Early-Stage Endometrial Cancer

Andrew Wahl, MD August 20, 2022



Outline

- Epidemiology
- Staging/Evaluation
- Prognostic Factors
 - Clinicopathologic
 - Molecular
- Clinical Trials
 - PORTEC 1
 - GOG 99
 - PORTEC 2
 - GOG 249



Epidemiology

- 2018, 65,950 new cases of uterine cancer, 4th
 - 12,550 deaths
 - 1% increase/year, nonendometrioid
- Pathology
 - Endometrioid carcinoma: adenocarcinoma and adenocarcinoma-variants (with squamous differentiation; secretory variant; villoglandular variant; and ciliated cell variant)
 - Mucinous adenocarcinoma
 - Serous adenocarcinoma
 - Clear cell adenocarcinoma
 - Undifferentiated carcinoma
 - Neuroendocrinetumors
 - Mixed carcinoma (carcinoma composed of more than one type, with at least 10% of each component)
 - Carcinosarcoma

males			
11-11-16	east	287,850	31%
Lu	ng & bronchus	118,830	13%
- N	olon & rectum	70,340	8%
Uto	erine corpus	65,950	7%
Me	elanoma of the skin	42,600	5%
No	on-Hodgkin lymphoma	36,350	4%
Th	yroid	31,940	3%
Pa	ncreas	29,240	3%
Kid	dney & renal pelvis	28,710	3%
Le	ukemia	24,840	3%
timated	Deaths	347.22	El-rel
males	-,	137	17-2-1
males	Deaths ng & bronchus	61,360	21%
males Lu	-,	61,360 43,250	-231
males Lu Bre	ng & bronchus		15%
males Lu Bre	ng & bronchus east	43,250	15% 8%
males Lu Bre Co	ng & bronchus east olon & rectum	43,250 24,180	15% 8% 8%
males Lu Bro Co Pa	ng & bronchus east olon & rectum increas	43,250 24,180 23,860	21% 15% 8% 8% 4%
males Lu Bre Co Pa Ov	ng & bronchus east olon & rectum increas vary	43,250 24,180 23,860 12,810	15% 8% 8% 4%
males Lu Bra Co Pa Ov Ute	ng & bronchus east olon & rectum increas vary erine corpus	43,250 24,180 23,860 12,810 12,550	15% 8% 8% 4% 4%
males Lu Bre Co Pa Ov Ute Liv Le	ng & bronchus east blon & rectum encreas vary erine corpus	43,250 24,180 23,860 12,810 12,550 10,100	15% 8% 8% 4% 4%
males Lui Bro Co Pa Ov Ute Liv Le	ng & bronchus east blon & rectum increas vary erine corpus ver & intrahepatic bile duct	43,250 24,180 23,860 12,810 12,550 10,100 9,980	15% 8% 8% 4% 4% 4% 3%

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Racial Disparity

- Among black women, high incidence of nonendometrioid histologies
 - Poorer survival
- Compared to white patients, black patients are less likely to receive:
 - Hysterectomy
 - Chemotherapy
 - Radiotherapy



Genetics

- Germline Mutations
 - Lynch Syndrome: mutation in mismatch repair genes
 - 3% of endometrial cancers are related to Lynch Syndrome
 - Lifetime risk of endometrial cancers by age 70 years
 - 46-54% for MLH1 mutations
 - 21-51% for MSH2 mutations
 - 16-49% for MSH6 mutations
 - 13-24% for PMS2 mutations
 - Cowden Syndrome: breast, thyroid and endometrial cancer
 - PTEN mutation
 - 28% lifetime risk of endometrial cancer



Staging

FIGO Stage	
l ^a	Tumor confined to the corpus uteri
IAª	No or less than half myometrial invasion
IB ^a	Invasion equal to or more than half of the myometrium
ll _a	Tumor invades cervical stroma, but does not extend beyond the uterus ^b
III ^a	Local and/or regional spread of the tumor
IIIAª	Tumor invades the serosa of the corpus uteri and/or adnexae ^c
IIIB ^a	Vaginal involvement and/or parametrial involvement
IIICa	Metastases to pelvic and/or para-aortic lymph nodes
IIIC1 ^a	Positive pelvic nodes
IIIC2 ^a	Positive para-aortic nodes with or without positive pelvic lymph nodes
IV ^a	Tumor invades bladder and/or bowel mucosa, and/or distant metastases
IVA ^a	Tumor invasion of bladder and/or bowel mucosa
IVB ^a	Distant metastasis, including intra-abdominal metastases and/or inguinal nodes)



Traditional Classification

	Type I	Type II
Age	Younger	Older
Grade	1-2	3
Smoking	No	Yes
Estrogen	Yes	No
Atypical Hyperplasia	Yes	No
Early Stage	Yes	No
Non-endometrioid	No	Yes



Prognostic Factors

Clinical Factors

- Grade
- Pathologic subtype
- Age
- Lymphovascular space invasion
- Depth of myometrial invasion
- Stage
- Size
- Microcystic elongated and fragmented pattern (MELF)

Molecular Factors

- TP53 mutation
- P13/AKT/mTOR pathway defects
- L1CAM Expression
- HER2 mutation
- Loss of function PTEN
- MSI
- KRAS mutation



Risk Stratification

Low Risk
Low Intermediate Risk
High Intermediate Risk
High Risk

ASTRO

NCCN

ESTRO

Coop Groups

GOG 99

PORTEC1

PORTEC2

GOG 249



Risk Stratification: GOG

Clinicopathologic Risk Factors GOG 99 HIR GOG 249 HIR

- > 70 years old with one factor
 - Grade 2-3
 - Outer 1/3 MI
 - LVSI
- ≥ 50 years old with two risk factors
- Any age with three risk factors

- > 70 years old with one factor
 - Grade 2-3
 - Outer ½ MI
 - LVSI
- ≥ 50 years old with two risk factors
- Any age with three risk factors
- Stage II endometrioid carcinoma



Risk Stratification: NCCN

Clinicopathologic Risk Factors

- Risk Factors
 - Age ≥ 60
 - Depth of invasion
 - LVSI
- Consider vaginal brachytherapy if 1 factor present, strongly consider if two risk factors present

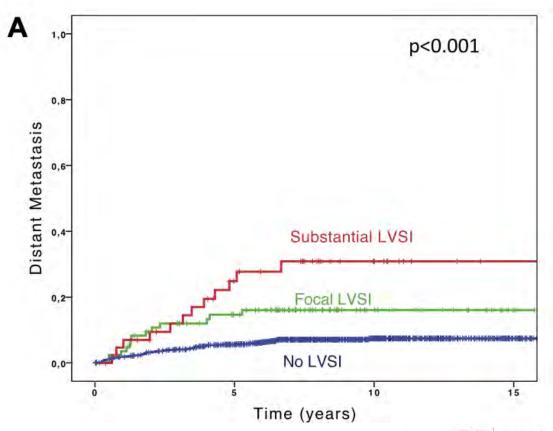
FIGO Stage	Histologic Grade	Adjuvant Treatment
IA	G1, G2	Observation preferred or Consider vaginal brachytherapy if lymphovascular space invasion (LVSI) and/or age ≥60 y ⁿ
	G3	Vaginal brachytherapy preferred or Consider observation if no myoinvasion or Consider EBRT if either age ≥70 y or LVSI (category 2B)
IB	G1	Vaginal brachytherapy preferred or Consider observation if age <60 y and no LVSI
	G2	Vaginal brachytherapy preferred or Consider EBRT if ≥60 y and/or LVSI or Consider observation if age <60 y and no LVSI
	G3	RT (EBRT and/or vaginal brachytherapy) ± systemic therapy (category 2B for systemic therapy)

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LVSI in PORTEC 1 and 2

N=954, three-tiered scoring for LVSI

Risk of Distant Metastasis



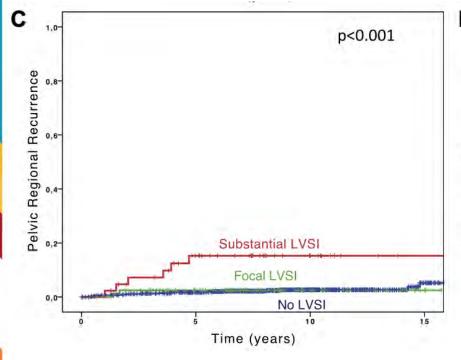


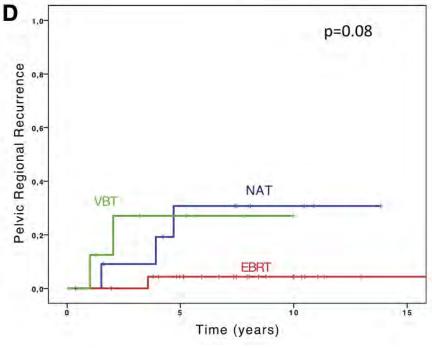
LVSI in PORTEC 1 and 2

N=954, three-tiered scoring for LVSI

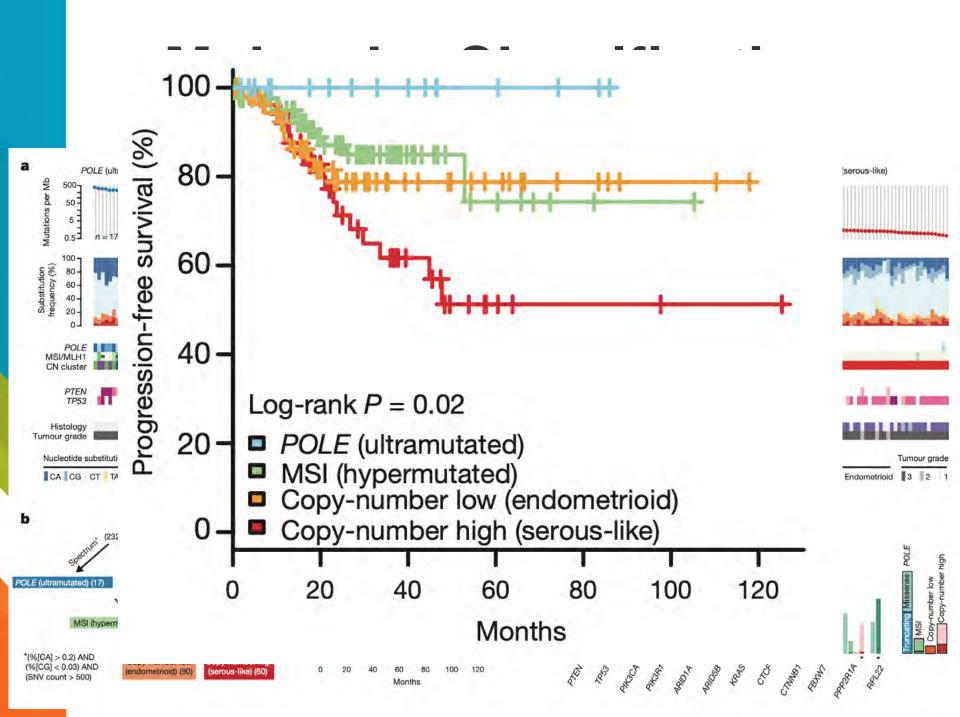
Risk of Pelvic Recurrence

Recurrence by Treatment









Molecular Classification

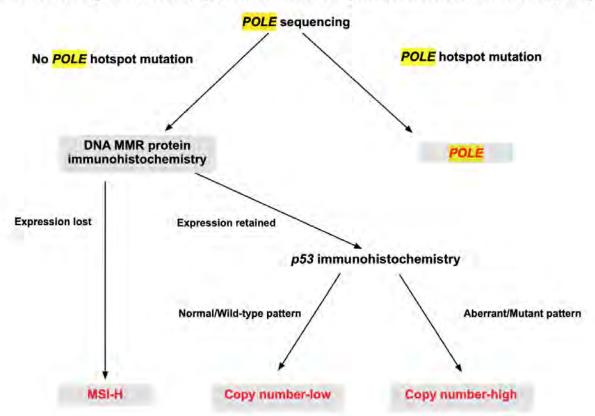
- POLE (DNA Polymerase epsilon) ultramutated
 - Best prognosis
 - Frequent mutations in POLE domain
 - 4% of endometrioid carcinoma
- MSI hypermutate (MMRd)
 - High mutation rates
 - High methylation rate, low PTEN expression
 - 39% of endometrioid carcinomas
- Copy number low (NSMP)
 - SOX17 and KRAS frequently mutated
 - High PR rate, RAD50 expressed
 - 49% of endometrioid carcinomas
- Copy number high (p53mut)
 - Worst prognosis
 - Frequent p53 mutations, unique PTEN mutation
 - 8% of endometrioid carcinoma



NCCN Guidelines

PRINCIPLES OF MOLECULAR ANALYSIS

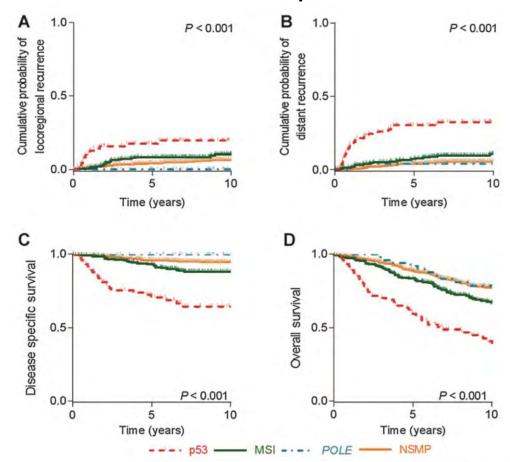
FIGURE 1: PATHOLOGY AND GENOMICS IN ENDOMETRIAL CARCINOMA
(The decision to use molecular testing/classification depends on the availability of resources and the multidisciplinary team of each center)^{f,g}





Molecular Prognosis Confirmation Studies

N=947, PORTEC-1 and 2 patients





PORTEC

- Post-operative stage I, n=715
 - Grade 1, > 0.5 MI
 - Grade 2, any MI
 - Grade 3, < 0.5 MI
- Primary endpoint: OS and LR
 - Median f/u= 52 months

TAH & BSO without LN sampling

Peritoneal cytology not required

REGIMEN 1

Pelvic RT 46 Gy
No vaginal brachytherapy

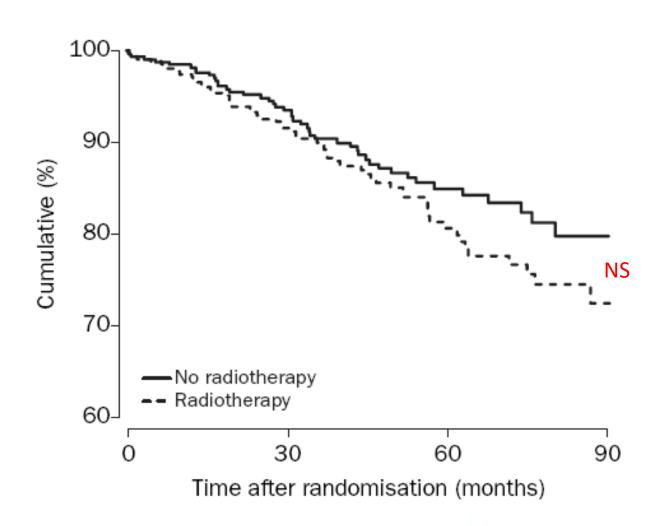
REGIMEN 2

No further therapy



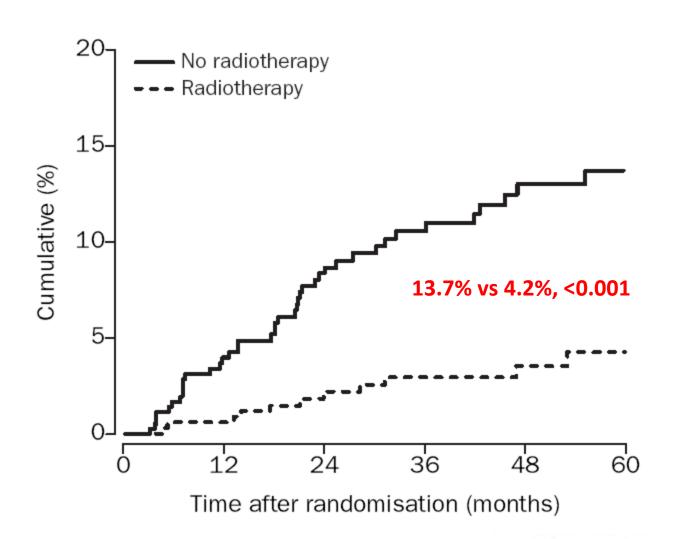
Creutzberg al., Lancet, 2000

PORTEC- Overall Survival





PORTEC- Local Recurrence





PORTEC- Toxicity

	Observation	Pelvic RT
5-year LR	14%	4%
5-year OS	85%	81%
Any treatment complications	6%	25%
Grade 3-4 complications	0%	2%

- Post-operative stage IB-occult II, n=392
- Primary endpoint: Recurrence free survival

TAH & BSO with selective pelvic/para-aortic LN sampling Peritoneal cytology assessed

REGIMEN 1

Pelvic RT 50.4 Gy
No vaginal brachytherapy

REGIMEN 2

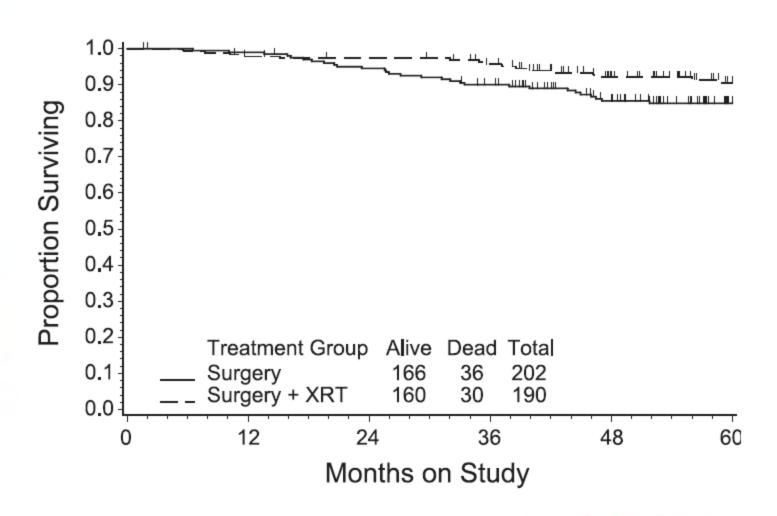
No further therapy



- A non-significant improvement in survival was noted in RT group
 - 92% versus 86%, p=0.55
 - ½ of deaths not due to endometrial cancer
- RT group had superior pelvic control at 2 years
 - 12% versus 3%, p<0.01
 - Of the 3 recurrence in RT arm, 2 did not receive RT
- Recurrence rate at 5.5 years without RT was 15%
- 15% complication rate in RT arm, 6% in Obsarm

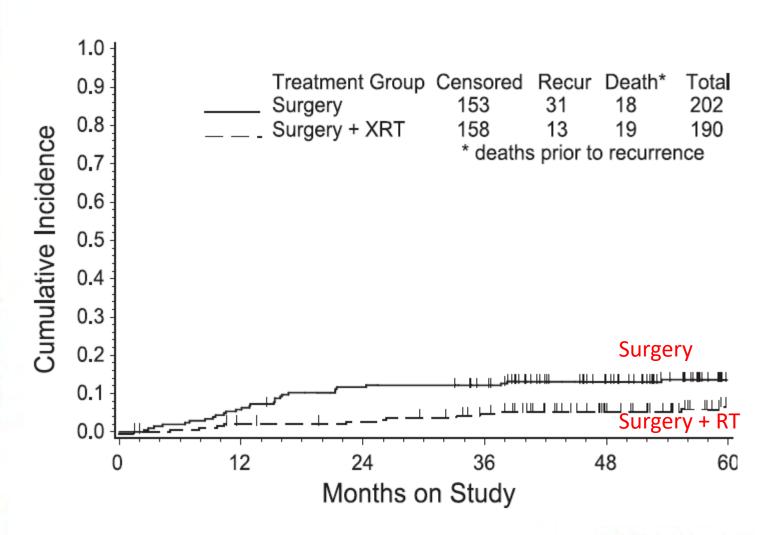


GOG 99- Survival





GOG 99- Local Recurrence





GOG 99- Subgroup Analysis

- Target population had lower risk of recurrence than expected
- HIR (high intermediate risk) patient classification developed
 - Age ≥ 70 with 1 factor: grade 2-3, +LVI, outer 1/3MI
 - Age ≥ 50 with 2 factors: grade 2-3, +LVI, outer1/3 MI
 - Any age with all 3 factors

	4-yr OS	4-yr LR
Pelvic RT	88%	27%
No RT	74%, p=NS	13%



Comparison of Risk Groups: GOG & PORTEC

Risk Levels	PORTEC	GOG 99
Risk Factors Age Grade Deep Invasion LVI	<60 vs. >60 Grade 1-2 vs. 3 <50% vs. >50%	<50 vs. <70 vs. >70 Grade 1 vs. 2-3 <66% vs. >66% Absent vs. present
High-risk definition	At least 2 of 3 factors	Any age and 3 factors Age ≥ 50 and 2 factors Age ≥ 70 and 1 factor
Results in high risk group	10-yr locoregional relapse RT: 5% No RT: 23% With GOG high-risk criteria RT: 8% No RT: 22%	4-year relapse (any): RT: 14% No RT: 27% 4-yr isolated local relapse: RT: 5% No RT: 13%



- Eligibility
 - Age>60 and stage IC, grade 1 or 2
 - Age>60 and stage IB, grade 3
 - Any age, stage IIA, any grade

TAH & BSO without LN sampling unless suspicious

Primary endpoint: vaginal relapse

REGIMEN 1

Pelvic RT 46 Gy
No vaginal brachytherapy

REGIMEN 2

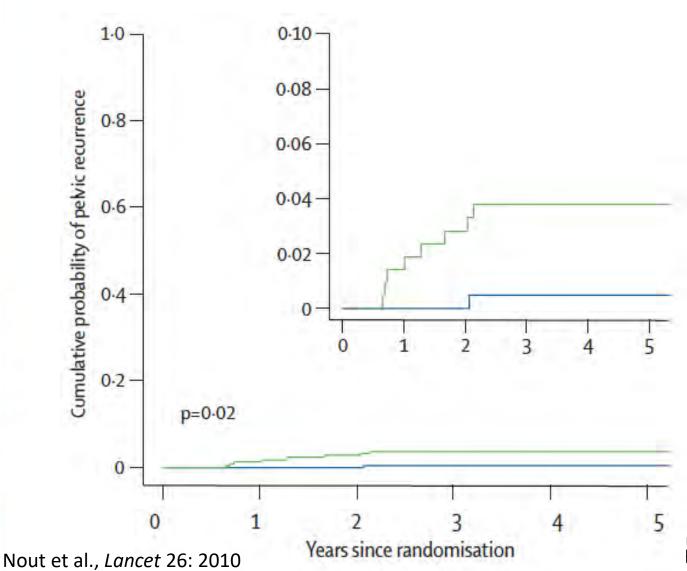
Adjuvant vaginal brachytherapy
HDR 21 Gy/3 fxn
LDR 30 Gy/1 fxn



Nout et al., Lancet 26: 2010

	EBRT (n=214)	VBT (n=213)
Time between surgery and radiotherapy (days)	43-4 (0-8)	42-5 (0-8)
Duration of radiotherapy (days)	30.9 (0.2)	12.9 (0.4)
Dose (Gy)		
EBRT	46-0 (0-9)	-
VBT: HDR*	4	21.1 (0.1)
VBT: MDR*	ē.	28-5 (0-5)
VBT: LDR*	ė.	29-0 (0-3)
Median VBT cylinder diameter (mm [range])	*	30 (20-40)
VBT length of 100% isodose (mm)	+	46.5 (0.7)
Data are mean (SE) unless otherwise indicate VBT=vaginal brachytherapy. HDR=high-dose LDR=low-dose rate. *VBT was delivered with in 19 (8·9%) patients, and with MDR in eigh	e rate. MDR=medium- n HDR in 182 (85·4%)	dose rate.





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	Events/total	Estimated 5-year (%; 95% CI)	Hazard ratio (95% CI)*	Log-rank pvalue
Vaginal recurrence				
EBRT	4/183	1-9% (0-6-5-8)	1-00	0-39
VBT	2/183	1.5% (0-4-6-5)	0.48 (0.09-2.64)	
Pelvic recurrence				
EBRT	1/183	0-6% (0-1-4-0)	1-00	0.06
VBT	6/183	3-3% (1-5-7-3)	6-10 (0-73-50-7)	
Locoregional recurrence				
EBRT	5/183	2-4% (0-9-6-5)	1-00	0-42
VBT	8/183	4-8% (2-4-9-7)	1-58 (0-52-4-86)	
Distant metastases				
EBRT	10/183	5-0% (2-6-9-4)	1-00	0.79
VBT	11/183	6-4% (3-6-11-5)	1-12 (0-48-2-64)	
Disease-free survival				
EBRT	24/183	80-2% (71-4-89-0)	1-00	0-89
VBT	25/183	84-5% (78-6-90-4)	1-04 (0-59-1-82)	
Overall survival				
EBRT	19/183	82-1% (73-5-90-7)	1-00	0-66
VBT	22/183	86-2% (80-5-91-9)	1:15 (0:62-2:13)	

Table 4: Recurrence and survival for patients at true high-intermediate risk after pathology review (n=366)

PORTEC 2 Results

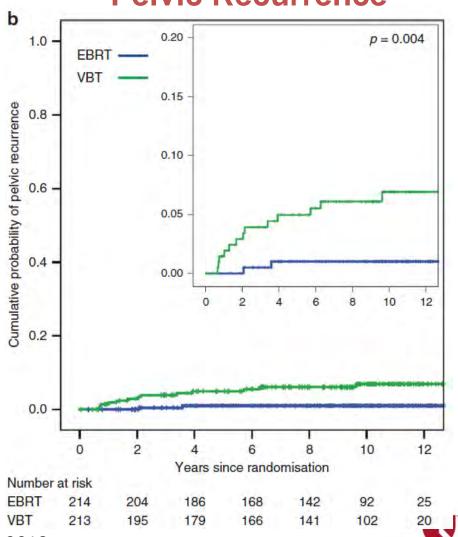
	N	5 yr Vaginal Rel.	5 yr Pelvic Rel.	5 yr DM	5 yr OS
Vaginal Brachy	214	1.8%	3.8%	8.9%	84.8%
Pelvic RT	213	1.6%	4.6%	5.7%	79.6%
		p=0.74	p=0.02	p=0.46	p=0.57
	N	10 yr Vag Rel.	10 yr Pelv Rel.	10 yr DM	10 yr OS
Vaginal Brachy	214	3.4%	6.3%	10.4%	69.5%
Pelvic RT	213	2.4%	0.9%	8.9%	67.6%
			p=0.004	p=0.49	p=0.72

Conclusion: vaginal brachytherapy should be treatment of choice for high-intermediate risk endometrial cancer



PORTEC 2 10-year Update

Pelvic Recurrence



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- N=601
- Primary outcome was RFS

Stage I-II ≥70 yo with 1 Risk Factor ≥50 yo or older with 2 Risk Factors ≥18 yo with 3 Risk Factors

Risk Factors: grade 2-3, Outer 1/2 depth invasion, LVSI

Clear cell and pap serous included

Pelvic RT

45-50.4 Gy in 25-28 fx 3D or IMRT VBT boost allowed for cervix + or clear cell

VBT + 3c Carbo/Taxol

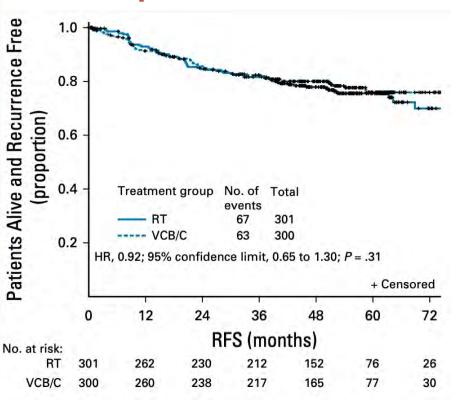
6-7 Gy @ 0.5 cm depth x 3 fractions 10-10.5 Gy @ surface x 3 6 Gy @ surface x 5 3-5 cm length



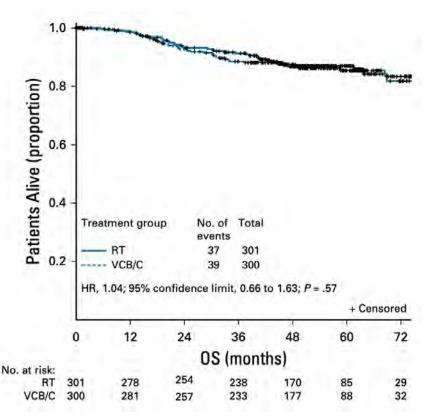
- Median FU was 53 months
- 5-year RFS: 76% (RT) vs 76% (VBT + CT), p=NS
- 5-year OS: 87% (RT) vs 85% (VBT + CT), p=NS
- 5-year pelvic and PALN recurrence
 - 4% (RT) vs 9% (VBT + CT)
- No differences in
 - Vaginal cuff recurrence: 2.5%
 - Distant recurrence: 18%
- Increased fatigue and neurotoxicity in VBT and chemotherapy arm



Relapse Free Survival



Overall Survival









BuffettCancerCenter.com
Omaha, Nebraska