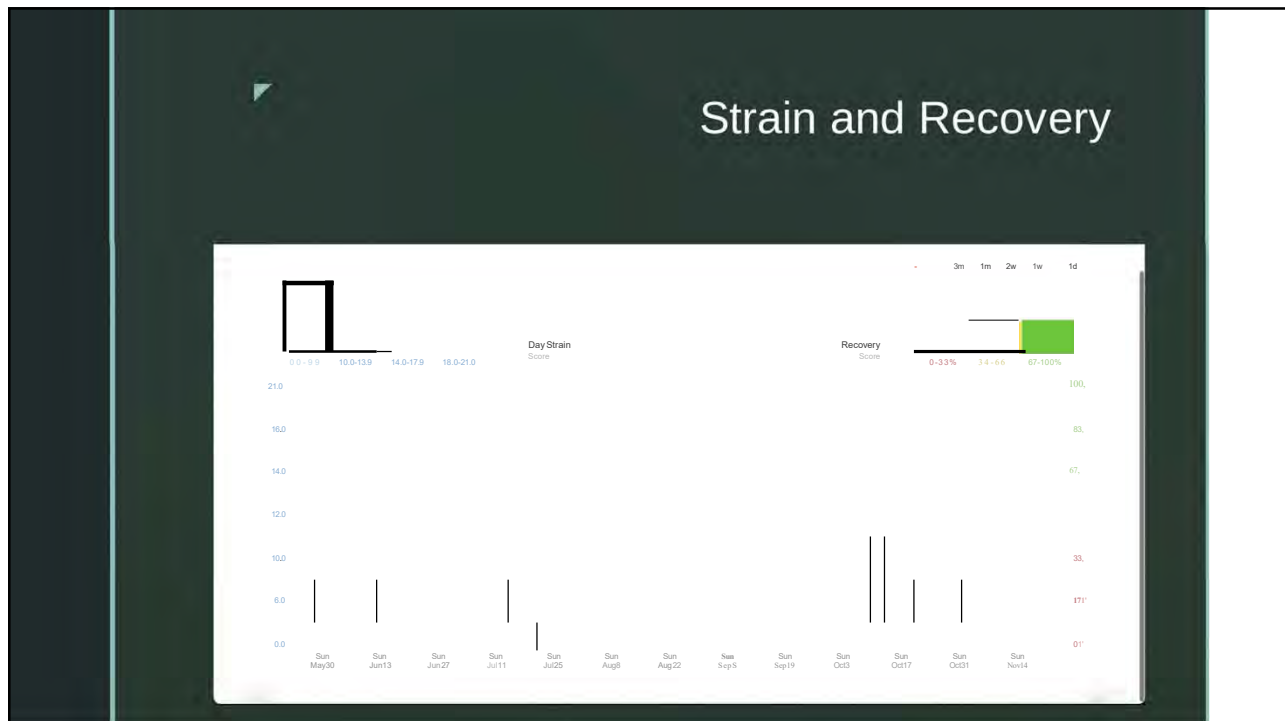
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Observations

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29

Observations

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30

Observations

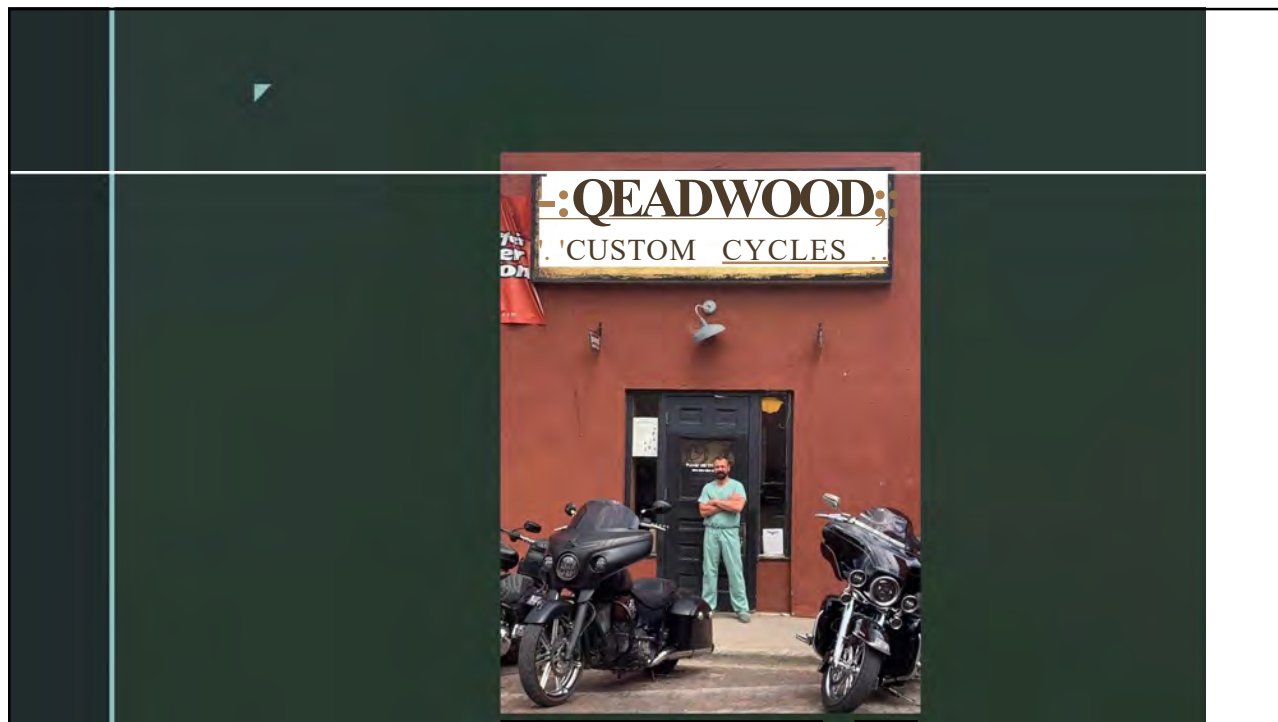
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31

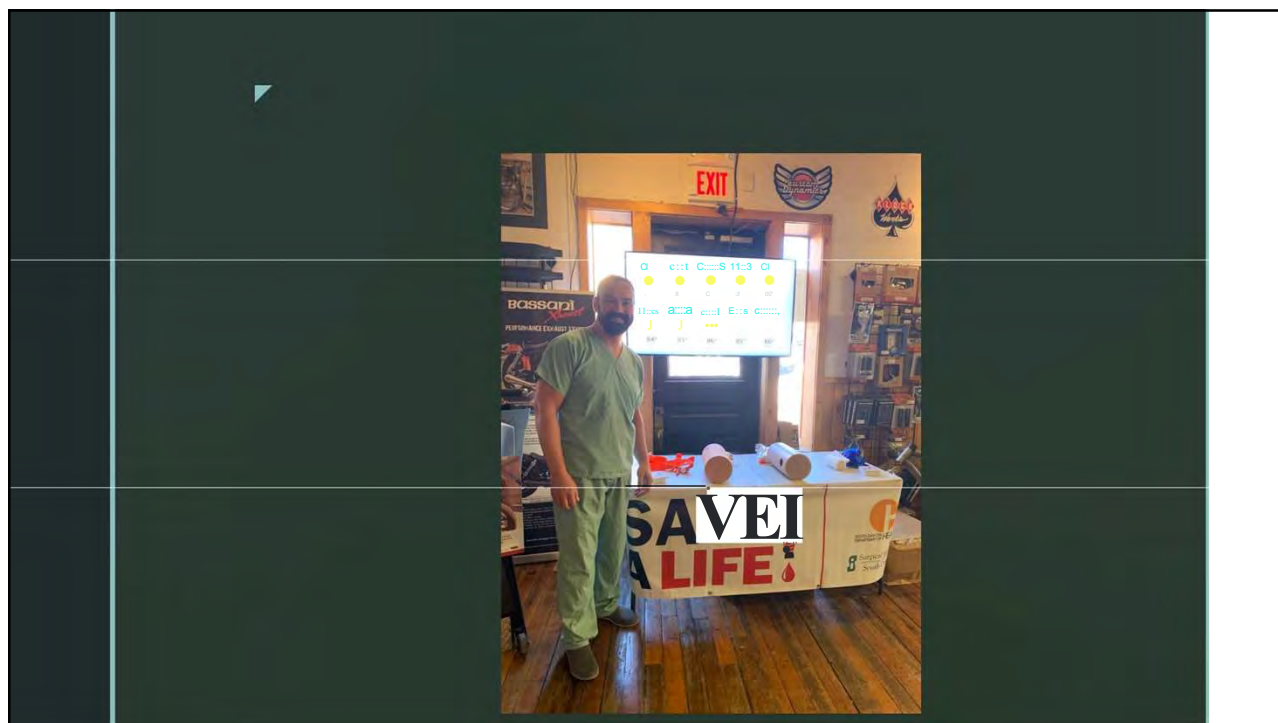
So what does recovery look like?



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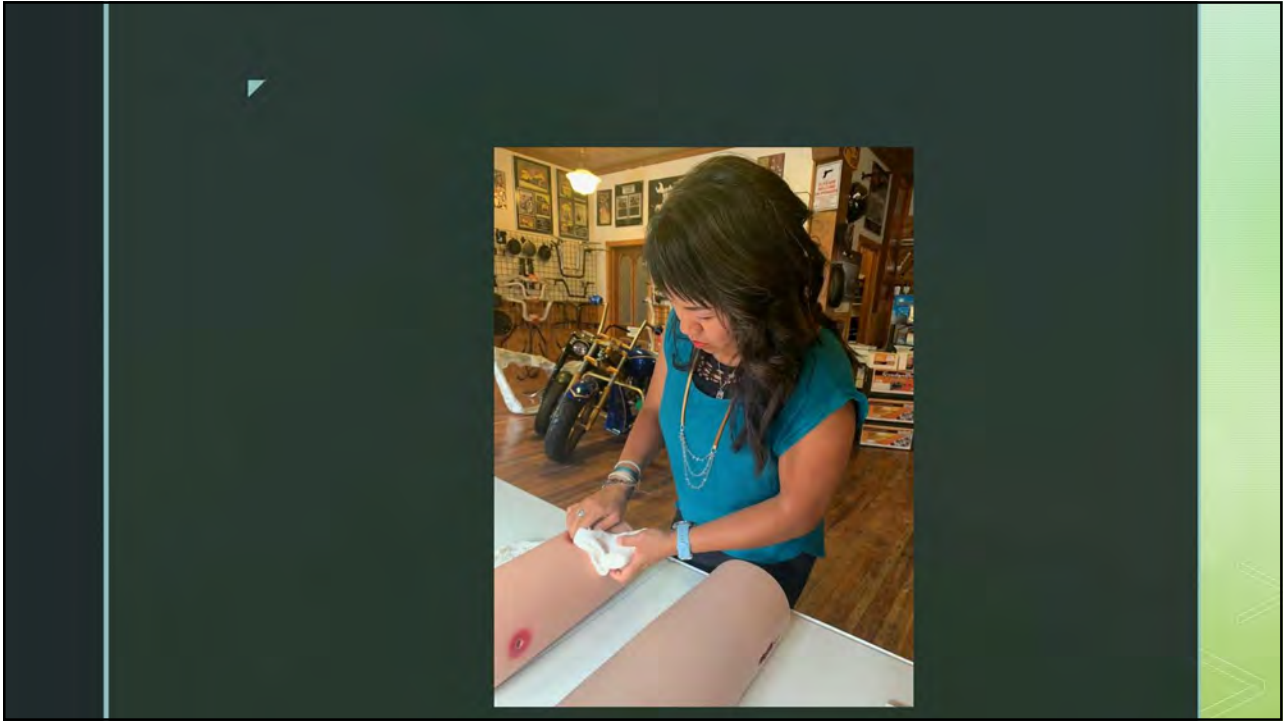
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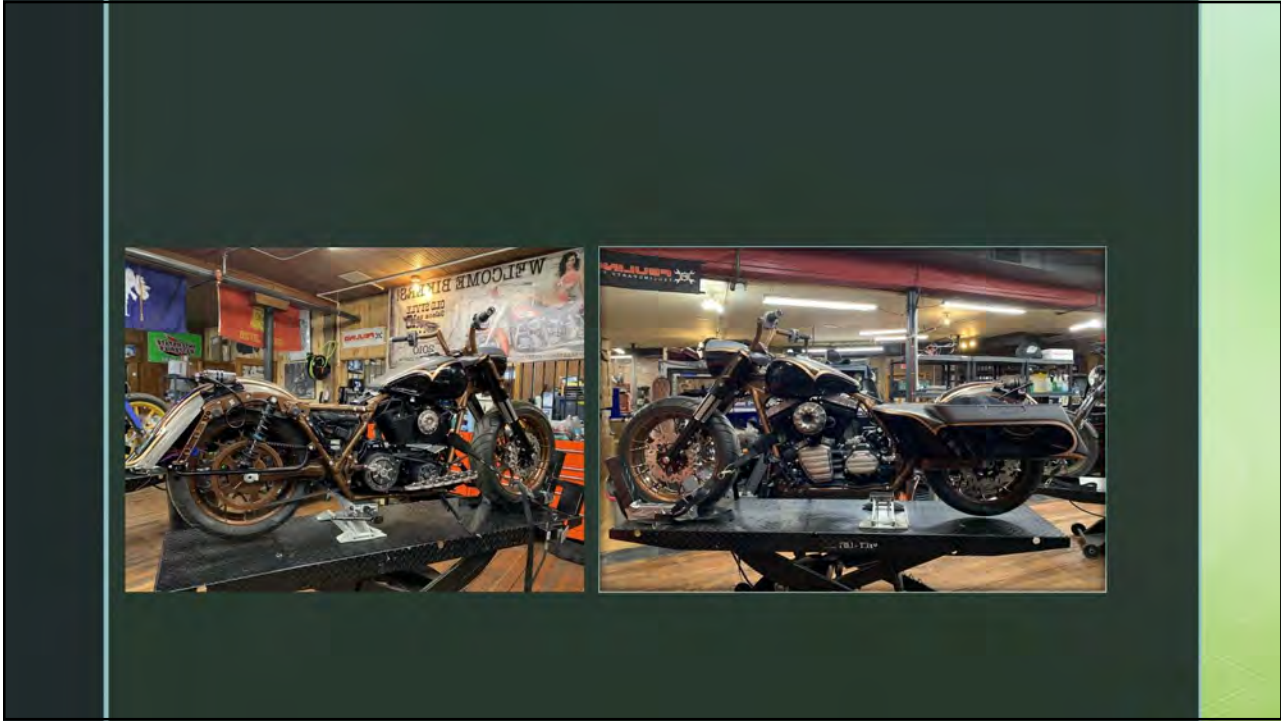
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