

New Roles for Medical Physicists in Radiation Oncology

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Disclosures

- I have previously received speaker honoraria from Radformation and Varian
- Funding from the UNMC Academic Affairs eLearning Funded Awards Program





What does the future of radiation oncology look like?

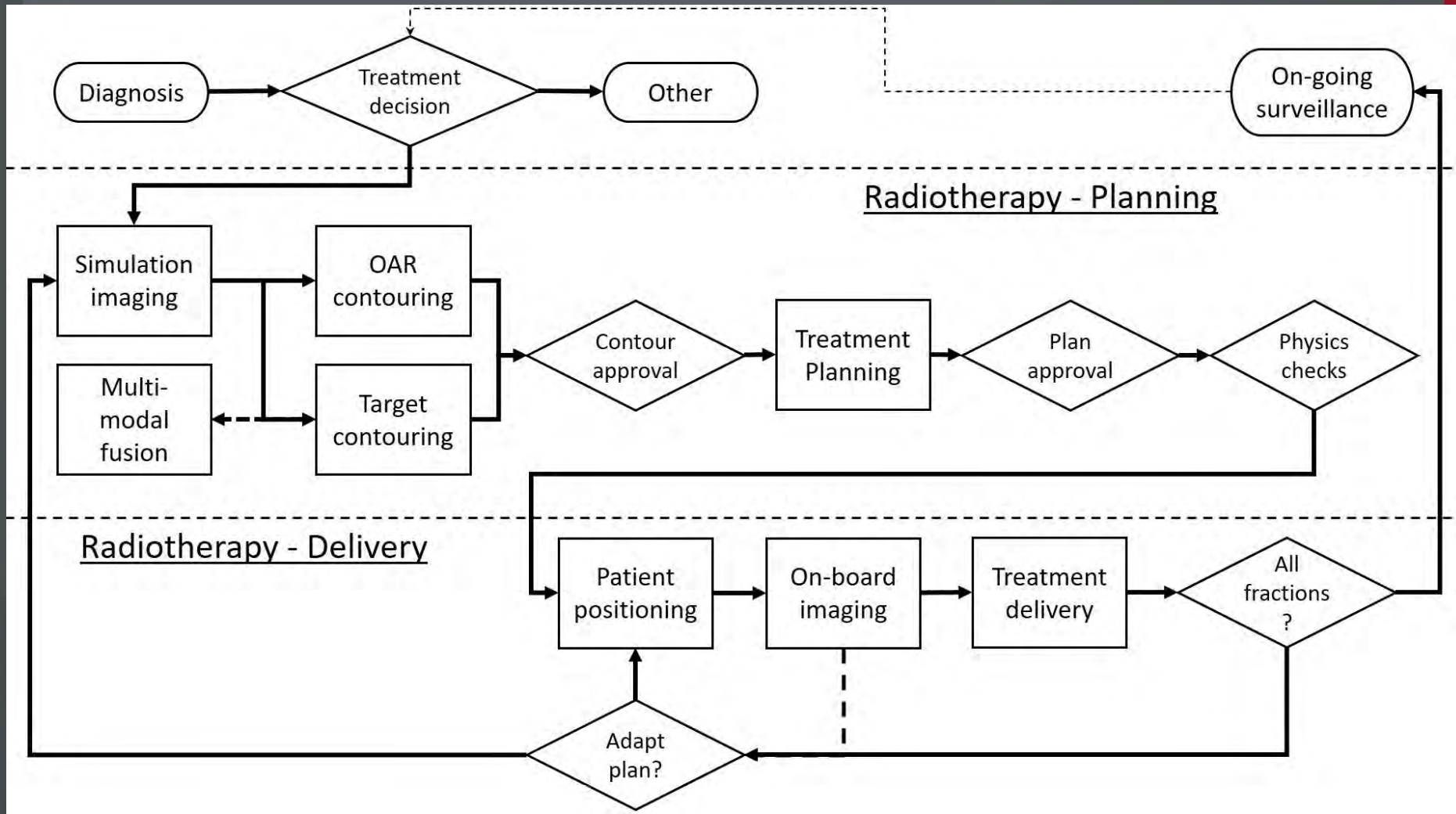


Objectives

1. **List** recent advancements in automation in radiation therapy
2. **Overview** evidence supporting physicist-patient consultations
3. **Describe** the development of a new training program for effective physicist-patient communication



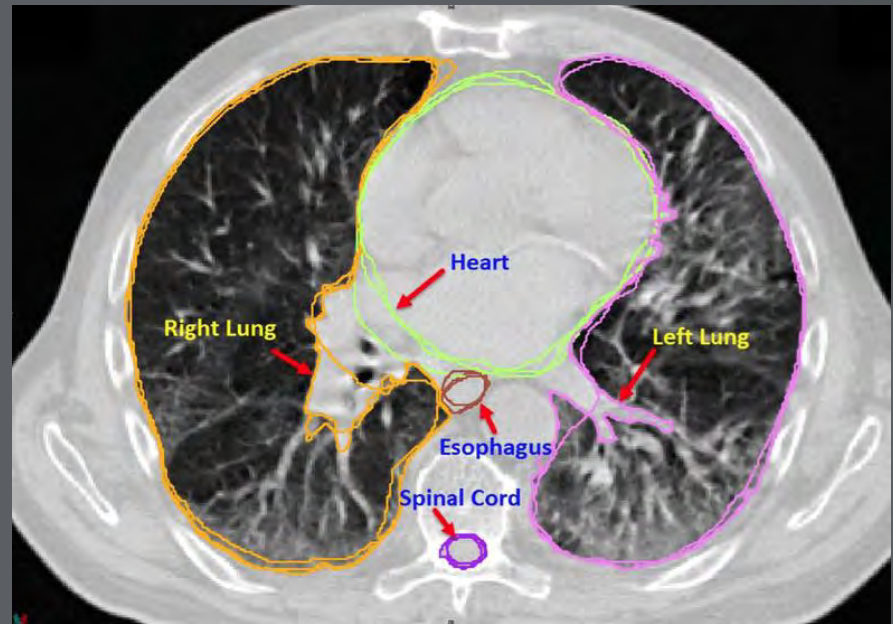
Advancements in Automation and AI



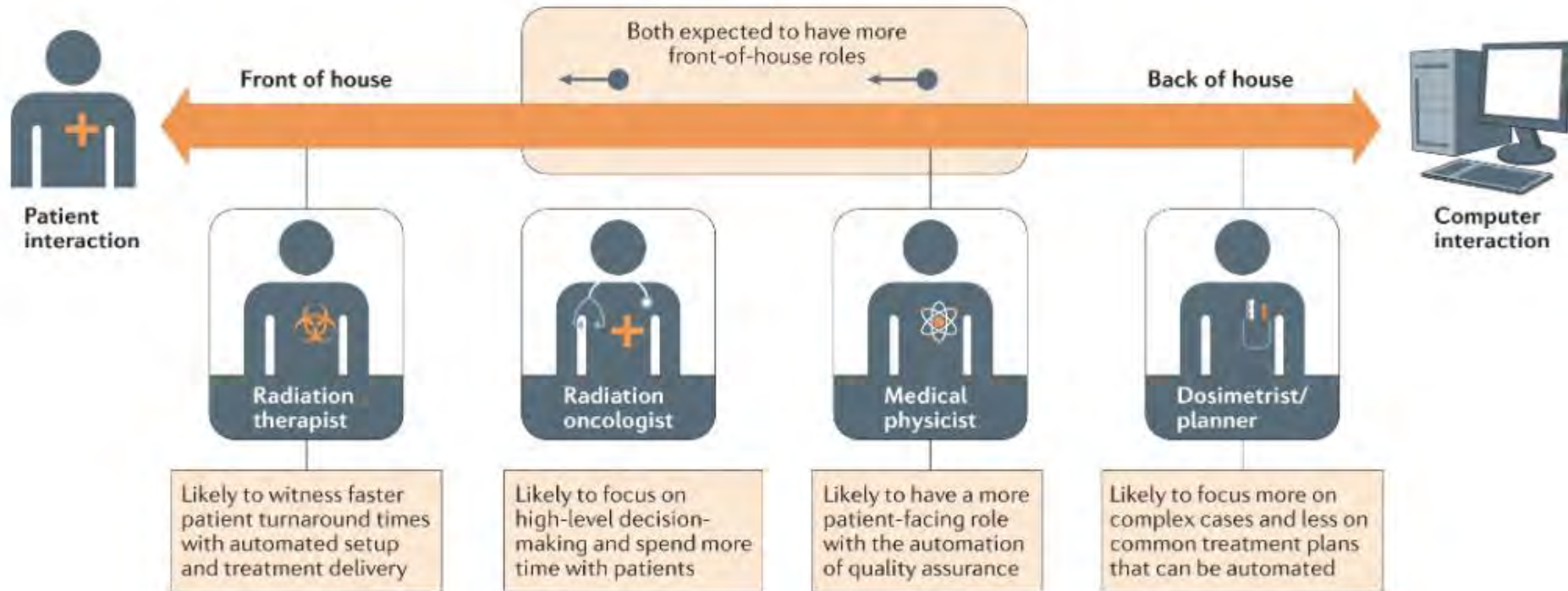
Advancements in Automation and AI

Established or emerging applications for automation and AI:

- Treatment response prediction
- Image registration
- Auto-segmentation
- Treatment planning
- Quality assurance
- Image guidance
- Motion management
- Treatment delivery
- Adaptive RT



Changing roles in the AI era



“Tomorrow belongs to those who can hear it coming.”

David Bowie



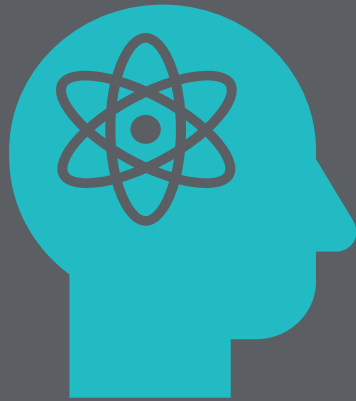
MEDPHYS 3.0



Medical physicists have a unique calling and expertise to be scientific agents of precision and innovation in the development and practice of medicine.

Charge: To integrate MP3.0 activities to enact, express, and enhance the full value of physics towards human health into the council working space of the AAPM. That includes practice, administrative, scientific, and educational goals. To identify and explore other areas besides radiotherapy and imaging where medical physicists can work in healthcare.





Expertise

Global definitions of
excellence

Advancing clinical
practice

Modeling leadership
Scientific innovation
and collaboration

Enhanced teaching



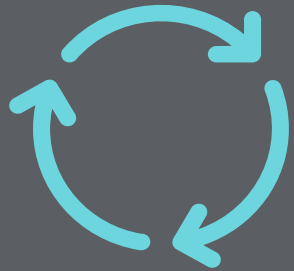


Visibility

Developing tools and skills to articulate the value of medical physics

- Marketing
- Advocacy
- Communication





Sustainability

Model practices that
can be achieved and
sustained

Encourage pragmatic
resources





Expansion

Clinical growth, new pathways

Scientific opportunities in all areas of medicine

Enhanced educational opportunities



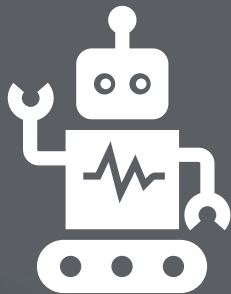
Picture a physicist



Nerd?



Geek?



Emotionless robot?







- Physicists can be trained in patient communication¹⁻²
- Physics consults may benefit patients³⁻⁴

A widely accepted framework of ethical norms:

1. Respect for autonomy

Respect and support autonomous decisions

2. Nonmaleficence

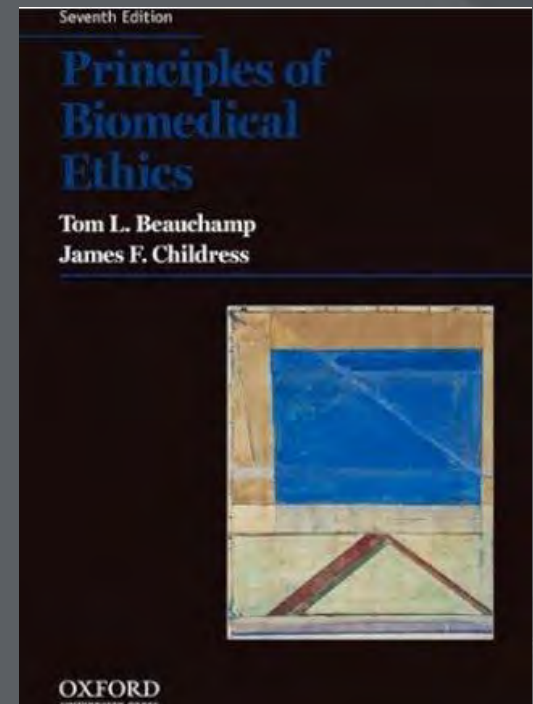
Avoid causing harm

3. Beneficence

Balance benefit and risk

4. Justice

Distribute benefits/risks fairly



Ethical justification

In contemporary biomedical ethics, it is widely accepted that healthcare providers have a strong moral reason to respect patient autonomy

Because autonomy comes in degrees, providers have a strong moral reason to *increase* patients' level of autonomy

Because autonomy relates directly to *understanding*, physicians have a strong moral reason to increase patients' level of understanding

Patient understanding and therefore autonomy in radiation oncology is currently limited, so our community has a strong moral reason to **change the status quo**

Ethical justification

Medical physicists have

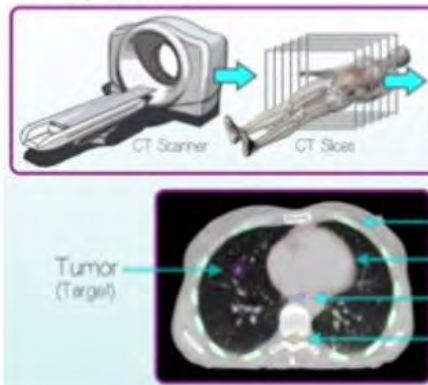
1. The technical expertise
2. The communication skills
3. The time (increasingly)
4. The movement (MedPhys3.0)



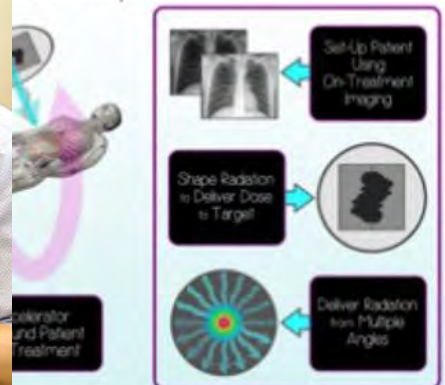
Clinical justification



CT Simulation



Delivery



Brown, Atwood, Moore, et al., JACMP, 2018

Atwood, Brown, Murphy et al., Int J Rad Onc Bio Phys, 2018

<https://medschool.ucsd.edu/som/radiation-medicine/research/Pages/PDPCI.aspx>



Training with eLearning



Methods

Module design



Transcript Help Exit

What makes up an effective consult?

- Be Prepared
- Verify the patient's name

yourself

patient to ask questions

The Four E's

◁ PREV NEXT ▷

Transcript Help Exit

REVIEW QUESTION ?

Which of the Four E's did the physicist use successfully in the interaction shown? Select all that apply. Double-click on the video clip to review the interaction if you are unsure.

- Engage
- Enlist
- Empathize
- Educate
- Energy

"It's understandable that you feel nervous. This technique reduces the chance of heart-related side effects."

◁ SUBMIT ▷

Menu

- Autonomy
- Behaviorance
- Training in essential
- Consult components
- Engage
- Empathize
- Educate
- Enlist
- Decision questions
- Quiz instructions
- DSM Consult video
- Question 1
- Question 2
- Strategies Complete
- Simulation
- Summative Assessment
- Quiz Instructions
- Question 1
- Question 2
- Question 3
- Question 4
- Question 5
- Credits



Methods

Module design

Ask the patient how he is feeling

Introduce yourself



Preliminary results

Prompt	Averages		
	Pre	Post	Change
How important is it to train medical physicists in patient communication, generally?	8	9	1
How important is it to offer physicist-patient consultations in the clinic?	6.5	8	1.5
I am confident in my ability to speak to patients about their treatments	6.5	8	1.5
I am confident that I can use empathy during patient interactions	9	8.5	-0.5
I am confident that I can engage the patient during patient interactions	7.5	9.5	2
I am confident that I can enlist the patient during patient interactions	6.5	7.5	1
I am confident that I can educate the patient during patient interactions	7.5	9.5	2



Future directions

This module will be integrated into a larger training program

eLearning

- Effective strategies
- Virtual simulations
- Assessments and feedback

Simulation

- Simulated patient interaction
- Discussion and assessment

Observation

- Recording or observation of initial patient interactions
- Discussion and assessment



Conclusions

- Advancements in Radiation Oncology may change future clinical roles
- One area physicists can contribute is in patient communication
- We are developing a novel training program that shows promise in its early stages

Many thanks to our physics group, especially those involved in eLearning development, as well as our supportive clinical team at UNMC/Nebraska Medicine





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