Managing Common Infections in the Nursing Home Ghinwa Dumyati, MD

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Treating ASB in Older Adults

No Benefit

Treatment of ASB does not

- Decrease symptomatic episodes
- The prevalence of bacteriuria
- Improve chronic genitourinary symptoms such as chronic incontinence
- No improvement in survival

Harm

Adverse outcomes **do occur** with antimicrobial therapy:

- Adverse drug effects
- Recurrent infection with more resistant bacteria
- Increased costs

Zalmnovici TA et al, Cochrane Database Syst Rev, 2015

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Multitude of Criteria for UTI

Updated Mc Geer Surveillance criteria	Loeb minimum criteria for testing and initiation of antibiotics	Crnich algorithm	IOU consensus criteria for uncomplicated cystitis
Includes the result of a positive urine culture	Testing and Treatment is based on signs and symptoms	Takes into consideration "warning signs" Fever, rigors, acute	Differentiate between complicated UTI (upper tract
Used for surveillance		delirium, unstable vital signs	disease) and lower UTI (cystitis)

Stone N. Infect Control Hosp Epidemiol. 2012 Oct;33(10):965-77Crnich CJ. Ann Long Term Care 2014:43–47Myelotte JM. Drugs & Aging (2021) 38:29–41Loeb M. Infect Control Hosp Epidemiol 2001;22:120–124Nace D. JAMDA 2018; 19: 765-769

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Resident without a catheter	Resident with a catheter
Acute dysuria alone	One or more of the following
2. Fever of 100°F (37.9°C) or two repeated	 Fever of 100°F (37.9°C) or two repeated temperatures of 99°F (37°C), or
temperatures of 99°F (37°C) AND at least one of the following, no fever : then two or more of the following:	• Rigors (shaking chills) with or without identified cause, or
<u>New or worsening:</u> • Urgency, or	 Hypotension (e.g., significant change from baseline BP or a systolic BP <90), or
Frequency, or	Costovertebral tenderness, or
Suprapubic pain, or	Suprapubic pain, or
 Gross hematuria, or Costovertebral angle tenderness, or Urinary incontinence 	 New or worsening delirium (sudden onset of confusion, disorientation, dramatic change in mental status)

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Who Should be Tested and Treated?

Resident without a catheter	Resident with a catheter
Resident without a catheter 1. Acute dysuria alone OR 2. Fever of 100°F (37.9°C) or two repeated temperatures of 99°F (37°C) AND at least one of the following, no fever: then two or m following: New or worsening: • Urgency, or • Urgency, or ✓ Foul sr change i	Resident with a catheter One or more of the following • Fever of 100°F (37.9°C) or two repeated temperatures of 99°F (37°C), or • Rigors (shaking chills) with or without identified cause, or • NOtension (e.g., significant change from networking the prime systelic BP <90), or n Goineventional tenderness, or
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	Acout		Note
Cystiti	s/Lower	l	JTI

	Agent	Notes
	Nitrofurantoin	Most active agent against E. coli Avoid if CrCl < 30 mL/min Avoid if systemic signs of infection/suspicion of pyelonephritis or prostatitis Does not cover Proteus
1 st line	TMP-SMX*	Drug-drug interactions with warfarin Monitor potassium level if concomitant use of spironolactone, angiotensin- converting enzyme inhibitors (ACEIs), angiotensin receptor blockers (ARBs) Renal dose adjustments, avoid if CrCl < 15 mL/min
2 nd line	B lactam (Cephalexin)	Active against E. coli, Proteus, and Klebsiella
3 rd line	Fosfomycin	Active against E. coli, Enterococcus. Is also active against ESBL positive E. coli. Fosfomycin susceptibility tests recommended
	Quinolones	No longer preferred due to increasing resistance and adverse effects
MP/SMX: Modify acco	rding to your facility's antibiogram, increasing res	Ashraf MS. JAMDA 2020; 21: 12-24

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Pyelonephritis/Upper UTI

Agent	Notes
Ceftriaxone	All treatment should start with a single IV dose then step down to one of the following oral options:
TMP-SMX	Use if resistance <20%
Ciprofloxacin/Levofloxacin	If patient unable to tolerate TMP-SMX and organism is sensitive
βlactam	Data suggests that oral beta-lactams are inferior to TMP-SMX or quinolones for pyelonephritis

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UTI	Agent	Duration
Lower UTI/cystitis	TMP/SMX quinolones	3 days
	Nitrofurantoin, β lactam	5 days (some favor 7 days in men)
	Fosfomycin	1 dose
Upper UTI/Pyelonephritis	quinolones	5-7 days
	TMP/SMX β lactam	10-14 days
Catheter related UTI		7 days if rapid improvement 10-14 days if delayed response
Hooten, TM, et al. CID 2010; 50:625–663 Schaeffer AJ, et al. N Engl J Med 2016;374:565 Gunta et al. CID 2011;55(5):e103–e120	Grigoryan L, et al. JAN 2-71 Mody, L, et al JAMA. 2 Ashraf MS, JAMDA 2	//A 2014;312(16):1677-1684 2014;311(8):844-854 700- 21-12-24





Acute Bronchitis vs. Pneumonia

	Acute bronchitis	Pneumonia
Definition	Self limited inflammation of bronchi	Inflammation or infection of the lung tissue
Cause	Viral (rare exceptions)*	~ 75% bacteria, ~25% viral
Symptoms	Cough for 5 days to 3 weeks Fever less common 50% have sputum production Often accompanied by wheezing	Cough Fever is common Sputum production Chest wall pain Hypoxia
Diagnostic studies	Normal to slightly elevated WBC No specific Chest-Xray findings	Elevated WBC Infiltrates, effusions

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Mild-moderate pneur	nonia symptoms	
1 st line	Uncomplicated bacterial pneumonia	Cefpodoxime (PO)
	With aspiration risk	Amoxicillin/clavulanate (PO)
	Alternative	Doxycycline (PO)
2 nd line		
	Bacterial pneumonia, contraindication to first line therapy	Levofloxacin or moxifloxacin (PO)
Severe pneumonia sy	mptoms or failure to respond to initial therapy	'
1 st line	Severe bacterial pneumonia (no risk for pseudomonas)	Ceftriaxone (IM) and doxycycline (PO) Ceftriaxone (IM) and azithromycin
2 nd line	Used as first line, if high likelihood of pseudomonas aeruginosa*	Levofloxacin (PO)
* Recent intravenous antibiotic (FEV1/FVC <35% predicted) Myelotte IM IAMDA 2020: 2	s (90 days), previous respiratory infection with <i>pseudomonas aeruginosa</i> ,	known bronchiectasis, very severe underlying COPD





Which one of these wounds should be cultured and treated?













