

# Current Knowledge and Prospective of FLASH Radiotherapy

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## Learning Objectives

- ◆ To review current findings in FLASH
- ◆ To discuss unknowns and challenges in FLASH research
- ◆ To project potential improvements and directions in future radiotherapy

## Disclosures

- ◆ Research grants: NIH Grant (P01); Sponsored Research Grant from IBA
- ◆ Speaker Bureau Honorarium: Varian
- ◆ Consortiums: Varian FlashForward™; IBA ConformalFLASH® Alliance





**Have you heard about...**

# FLASH RT

**Did you Know?**

FLASH therapy is one of the hottest topics in radiation therapy!

3

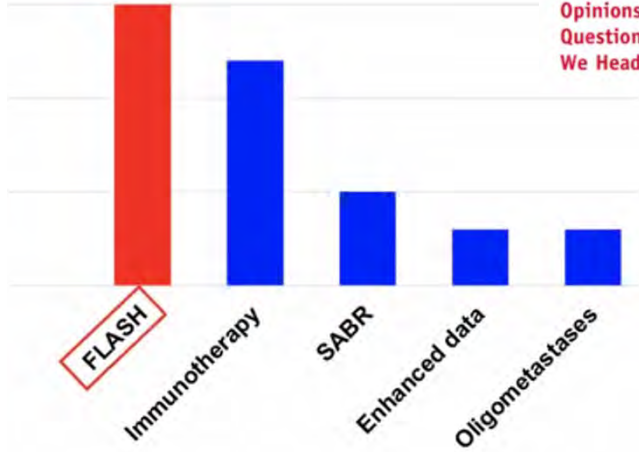


## ASTRO Member Survey

International Journal of Radiation Oncology • Biology • Physics **ASTRO**



♦ What is the One Big Discovery that needs to be translated into the clinic RIGHT NOW?

EDITORIAL  
Responses to the 2018 and 2019 "One Big Discovery" Question: ASTRO Membership's Opinions on the Most Important Research Question Facing Radiation Oncology...Where Are We Headed?



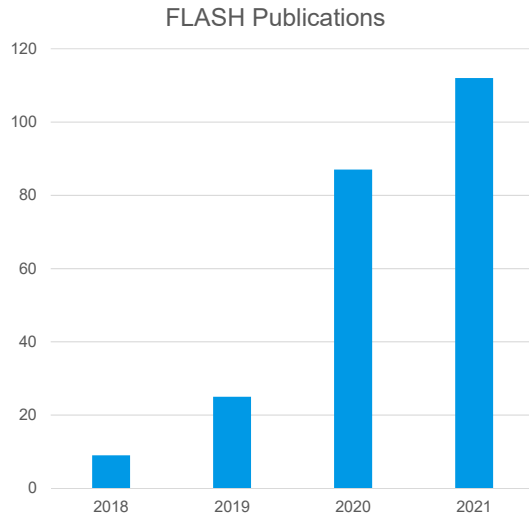
Discovery	Relative Frequency
FLASH	High
Immunotherapy	Medium-High
SABR	Medium
Enhanced data	Low
Oligometastases	Low

4

## FLASH Related Publications

- ◆ 1/3 of publications are review articles!



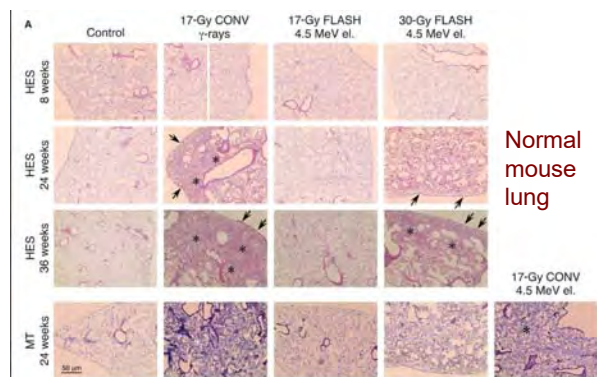
## What is FLASH RT? – Sparing normal tissues

- ◆ It stirred from a major scientific publication using electron beams:

- It is ionizing radiation (electron or proton) delivered at ultra-high dose rates (>40 Gy/sec) over a very short duration (less than a second).
- **FLASH-RT is less toxic to normal tissues while maintaining tumor control**



Professor Vincent Favaudon  
Institut Curie, INSERM



Favaudon et al., *Science Transl. Med.* 2014

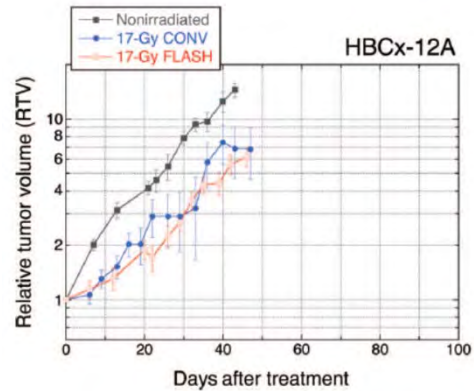
## What is FLASH RT? – without compromising tumor control

♦ **It stirred from a major scientific publication using electron beams:**

- It is ionizing radiation (electron or proton) delivered at ultra-high dose rates (>40 Gy/sec) over a very short duration (less than a second).
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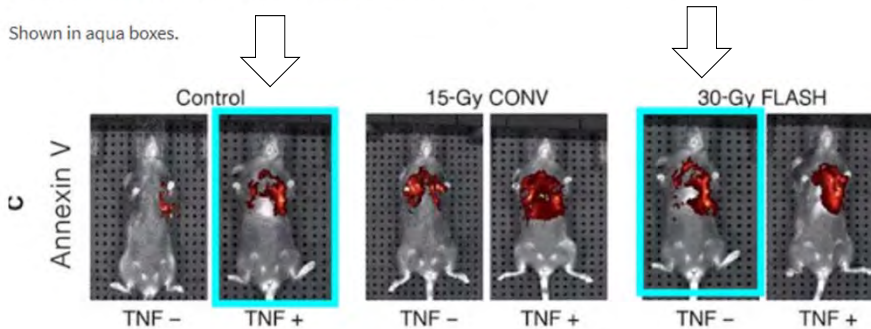
Favaudon et al., *Science Transl. Med.* 2014

### <https://pubpeer.com> Dr. Elisabeth Bik - Finding Fake Publications

#1 Elisabeth M Bik commented a year ago

Figure 2C. The same mouse appears to be visible twice. The measured signal is slightly different between the 2 panels, but similarly shaped. Could the authors please check?

Shown in aqua boxes.



Sept 18, 2019

## Error was corrected on Dec. 24, 2019

### ERRATUM

Erratum for the Research Article: "Ultra-high dose-rate FLASH irradiation increases the differential response between normal and tumor tissue in mice" by V. Favaudon et al.

In the Research Article "[Ultra-high dose-rate FLASH irradiation increases the differential response between normal and tumor tissue in mice](#)," IVIS images were presented incorrectly in Fig. 2C and Fig. 4B. The panel [30 Gy FLASH, TNF-] in Fig. 2C has been replaced; the quantification is correct. Panel B in Fig. 4 has been replaced. In the last paragraph of the Results section, the sentence should read "...80% of the mice exposed to 28-Gy FLASH were still alive, and 60% of them were free of tumors at 62 days..." **This mistake does not affect the conclusions of the study. The PDF and HTML (full text) have been corrected.**

<https://stm.sciencemag.org/content/11/523/eaba4525>

## What is the threshold dose rate for FLASH?

### ◆ It came from a publication using electron beams:

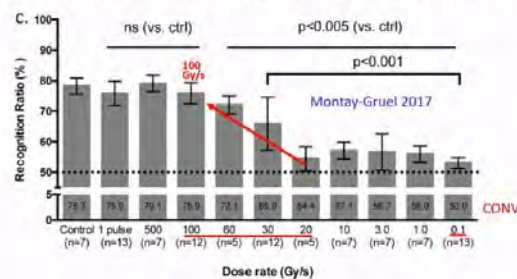
- It is ionizing radiation (electron or proton) delivered at ultra-high dose rates (>40 Gy/sec) over a very short duration (less than a second).
- Brain neurocognitive study in a mouse study

### ◆ Dose rate definition?



Professor Marie-Catherine Vozenin  
University Hospital of Lausanne

Brain neurocognitive Recognition ratio versus Dose rate



20-min carbogen breathing before and during irradiation of the brain was sufficient to abolish the neurocognitive benefits of FLASH, confirming the low physoxia level needed to produce a FLASH-induced protective effect. Montay-Gruel et al, 2020

## Some Reported a threshold and most others did not

Venkatesulu BP, Sharma A, Pollard-Larkin JM, et al.  
Ultra high dose rate (35 Gy/sec) radiation does not spare the normal tissue in cardiac and splenic models of lymphopenia and gastrointestinal syndrome. *Sci Rep* 2019;9:17180.

**SCIENTIFIC  
REPORTS**  
nature research

**OPEN** **Ultra high dose rate (35 Gy/sec) radiation does not spare the normal tissue in cardiac and splenic models of lymphopenia and gastrointestinal syndrome**

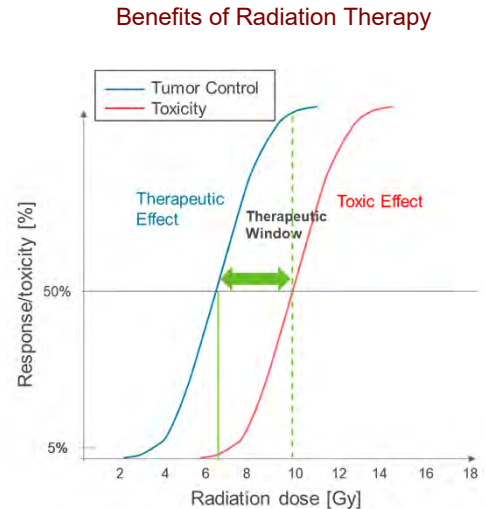
Bhanu Prasad Venkatesulu<sup>1,6</sup>, Amrith Sharma<sup>1,6</sup>, Julianne M. Pollard-Larkin<sup>3</sup>, Ramaswamy Sadagopan<sup>3</sup>, Jessica Symons<sup>1,4</sup>, Shinya Neri<sup>1</sup>, Pankaj K. Singh<sup>1</sup>, Ramesh Tailor<sup>3</sup>, Steven H. Lin<sup>1,2,4\*</sup> & Sunil Krishnan<sup>1,2,4,5\*</sup>

## Radiobiological Effects of Ultra-High FLASH Dose Rate Using X-Rays Generated by the Small Animal Radiation Research Platform - John R. Cameron Early-Career

- ◆ Denisa Goia etc. to be presented at upcoming AAPM annual meeting (2022)
- ◆ **Methods:** A Small Animal Radiation Research Platform (SARRP) was used to deliver **45 Gy** using a Standard dose rates of **0.24 Gy/s** and a FLASH dose rate of **45 Gy/s**. 9 week old C57BL/6J mice were assigned into groups of 20 to receive 45 Gy to the hind leg.
- ◆ **Results:** The FLASH group showed **no difference** from Standard group in skin reaction, percent weight change, and skin inflammation at Day 18. The IVIS imaging of the released myeloperoxidase activity by the activated neutrophils gave a similar result at 9, 18, 27, 36, and 72 days post-irradiation. Late effects, such as lymphedema, showed no difference between groups as well.
- ◆ **Conclusion:** **Photon FLASH may not have the same thresholding FLASH dose rate as in electrons or protons. More research is needed**

## General Comments

- ♦ High dose rate effects had been previously reported in early 70's
  - Roger Berry 1973; Eric Hall 1991
- ♦ Ultra-high dose rate is not readily available until now
- ♦ *In vitro* studies do not demonstrate the effect unless the cells are already in mildly hypoxic condition (very rare)
- ♦ Mice experiments were reproduced at different labs around the world by different radiation modalities
  - Demonstrating an approximately 30% sparing effects
- ♦ **The FLASH mechanism is still unknown!**
  - There have been many theories
- ♦ If this is true, it is a game changer for radiation therapy



## In vivo vs. In vitro Studies

- ♦ Far fewer evidence of FLASH effects in *in vitro*
- ♦ FLASH effects depend on the micro environment of living organs to demonstrate its true efficacy



## Different Hardware Platforms to achieve the FLASH effects

### ◆ Electron FLASH

- Benchtop system for research
- Modified commercial linacs
  - Varian; Elekta etc.
    - Rahman et al. Dartmouth team: ~1 Gy/pulse
- IORT machines
  - Mobetron, NOVAC 7
- Very High Energy Electron (VHEE)



Petersson et al. 2017  
 Jaccard et al. 2017  
 Montay-Gruel et al. 2017  
 Jaccard et al. 2018  
**Commercialized as FLASHKNIFE™**



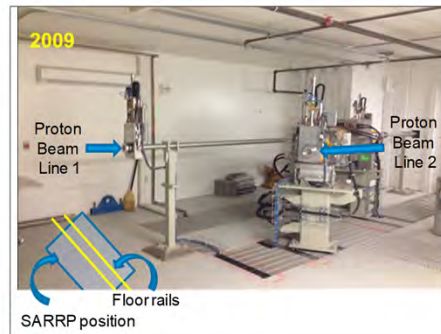
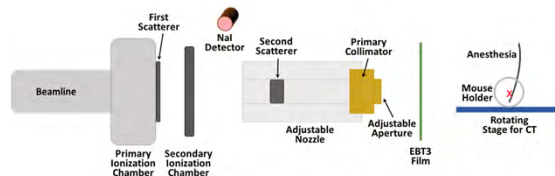
TABLE I. Variable parameters in UHDR mode and their respective range.

Example of FLASH Machine Specifications:	Parameter	Moeckli et al. Med Phys. 2021	Range
	Beam energy [MeV]		6 or 9
	Pulse width (PW) [ $\mu$ s]		0.5–4
	Number of pulses		1–200
Mobetron™	Pulse repetition frequency (PRF) [Hz]		5–90
Moeckli et al. 2021	Maximum dose per pulse* [Gy]		>8

## Different Hardware Platforms to achieve the FLASH effects

### ◆ Particle FLASH

- Diffenderfer et al. IJRBP 2020 (the first proton FLASH experiments published)
- Varian FAST01 Trial: pre-commissioned rectangular fields using PBS scanning pattern (56 Gy/s)
- Darafsheh et al. “Feasibility of proton FLASH irradiation using a synchrocyclotron for preclinical studies” Med Phys (2020).
  - 100-200 Gy/s at center of SOBP
  - ~0.3 Gy per pulse (@4 $\mu$ s pulse width) at 648 Hz
- Dokic et al. “Carbon Ion FLASH: first investigation in human brain organoids” IJRBP 2021
  - ~40 Gy/s for 7.4 Gy (LETd=12 keV)
  - DNA-damage repair



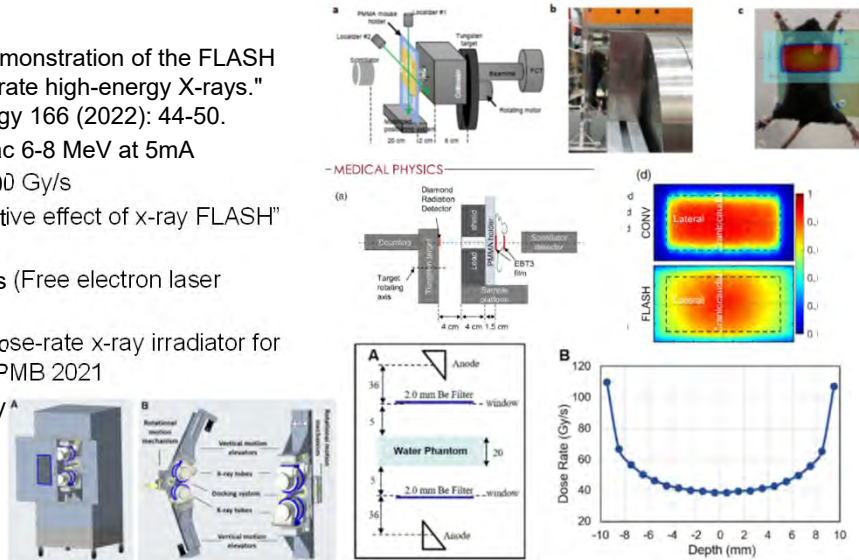
Diffenderfer et al., IJRBP, 2020



## Different Hardware Platforms to achieve the FLASH effects

### ◆ Photon FLASH

- Gao, Feng, et al. "First demonstration of the FLASH effect with ultrahigh dose rate high-energy X-rays." *Radiotherapy and Oncology* 166 (2022): 44-50.
  - Industrial electron linac 6-8 MeV at 5mA
  - Mean dose rate ~ 1000 Gy/s
- H. Zhu et al. "Radioprotective effect of x-ray FLASH" *Med. Phys.* (49) 2022
  - 6MV x-rays >150 Gy/s (Free electron laser accelerator)
- Rezaee et al. "Ultrahigh dose-rate x-ray irradiator for pre-clinical lab research" *PMB* 2021
  - A pair of 150kVp x-ray
  - 40-240 Gy/s

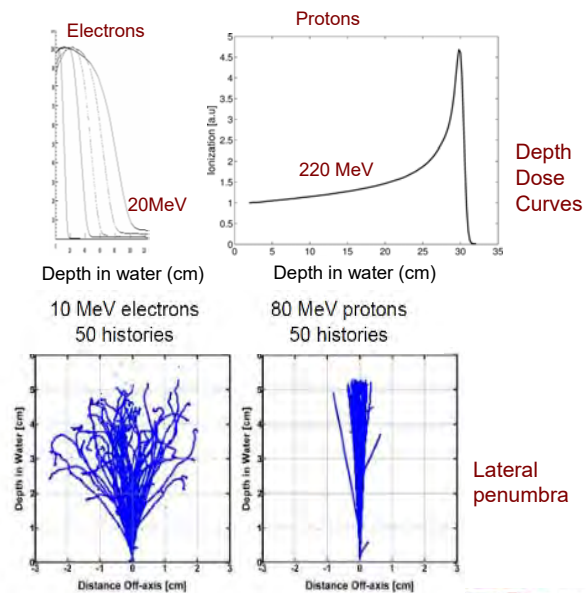


Rezaee et al. *PMB* 2021



## What is the best beam delivery for FLASH effect?

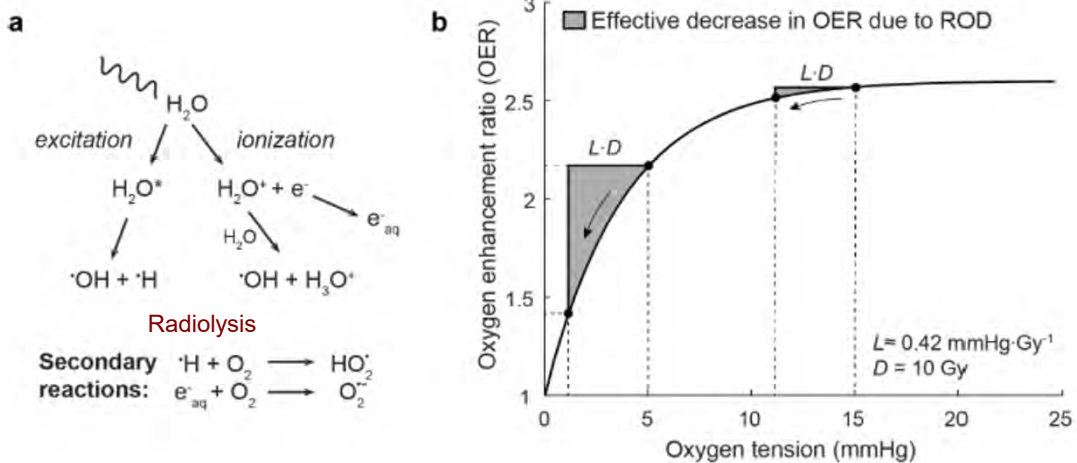
- ◆ **Proton FLASH is promising**
  - Treating deep-seated tumors
- ◆ **Better dose conformality (small lateral penumbra)**
- ◆ **Easier to upgrade from commercial systems (cyclotron-based)**
  - Already at high dose rate
  - Pencil beam scanning
- ◆ **High-energy electron is also possible**
- ◆ **It is too early to say, we need to understand the mechanism of FLASH first.**



## UHDR ≠ FLASH

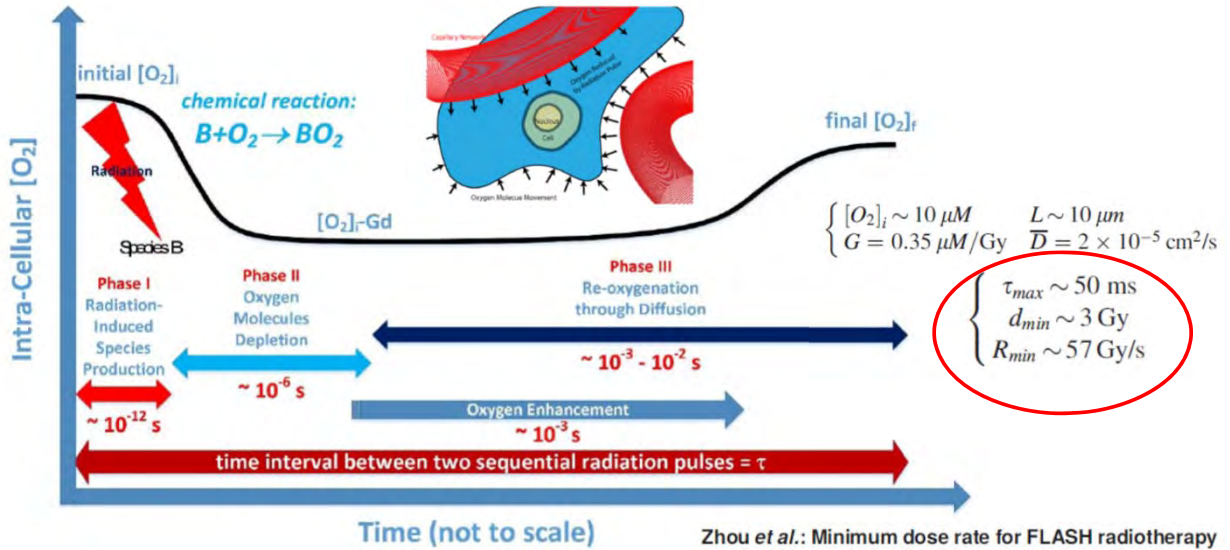
- ◆ **Definition: Ultra-High Dose Rate (UHDR) delivery of radiation therapy**
- ◆ **FLASH: the normal tissue biological sparing effects under UHDR**
  - FLASH implies UHDR
  
- ◆ **FLASH is biology-based radiation therapy**
  
- ◆ **The fundamental biological mechanism for UHDR is still unknown!**

## Pratx & Kapp – an Oxygen Depletion Model during FLASH

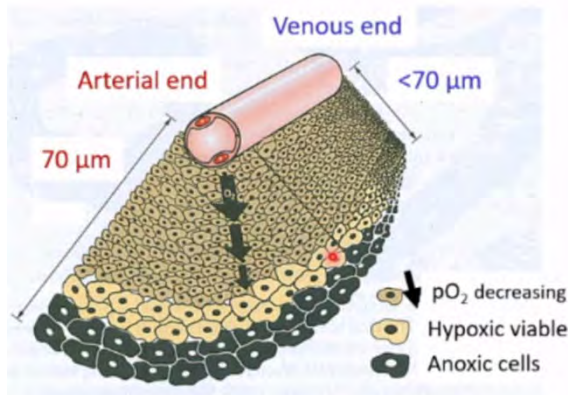


Pratx, G. and D. S. Kapp (2019). "A computational model of radiolytic oxygen depletion during FLASH irradiation and its effect on the oxygen enhancement ratio." *Phys Med Biol* **64(18): 185005**.

# Oxygen Effects in Pulse Radiation and Minimum Dose Rate



# Heterogeneity and Dynamic Nature of Oxygen Distribution in Tissues



If oxygen plays a role, the FLASH effects could be tissue-specific or exhibits a partial response

Diffusion-limited chronic hypoxia  
[ +Perfusion-limited acute hypoxia ]

"Radiobiology for Radiologist" – Eric Hall and Amato Giaccia

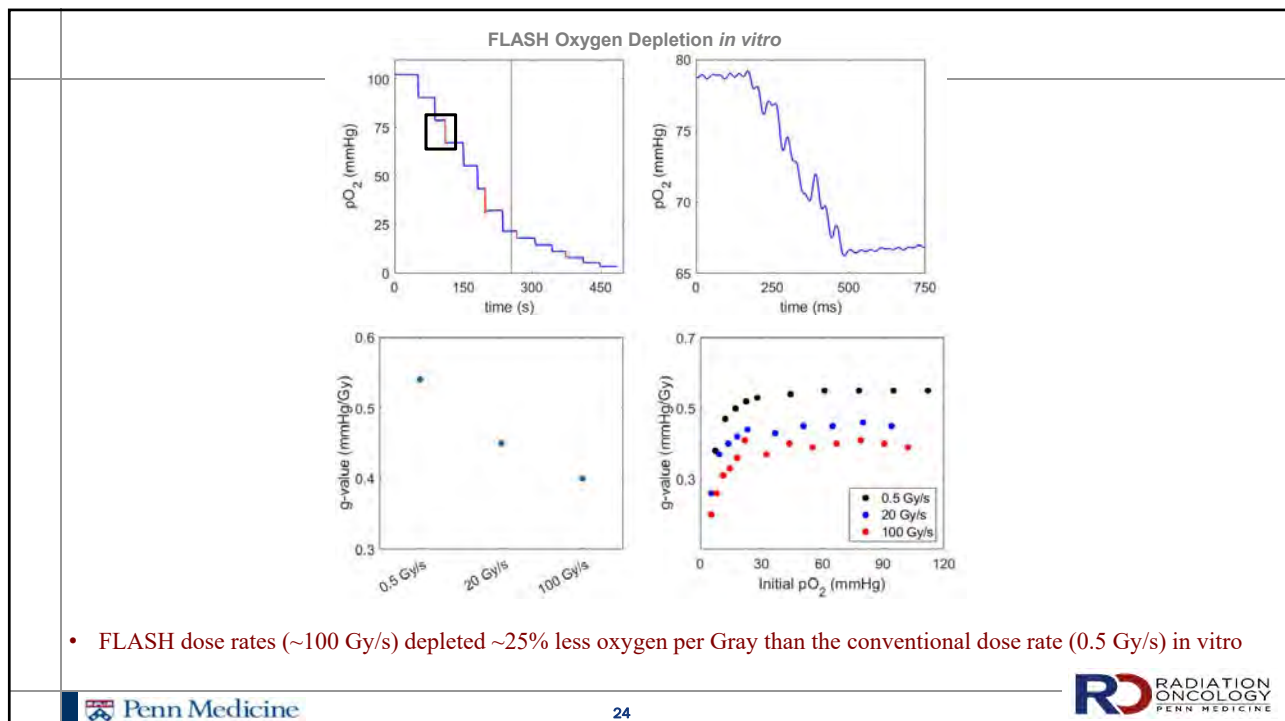
## Measuring Oxygen Concentration at Ultra-Fast Rates During Proton FLASH Delivery Using Phosphorescence Quenching of Soluble Oxyphor Probes

A. L. Van Slyke<sup>1</sup>, M. El Khatib<sup>2,3</sup>, K. Shoniyozov<sup>1</sup>, E. S. Diffenderfer<sup>1</sup>, M. M. Kim<sup>1</sup>, C. J. Koch<sup>1</sup>, S. A. Vinogradov<sup>2,3</sup>, and R. D. Wiersma<sup>1</sup>; <sup>1</sup>Department of Radiation Oncology, <sup>2</sup>Department of Biochemistry and Biophysics; <sup>3</sup>Department of Chemistry, University of Pennsylvania, Philadelphia, PA

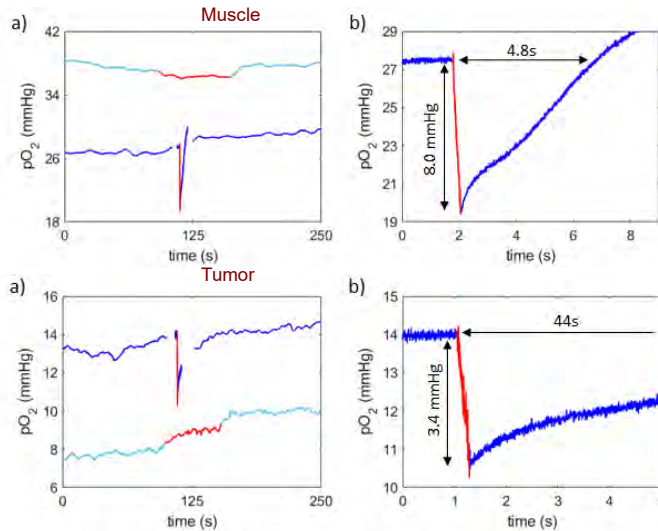
July 27, 2021

Radiation Research 198 (2) 2022  
<https://doi.org/10.1667/RADE-21-00232.1>

DEPARTMENT OF RADIATION ONCOLOGY AND PROTON THERAPY

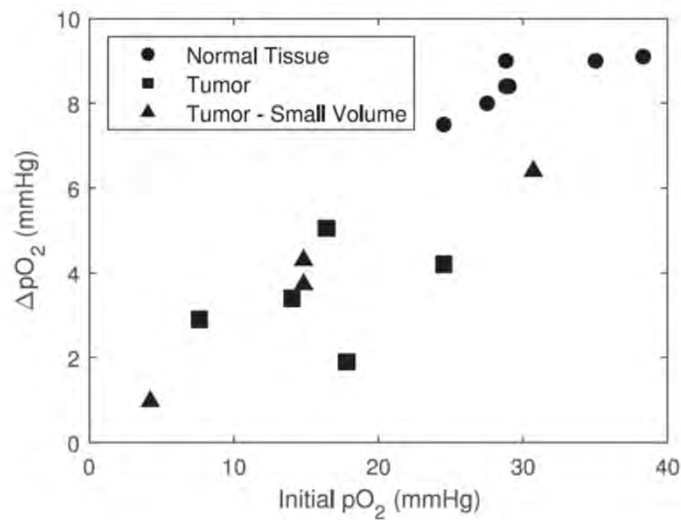


### FLASH Oxygen Depletion *in vivo*

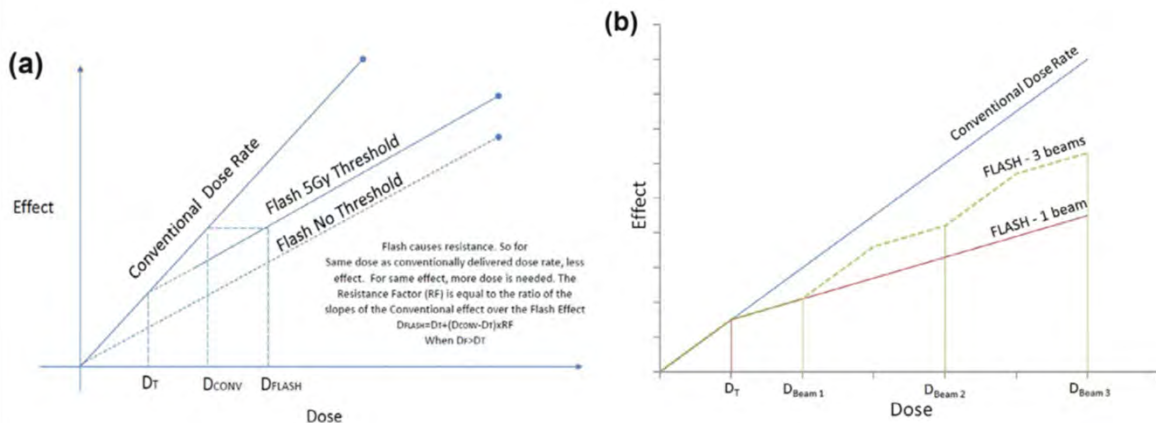


- The pO<sub>2</sub> recovery rate was significantly slower in sarcoma tumor tissue (44 seconds vs 5 seconds); normal tissue shows no depletion

### Depletion depends on initial pO<sub>2</sub> level of the tissue



## Potential impact of Threshold Dose and Multibeam Delivery



R Mackay et al. Radiotherapy and Oncology 2021

## Late Toxicities of FLASH – the jury is out

CLINICAL CANCER RESEARCH | TRANSLATIONAL CANCER MECHANISMS AND THERAPY

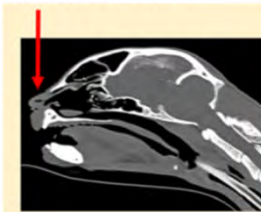
### Dose- and Volume-Limiting Late Toxicity of FLASH Radiotherapy in Cats with Squamous Cell Carcinoma of the Nasal Planum and in Mini Pigs

Carla Rohrer Bley<sup>1</sup>, Friederike Wolf<sup>1</sup>, Patrik Gonçalves Jorge<sup>2,3,4</sup>, Veljko Grilj<sup>2,3,4</sup>, Ioannis Petridis<sup>2,3</sup>, Benoit Petit<sup>2,3</sup>, Till T. Böhlen<sup>4</sup>, Raphael Moeckli<sup>4</sup>, Charles Limoli<sup>5</sup>, Jean Bourhis<sup>2</sup>, Valeria Meier<sup>1</sup>, and Marie-Catherine Vozenin<sup>2,3</sup>

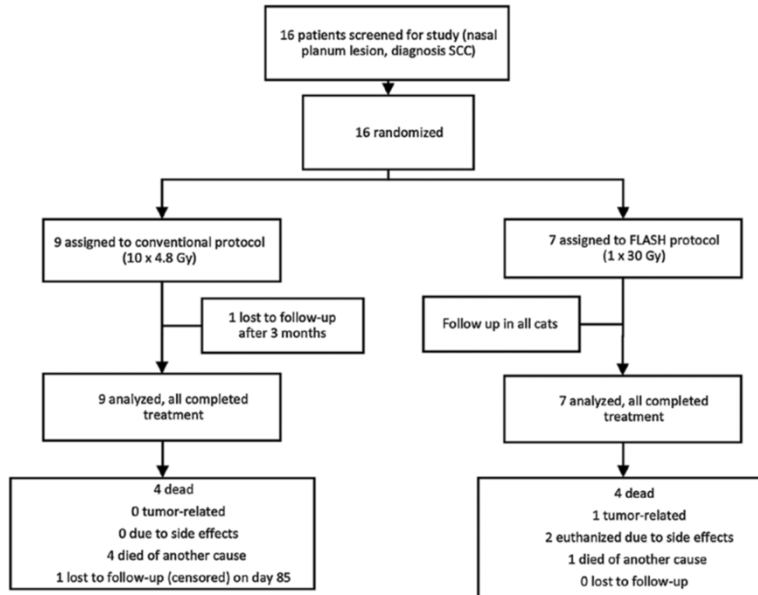


#### ♦ Randomized phase III cat patient trial (cats with carcinomas in nasal cavity region)

- SoC - 4.8 Gy x 10 fractions vs. FLASH 30 Gy x 1
- The trial was prematurely terminated due to maxillary bone necrosis from 9-15 months after 3 of 7 cats treated in the FLASH arm vs. 0 of 9 in the SoC arm
- 1-yr survival free for both arms
- Late toxicities are similar



## Trial Results

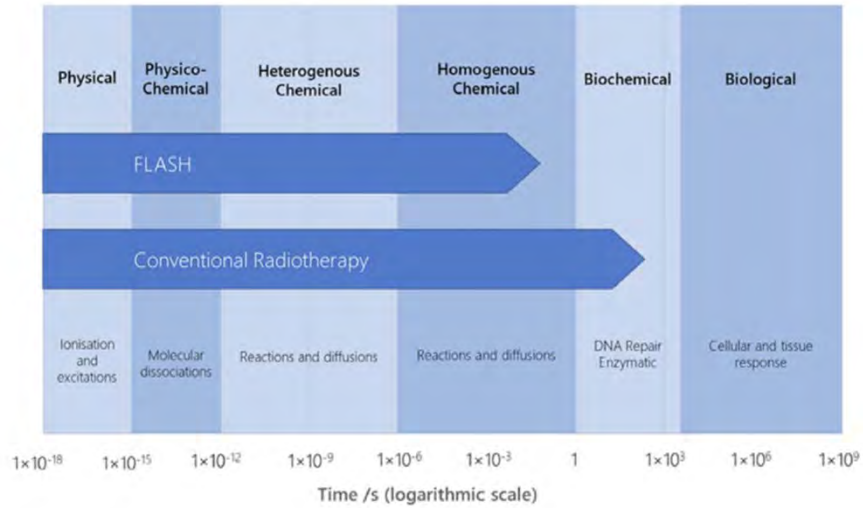


## Volume effect of FLASH RT on pig's skin



## The Mechanism of FLASH is still unknown

Cause vs. Result – it's challenging to confirm the FLASH mechanism



Vozenin et al. [2019] MacKay [2022]



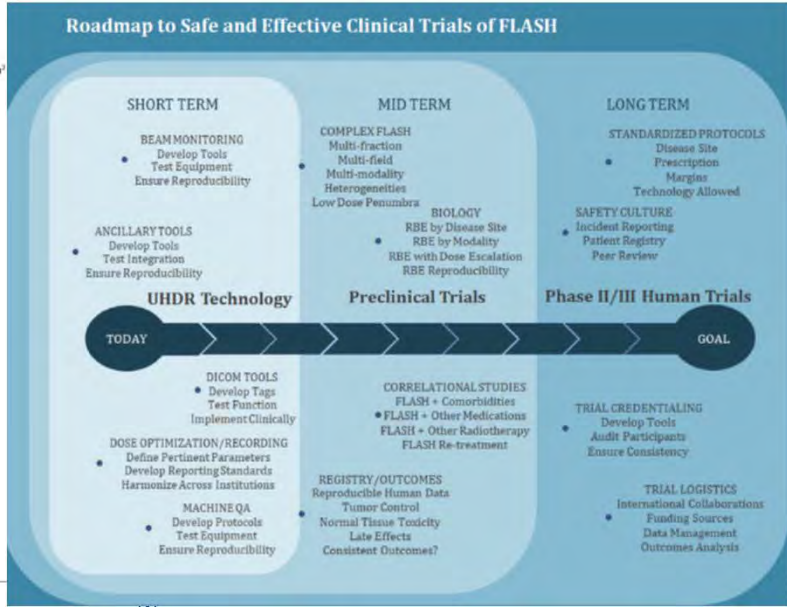
# NIH grant support for FLASH Research

SPECIAL ISSUE PAPER

MEDICAL PHYSICS

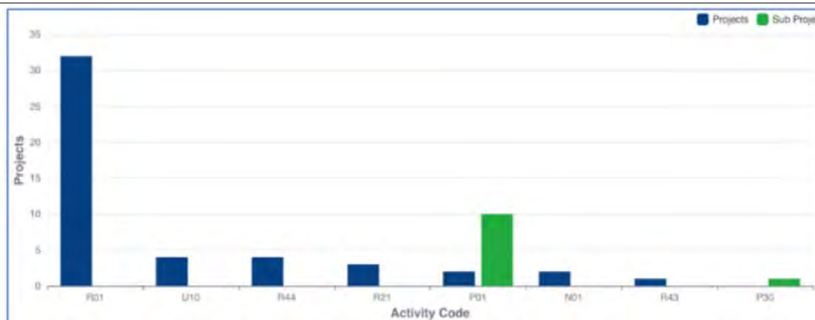
## A roadmap to clinical trials for FLASH

Paige A. Taylor<sup>1</sup> | Jean M. Moran<sup>2</sup> | David A. Jaffray<sup>1</sup> | Jeffrey C. Buchsbaum<sup>1</sup>



# NIH grant support for FLASH Research

- ◆ **Funding in 2021**
  - 5 projects
  - \$4.7M
- ◆ **Funding in 2022**
  - 48 projects
  - \$25.8M



Note: Please note that if the hit list contains both a subproject and its parent grant, the subproject funding is already included in the parent project funding amount.

\* Funding data available only for NIH, CDC, FDA, AHRQ, and ACF.

Activity Code	Projects	Total Funding	Sub Projects	Sub Project Funding
R01	32	\$12,581,618		
L10	4	\$3,956,922		
R44	4	\$2,556,478		
R21	3	\$552,434		
P01	2	\$4,236,007	10	\$3,591,870
N01	2	\$1,683,454		
R43	1	\$279,543		
P30			1	\$17,316
<b>Total</b>	<b>48</b>	<b>\$25,846,456</b>	<b>11</b>	<b>\$3,609,186</b>

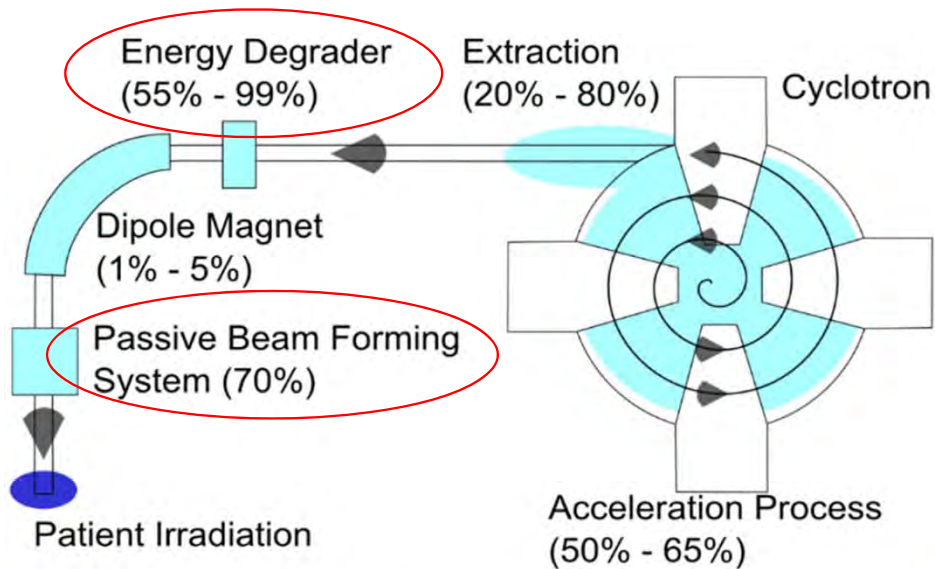


## FLASH Proton Therapy Research

To achieve a high dose rate to a large treatment field



## Beam Loss in Typical Cyclotron-based Proton Therapy Systems



Lei Dong



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


## How many protons per second do you need at nozzle?

- ◆ The dose and flux relationship for a thin-buildup geometry

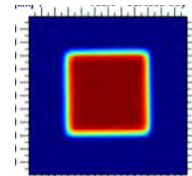
$$D = 1.602 \times 10^{-10} \left( \frac{S(E)}{\rho} \right)_w \phi$$

- ◆ For typical pencil beam ~ 1cm, the general estimate for a single spot at high energy (200 MeV):

- 22 nA at nozzle to give 100 Gy/s 
- 10 Gy requires at least  $1.5 \times 10^{10}$  (15Gy/s) protons (~ dose for the size of a pencil beam)

- ◆ Field size could be a strong limitation using current systems

- DS/US/PBS to spread beam laterally
- **5cm x 5cm at 100 Gy/s requires ~600 nA at the nozzle!**



## Can you use pencil beam scanning to increase field size?

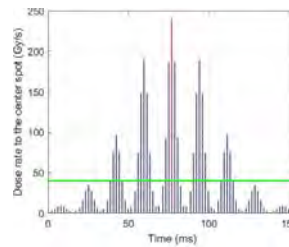
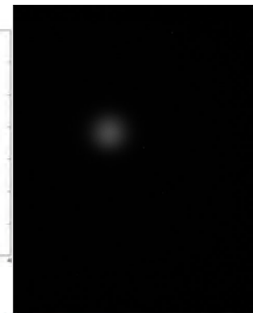
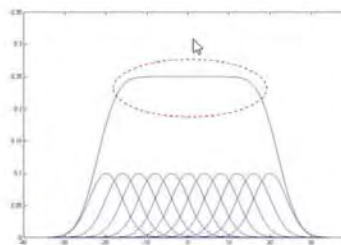
- ◆ Yes, scanning magnet is very fast!

- Spot movement in ~ 5ms

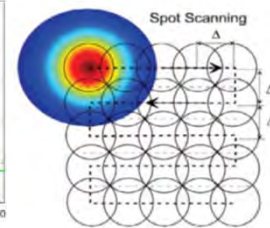
- ◆ PBS creates pulse beam delivery

- The voxel dose rate is impacted by both the pencil beam spot and the penumbra
- Dose rate varies at each voxel

- ◆ It's unclear what is the biological effect of variable dose rate delivery!



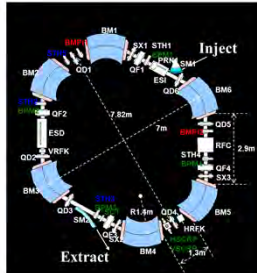
(Zou, 2020)



# Beam Delivery Techniques and Timing

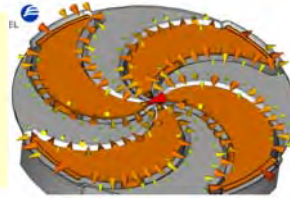
## Synchrotron (pulsed beam)

- 7 MeV horizontal multi-turn injection
- 70 – 250 MeV extraction energy
- 0.4 MeV resolution
- 2 – 6.7 sec/cycle
- 0.5 – 5 sec/spill
- $> 8 \times 10^{10}$  p/pulse
- 20 nC/p - 2 Gy/min
- pulse to pulse energy change



## Cyclotron (microwave frequency)

- Fixed exit extraction energy
- 300 nA – 800 nA
- 72 Mhz – 100 Mhz
- Period: 10-15 ns
- Energy adjustment using degrader



Mevion Synchrocyclotron



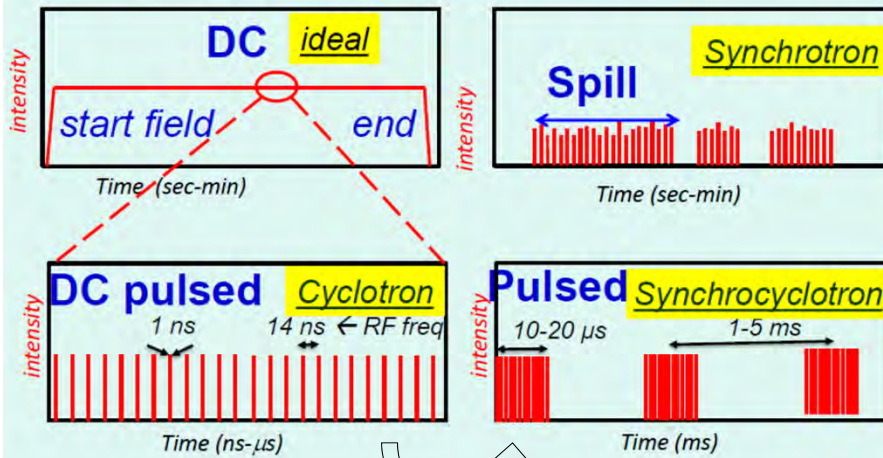
IBA ProteusOne S2C2 model Synchrocyclotron



Proton Linac

S250	MEVION	SC Syn	250 MeV	20 T	- ?	500 Hz period	~ 9 T
S2C2	IBA	SC Syn	230 MeV	<50 T	- ?	1 kHz period	~ 6.56 T

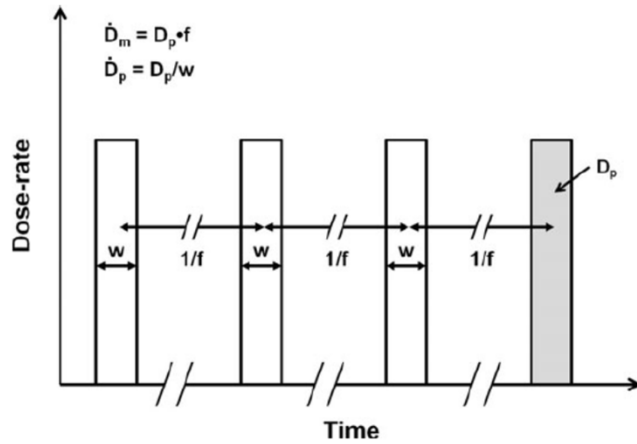
## Time structures of beams



Marco Schippers - PSI

## Physics Challenges – Dose Rate Definitions for PBS

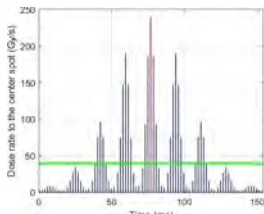
- ◆ Pulse beam delivery
- ◆ Instantaneous voxel dose rate
- ◆ Mean voxel dose rate
  - Average dose rate per field



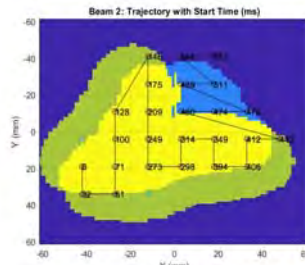
Jaccard et al. Med Phys 45(2) 2018

## Defining dose rate is a challenge by itself

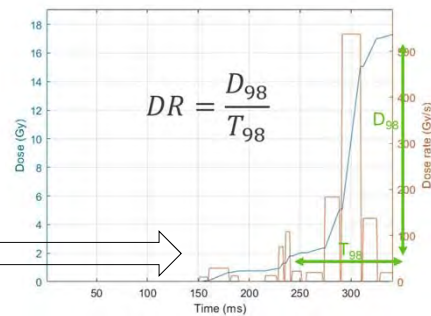
- ◆ Different dose rate definitions
  - See some examples to the right
  - None of them correlates with outcome (yet)
- ◆ Pencil beam scanning makes dose rate definition even more complicated
- ◆ Instantaneous dose rate
- ◆ Average dose rate per field
- ◆ Dose-weighted voxel dose rate



(Zou et al. Radiother Oncol 2020)



Provided by IBA

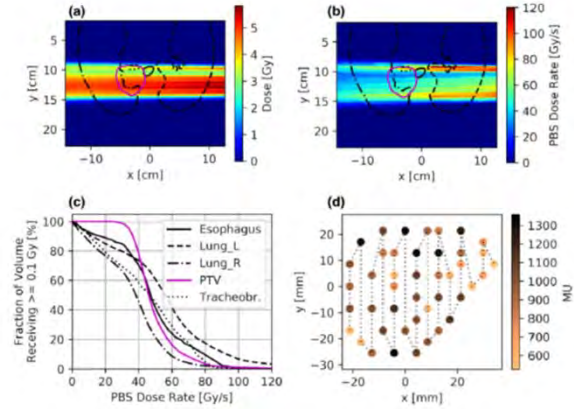


$$DR = \frac{D_{98}}{T_{98}}$$

$$\overline{DR} = \frac{1}{N} \sum_{i: D_i \geq D_{min}} \left( \frac{D_{98}}{T_{98}} \right)_i$$

## Physics Challenges – Dose Rate Definitions for PBS

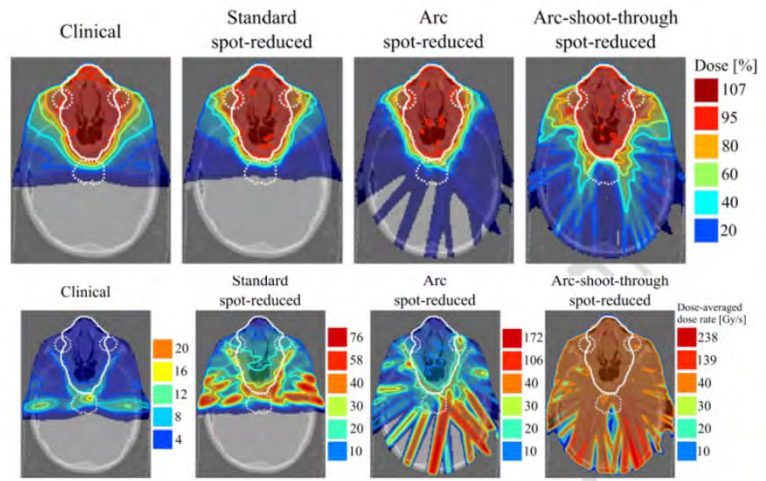
- ◆ Pulse beam delivery
- ◆ Instantaneous voxel dose rate
- ◆ Mean voxel dose rate
  - Average dose rate per field
- ◆ Average dose rate
- ◆ Effective dose rate
  - Excluding beam idling time or low dose effect
- ◆ Dose-weighted mean instantaneous dose rate for pencil beam spots



Folkerts et al. "A framework for defining FLASH dose rate for PBS" Med Phys. 2020

## Physics Challenges – Dose Rate Definitions for PBS

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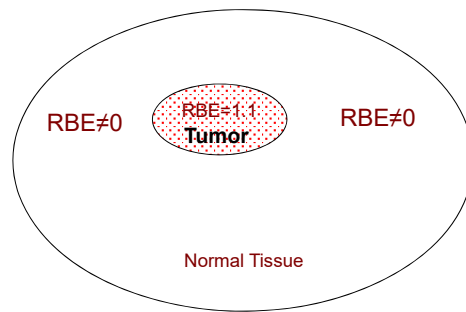


Dose-weighted mean of instantaneous dose rate for all pencil beam spots

- ◆ S van de Walter et al. "Towards FLASH proton therapy: the Impact of Treatment Planning and Machine Characteristics on achievable Dose Rates" Acta oncologica 58.10 (2019)

## Treatment Planning with FLASH – transmission vs. conformal

Do not have enough protons for treating a large field!



FLASH Beam

PBS can help!

Dose conformity is still desirable!

## Transmission Beam planning

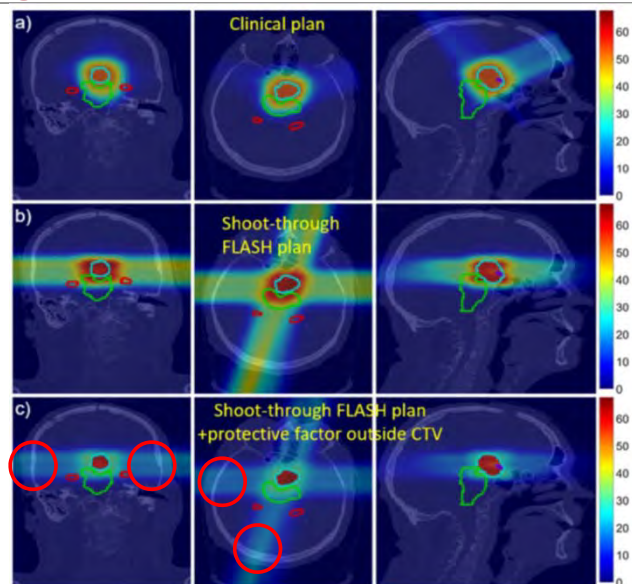
- ◆ For small targets, the use of high-energy transmission beam technique may be a viable solution for FLASH treatment

- Graph assumes 50% sparing

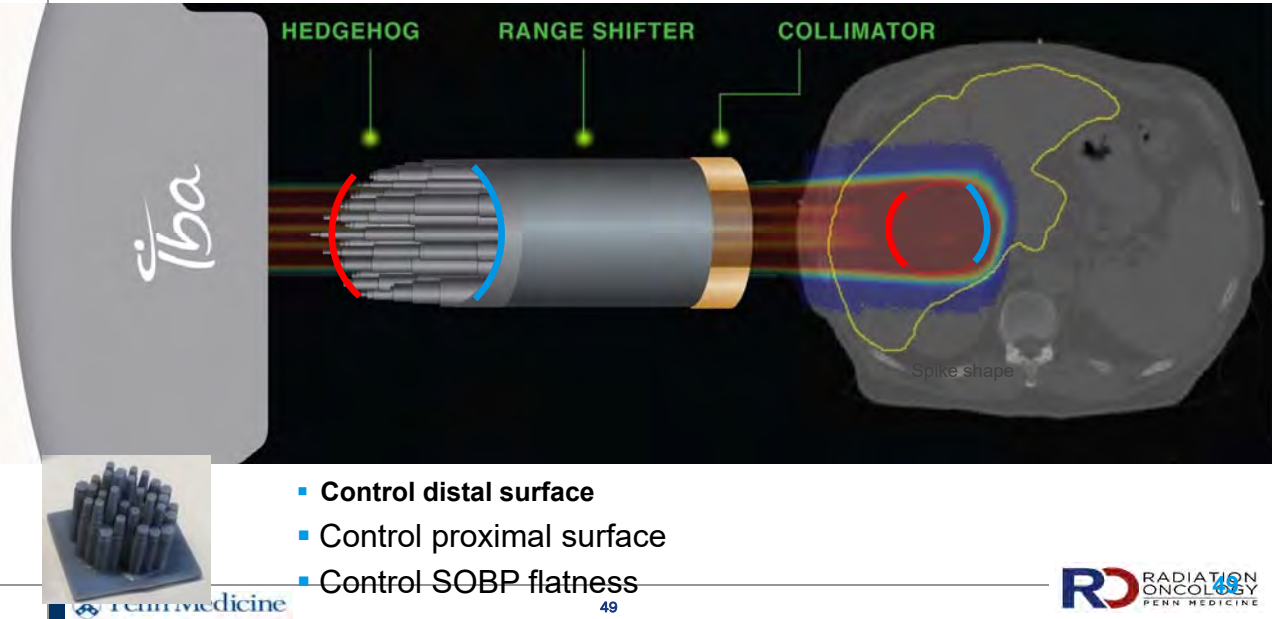
Frank Verhaegen et al. "Considerations for shoot-through FLASH proton therapy" PMB 2021

- ◆ FLASH spares normal tissue by a factor of only 20-50%.

Reviewed in Wilson et al Frontiers Oncology 2020



## ConformaFLASH® Modulator

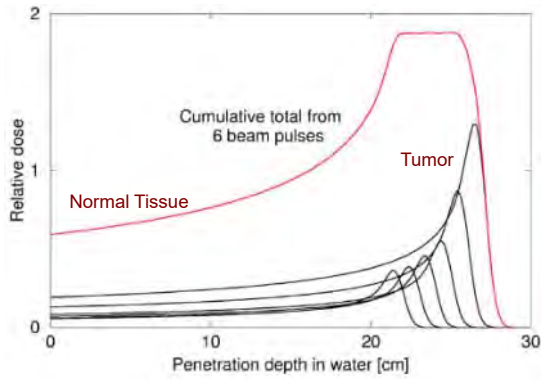




# Plateau vs. Bragg Peak

## ◆ Bragg Peak

- High LET
- Higher ionization density
- Is there a FLASH effect at the Bragg Peak as in the plateau region?



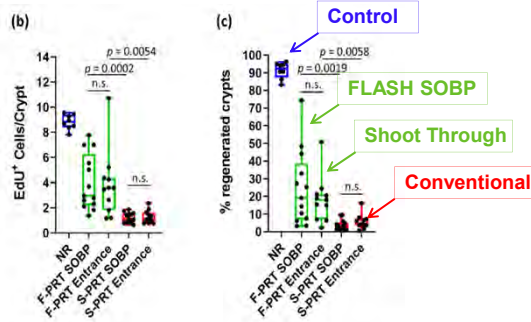
# First results of conformalFLASH irradiation on mice at Penn



Article

## Comparison of FLASH Proton Entrance and the Spread-Out Bragg Peak Dose Regions in the Sparing of Mouse Intestinal Crypts and in a Pancreatic Tumor Model

Michele M. Kim <sup>†</sup>, Ioannis I. Verginadis <sup>†</sup>, Denisa Goia, Allison Haertler, Khayrullo Shoniyozov, Wei Zou, Amit Maitly, Theresa M. Busch, James M. Metz, Keith A. Cengel, Lei Dong, Costas Koumenis and Eric S. Diffenderfer <sup>\*</sup>

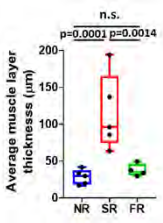
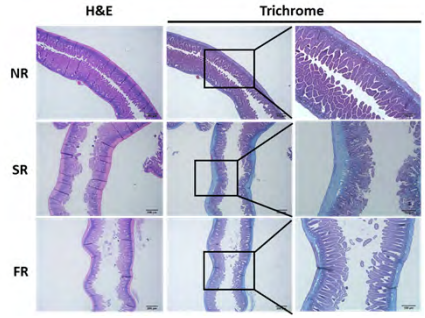
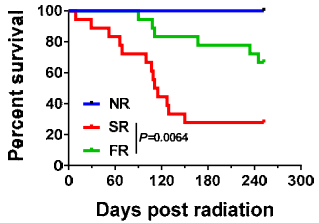


Source: Kim et al. Comparison of FLASH Proton Entrance and the Spread-Out Bragg Peak Dose Regions in the Sparing of Mouse Intestinal Crypts and in a Pancreatic Tumor Model

# Focal F-PRT is equipotent with S-PRT on PanCa but reduces intestinal fibrosis



Yiannis Verginadis, PhD



Diffenderfer et al., *JROBOP*; 2020



# Penn Radonc Proton FLASH "Firsts"

Proton FLASH normal tissue sparing

Proton FLASH dog trial

Proton FLASH effect with Bragg Peak

Physics Contribution

Design, Implementation, and In Vivo Validation of a Novel Proton FLASH Radiation Therapy System

Eric S. Diffenderfer, PhD, Ioannis I. Verginadis, PhD, Michèle M. Kim, PhD, Khayrullo Stonyozov, PhD, Anastasia Velopoulou, PhD, Renita Gola, MS, Mary Puth, PhD, Sarah Ragan, MS, Stephen Avery, PhD, Kevin Tse, PhD, Wei Zou, PhD, Alexander Liu, MD, Samuel Swisher-McClure, MD, Cameron Koch, PhD, Ann R. Kennedy, PhD, Andy Minn, MD, PhD, Amit Hasty, MD, PhD, Theresa M. Busch, PhD, Lei Dong, PhD, Costas Koumoutsis, PhD, James H. Mitchell, MD, and Keith A. Cengel, MD, PhD

**Summary:** In this article, we describe a novel RT apparatus that delivers FLASH proton RT (PRT) using double-scattered protons with optimized ionometry and provide the first report of proton FLASH RT-mediated normal tissue radioprotection. **Methods and Materials:** Absolute dose was measured at multiple depths in solid water and validated against an absolute target charge measurement using a Faraday cup. Real-time dose rate was obtained using a NaI detector to measure prompt gamma rays. The effect of FLASH systems standard dose rate PRT on normal and normal tissues was measured using potential bank tissues (IMB4101) derived from the KPC mouse/hamster PanCa model to response. CTBE04 mice with analysis of fibrosis and stem cell repopulation in wild mouse after abdominal irradiation.

CANCER RESEARCH | TRANSLATIONAL SCIENCES

### FLASH Proton Radiotherapy Spares Normal Epithelial and Mesenchymal Tissues While Preserving Sarcoma Response

Andriana Velopoulou<sup>1</sup>, Ivan V. Kougias<sup>1</sup>, Gwendolyn M. Crane<sup>1</sup>, Michèle M. Kim<sup>1</sup>, Giorgio Sclafani<sup>1</sup>, Corina Gola<sup>1</sup>, Sarah Ragan<sup>1</sup>, Ioannis I. Verginadis<sup>1</sup>, Khayrullo Stonyozov<sup>1</sup>, Jane Chung<sup>1</sup>, Michael Cerullo<sup>1</sup>, Kelley Vetter<sup>1</sup>, Lillian Yeh<sup>1</sup>, Ling Qin<sup>1</sup>, Aramis S. Hatzigeorgidis<sup>1</sup>, Andy J. Minn<sup>1</sup>, Mary Puth<sup>1</sup>, Matthew Lanza<sup>1</sup>, Christa-Anne Asmus<sup>1</sup>, Emily Radloff<sup>1</sup>, Jennifer Rick<sup>1</sup>, Eric Diffenderfer<sup>1</sup>, Lei Dong<sup>1</sup>, James H. Mitchell<sup>1</sup>, Costas Koumoutsis<sup>1</sup>, Keith A. Cengel<sup>1</sup>, Anne Hasty<sup>1</sup>, and Theresa M. Busch<sup>1</sup>

**ABSTRACT:** In studies of dose rate and proton radiography, straight dose rates of 100 Gy/min appear to produce lower treatment time and absolute dose rates while maintaining local tumor control. FLASH proton radiotherapy (PRT) might be the optimal advantage of PRT in FLASH dose rates (10 Gy/min), leading to superior to conventional FLASH PRT even at normal tissue radioprotection. However, clinical data are required to establish the optimal FLASH PRT dose rate and normal tissue sparing. We used a novel FLASH PRT system to deliver 18 Gy to the lungs of mice and found that PRT of the 10 Gy/min dose rate had a significant normal tissue sparing effect compared to conventional FLASH PRT. We found that PRT of the 10 Gy/min dose rate had a significant normal tissue sparing effect compared to conventional FLASH PRT. We found that PRT of the 10 Gy/min dose rate had a significant normal tissue sparing effect compared to conventional FLASH PRT.

**Introduction:** Radiotherapy (RT) is the primary curative treatment, but it is associated with acute and late toxicity. Recent efforts to use the approach to lower radiation-induced toxicity, FLASH RT, which delivers a high dose rate (10–100 Gy/min), have been reported to produce lower toxicity than standard RT without compromising tumor control. However, FLASH RT has been studied in animal models (1, 2), but proton FLASH RT provides deeper tissue penetration than photons, a well-defined Bragg peak, and a high dose rate. We hypothesized that FLASH PRT would provide normal tissue sparing and superior tumor control. We designed a novel FLASH PRT system to deliver 18 Gy to the lungs of mice and found that PRT of the 10 Gy/min dose rate had a significant normal tissue sparing effect compared to conventional FLASH PRT.

CANCERS

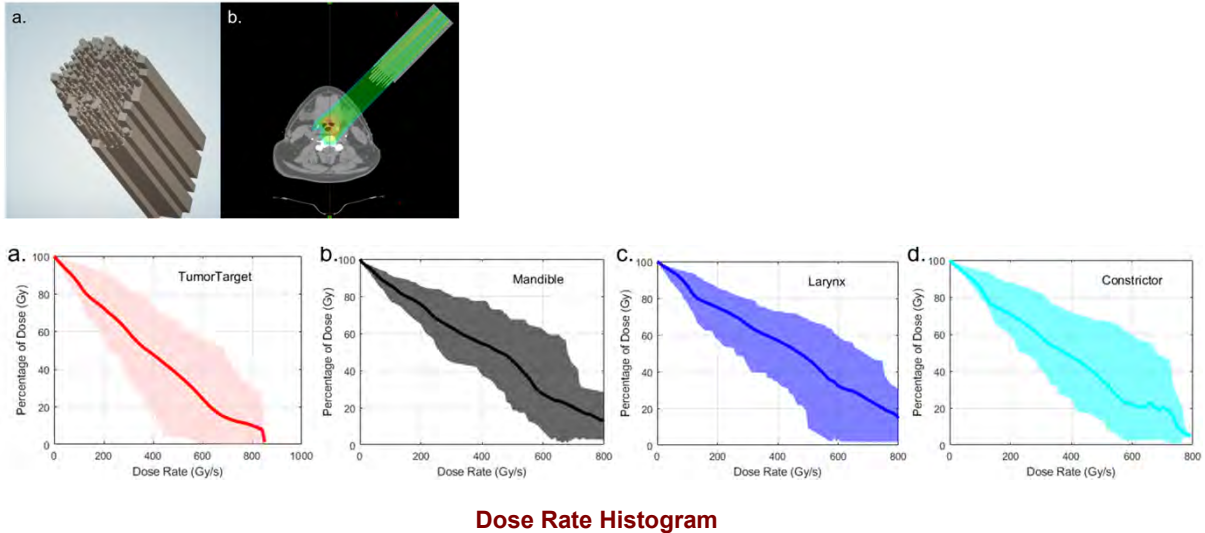
### Comparison of FLASH Proton Entrance and the Spread-Out Bragg Peak Dose Regions in the Sparing of Mouse Intestinal Crypts and in a Pancreatic Tumor Model

Michèle M. Kim<sup>1</sup>, Ioannis I. Verginadis<sup>1</sup>, Renita Gola<sup>1</sup>, Allison Harshbarger<sup>1</sup>, Khayrullo Stonyozov<sup>1</sup>, Wei Zou<sup>1</sup>, Anne Hasty<sup>1</sup>, Theresa M. Busch<sup>1</sup>, James H. Mitchell<sup>1</sup>, Keith A. Cengel<sup>1</sup>, Lei Dong<sup>1</sup>, Costas Koumoutsis<sup>1</sup>, and Eric S. Diffenderfer<sup>1</sup>

**ABSTRACT:** FLASH proton radiotherapy (PRT) has been shown to produce normal tissue sparing compared to standard dose rate proton radiotherapy (PRT) in experiments using the entrance portion of the proton depth dose profile, while proton therapy was spread out Bragg peak (SBP) with relatively uniform dose rate. However, the biological effect of PRT using a SBP or SBP with a uniform dose rate compared to PRT or SBP is unclear. We studied the effect of FLASH PRT and SBP PRT on normal tissue sparing and tumor control in a pancreatic tumor model. We found that FLASH PRT and SBP PRT both produced normal tissue sparing and tumor control in a pancreatic tumor model. We found that FLASH PRT and SBP PRT both produced normal tissue sparing and tumor control in a pancreatic tumor model.



## Presentation of Treatment Planning Results for FLASH



Julia Pakela et al. AAPM Presentation (2022)



55



## Comparing Ultra-High Dose Rate Proton Delivery Techniques From Radiophysical, Radiochemical, and Radiobiological Perspectives – Best of Physics

- ♦ Ray Yang\*, Lei Dong, Eric Diffenderfer
- ♦ To simulate four distinct spatial-temporal modes of proton FLASH delivery: {Ridge-Filter (RF), Range-Modulated Double-Scattering (RM), Pencil Beam Scanning (PBS), and Hybrid Pencil Beam through Ridge-Filter (PBS-RF)}, using three complementary perspectives to compare surrogate metrics of tissue sparing: {phenomenological oxygen effect, radiochemical kinetics of peroxy radical recombination, and survival of circulating immune cells}.

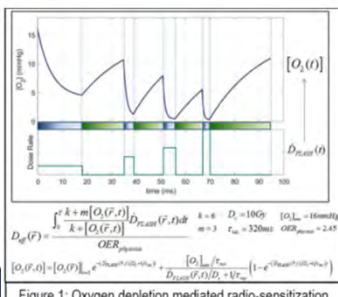


Figure 1: Oxygen depletion mediated radio-sensitization

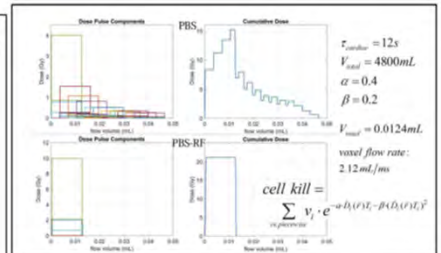
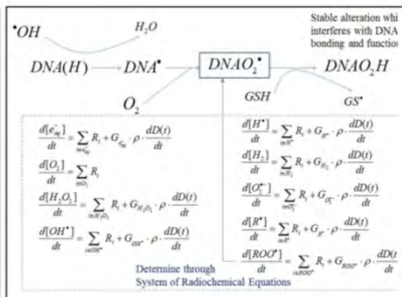
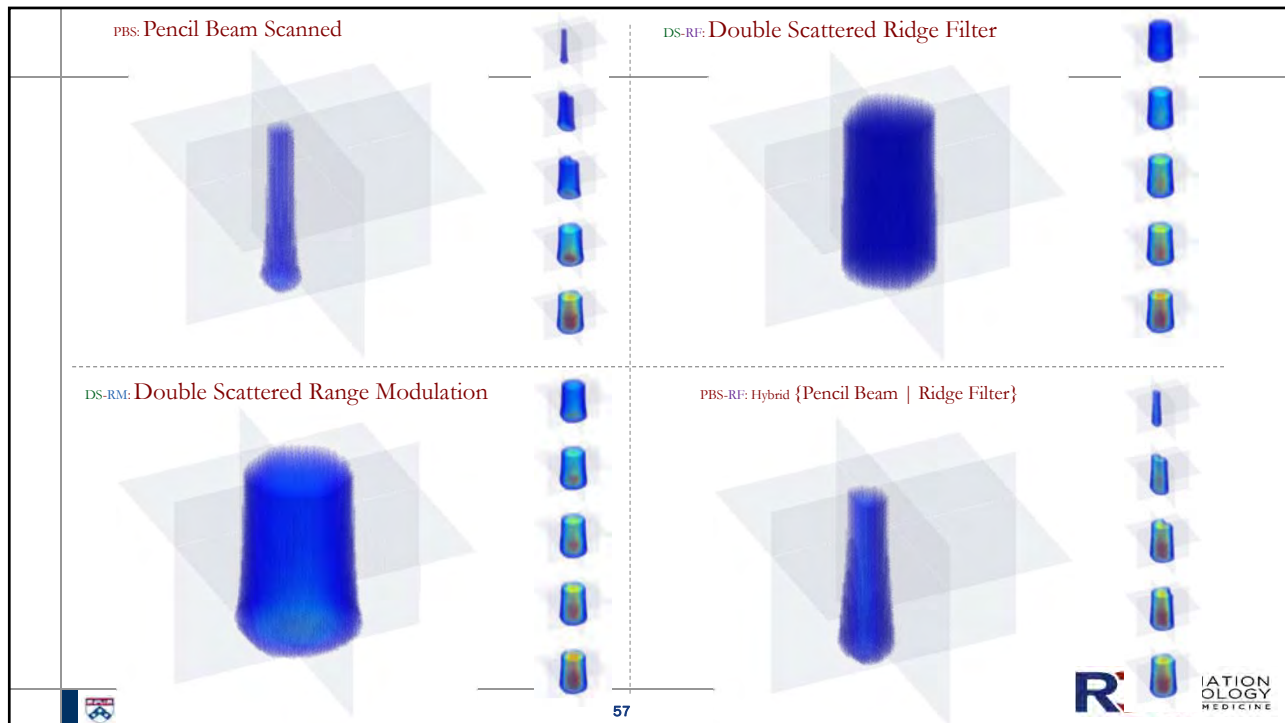


Figure 5: Contrasting dose seen by partial volumes flowing across sample voxel using PBS and hybrid PBS-RF; model parameters for cell kill



## Biology-based FLASH Plan Optimization – Ray Yang (AAPM 2022)

- Each voxel's resulting dose rate sequence feeds into models of (i) oxygen depletion and recovery, mediating radio-sensitization through the OER k-curve, (ii) system of radiochemistry rate equations accounting for organic radicals causing DNA damage fixation, and (iii) survival of blood-pool lymphocytes crossing the radiation field over multiple cardiac cycles.

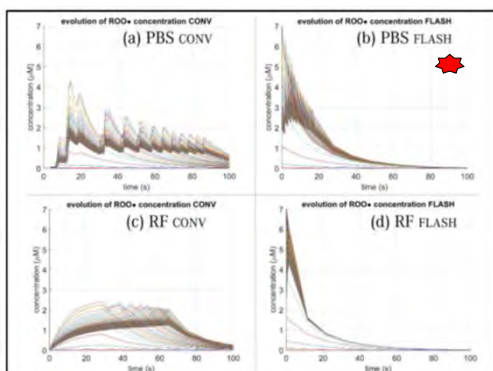


Figure 4: Concentration of organic radicals in central axis voxels during delivery: PBS vs RF at conventional and FLASH dose rates

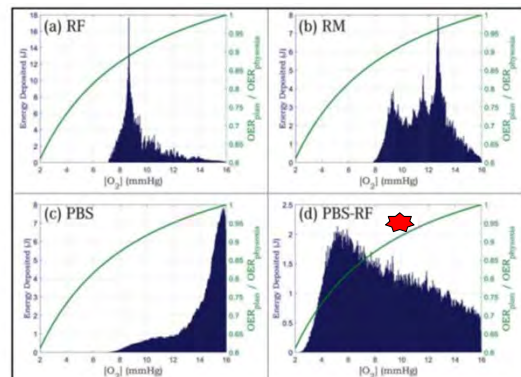


Figure 2: Energy deposition as a function of oxygen concentration for various delivery techniques, superimposed on OER ratio indicating effective sparing

## FLASH is biology-based RT without a well-established theory (yet)

Possible Factors that can directly impact treatment planning:

- **Threshold Dose per fraction or per field? (minimum at 5 Gys)**
- **Dose rate threshold? (how to define dose rate?)**
- **Tissue initial oxygen levels (which normal tissue that can benefit the most?)**
- **Repair kinetics?**
- **Biological endpoint (which tissue can benefit most?)**
- **Dose conformality requirement?**

## Summary of FLASH Physics

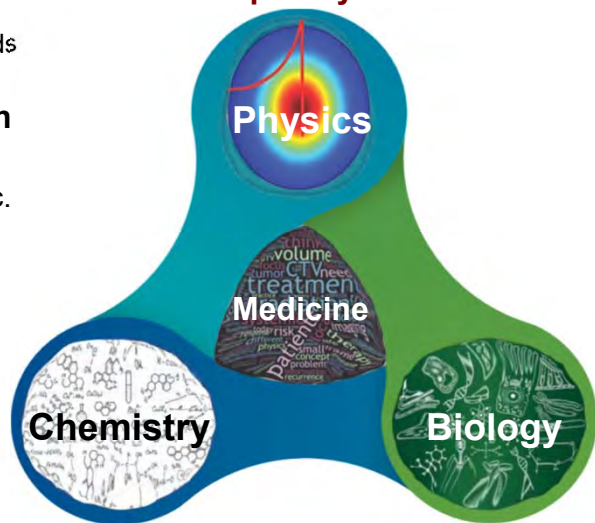
- ♦ **FLASH can be realized by different modalities and hardware platforms**
  - Treatment delivery or treatment planning needs to consider hardware implementations
- ♦ **Significant progress has been made on dose measurements**
  - Different detectors to measure FLASH etc.
- ♦ **It's still too early for some physics tasks; planning studies are useful!**

Possible FLASH Factors:

- **Threshold Dose**
- **Dose Rate(s)?**
- **Tissue oxygen level**
- **Repair kinetics**
- **Biological endpoint**
- **Document FLASH delivery**



Active Participation of  
Multi-disciplinary Research



## Technology has proven translatable to the clinic

- ♦ IMRT (dynamic MLC; VMAT; HyperArc etc.)
- ♦ IGRT (see picture on the right)
- ♦ SBRT (3 x 20Gy etc.)
- ♦ Electronic Brachytherapy
- ♦ Pencil Beam Scanning (particle therapy)
- ♦ Deformable image registration
- ♦ On-line adaptive radiotherapy
- ♦ Machine Learning (auto-segmentation etc.)
- ♦ FLASH (why not?)
- ♦ ...



## FLASH has created a new ecosystem in technology

- ♦ Faster control system in the future
- ♦ Better dosimetry system to measure high dose rates
- ♦ Freezing patient motion
- ♦ Faster throughput in treatment...

## Acknowledgements

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- ♦ Cameron Koch
- ♦ Leo Luo
- ♦ Andy Minn
- ♦ Anastasia Velalopoulou
- ♦ Yiannis Verginadis



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- ♦ Eric Diffenderfer
- ♦ Lei Dong
- ♦ Michele Kim
- ♦ Kevin Teo
- ♦ Rodney Wiersma
- ♦ Jennifer Zou

#### Penn Vet School

- ♦ Lili Duda
- ♦ Jennifer Huck



**IBA Team!**

### Collaborators



#### Univ. of Heidelberg

- ♦ Amir Abdollahi



#### Duke University

- ♦ David Kirsch



#### Oxford University

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- ♦ Kristoffer Petersson

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