# The Use of Clinical Decision Support Systems to Enhance the Role of Antimicrobial Stewardship

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Nebraska Antimicrobial Stewardship Summit: August 12, 2022



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## **Objectives**

- Review regulatory requirements and the available clinical decision support systems (CDSSs) for antimicrobial stewardship (AMS)
- Implement AMS interventions using CDSSs and electronic health records (EHRs) into clinical workflow
- Utilize reports generated from CDSSs or EHRs to support AMS activities and interventions



# **Background**

- Antimicrobial stewardship (AMS) standards and regulatory requirements increasing,
   with demands on healthcare systems to meet
- AMS activities have been shown to optimize antimicrobial use and clinical outcomes while decreasing costs
- Information technology (IT) incorporated into AMS practices = improved efficiency and effectiveness



Kuper KM, et al. Infect Control and Hosp Epidemiol 2019, 40: 501-511. Akpan MR, et al. Antibiotics 2016; 5(1): 1-16.

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# **CDC Core Elements of AMS for Hospitals**

- Key support needed for successful AMS in hospitals this includes IT staff!
- Examples of IT support for AMS:
  - Embedding relevant information and protocols at the point of care
  - Implementing clinical decision support for antibiotic use and creating prompts for action to review antibiotics in key situations
  - Facilitating and maintaining antimicrobial use and resistance reporting



CDC. US Department of Health and Human Services, CDC; 2019.

# **Regulatory Recommendations**

#### **CDC Core Elements of Antimicrobial Stewardship for Hospitals**

- Tracking
  - Recommends monitoring antibiotic use through reporting to the National Healthcare Safety Network (NHSN) Antibiotic Use module or days of therapy per 1,000 patient days
- Reporting
  - Recommends sharing summary information on antibiotic use with leadership, providers, pharmacists, and other healthcare professionals



CDC. US Department of Health and Human Services, CDC; 2019. 5

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# **Regulatory Recommendations**

#### **The Joint Commission**

- New recommendations will be effective January 1st, 2023
  - "EP 16 (new): The antibiotic stewardship program monitors the hospital's antibiotic use by analyzing data on days of therapy per 1000 days present or 1000 patient days, or by reporting antibiotic use data to the NHSN Antimicrobial Use Option of the Antimicrobial Use and Resistance Module."



The Joint Commission. Issue 35, June 20, 2022.

# **Clinical Decision Support Systems (CDSSs)**

- Two common types of CDSSs for antimicrobial stewardship:
  - EHR Based Systems
    - Availability and functionality varies between types of EHR
    - May be an add-on purchase for stewardship-specific module(s)
    - Examples: EPIC, Cerner, Meditech
  - Add-on CDSSs
    - Runs parallel to EHR
    - Dependent on data that can be extracted from EHR (data flows one way from EHR >> add-on CDSSs)
    - Examples: Sentri 7, TheraDoc, VigiLanz



Forrest GN, et al. Clin Infect Dis 2014; 59(Suppl 3): S122-S133. Kullar R, et al. Clin Infect Dis 2013; 57: 1005-13. Kuper KM, et al. Infect Control and Hosp Epidemiol 2019, 40: 501-511.

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**CDSSs Strengths/Limitations** 

	Strengths	Limitations	
EHR	<ul> <li>Less initial interface development</li> <li>AMS recs accessible to provider at order entry</li> <li>One centralized system for communication and documentation</li> <li>Better access to retrospective admin and clinical data</li> </ul>	Tailoring rules/alerts requires more IT input initially and long-term - rely heavily on hospital IT team Offers less end user customization Less real time adaptability Stewardship program requires additional purchase Limited options for resource challenged settings	
Add-on CDSSs	<ul> <li>Low cost alternatives for resource challenged settings</li> <li>Real time adaptability</li> <li>Rules and alerts can be modified with little IT support</li> <li>Version can be standardized across multiple institutions</li> <li>End-user friendly</li> </ul>	<ul> <li>One way data stream (EHR &gt;&gt; Add-on CDSSs) requires more IT work up front</li> <li>Toggling between multiple systems less efficient</li> <li>Updates to EHR need to be tailored to Add-on CDSSs - may not be aware</li> <li>Less retrospective data available</li> <li>Duplication or omission of data from EHR</li> </ul>	

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#### **CDSSs Practical Role in AMS**

- Helps improve efficiency and effectiveness of daily AMS workload/activities
- Can be used to track antimicrobial utilization and clinical outcomes
- Could help evaluate opportunities for improvement through well-built reports on regular basis



Forrest GN, et al. Clin Infect Dis 2014; 59(Suppl 3): S122-S133. Kullar R, et al. Clin Infect Dis 2013; 57: 1005-13. Kuper KM, et al. Infect Control and Hosp Epidemiol 2019, 40: 501-511.

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# **CDSSs and Daily Stewardship Functions**

- Empiric antimicrobial selection
- Post prescription antimicrobial review
- Diagnostic testing stewardship
- Communication
- Syndrome specific management



Forrest GN, et al. Clin Infect Dis 2014; 59(Suppl 3): S122-S133.

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# Clinical Workflow

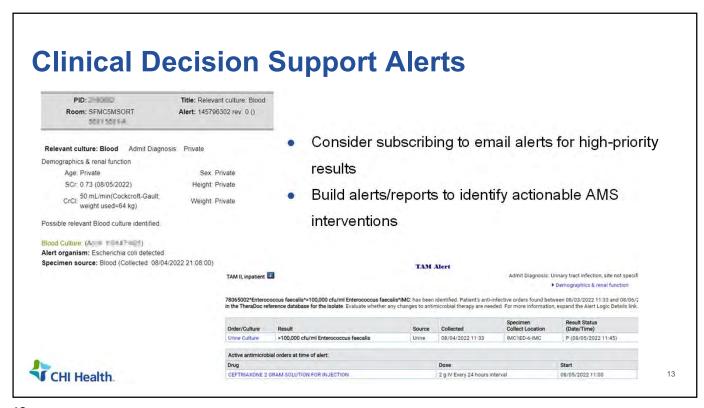
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# **Priority Interventions**

- Prospective audit and feedback
  - External review of antibiotic therapy by an expert
  - Accompanied by suggestions to optimize use at some point after prescription
- **Preauthorization** 
  - Requires approval prior to the use of certain antibiotics
  - Optimize use while also preventing unnecessary initiation
  - Focus to improve use, not drug cost!
- **Facility- specific treatment guidelines** 
  - Enhance both prospective audit/feedback and preauthorization
  - Establishes clear recommendations for optimal use



CDC. US Department of Health and Human Services, CDC; 2019. 12



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# **Clinical Decision Support Alerts**

- Microbiology results
  - Positive blood cultures\*
  - Cdiff\*
  - ESBL/CRE\*
  - Influenza/COVID/viral pathogen panels
  - o Meningitis PCR results
  - Pneumococcal and legionella urine antigens

\*Recommend email alerts for quick action

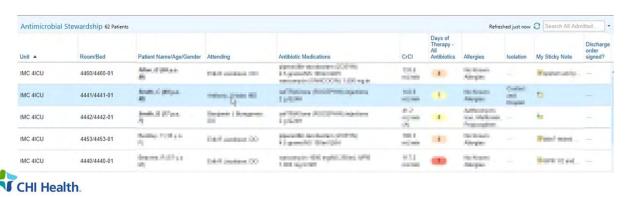
- Bug-drug alerts
  - MRSA respiratory cultures on daptomycin
  - MRSA on vancomycin with MIC >/= 2
  - MSSA on anti-MRSA therapy
- Therapy alerts
  - Targeted antimicrobials
  - All antimicrobials > 72 hours
  - Redundant antimicrobial therapy (anaerobic, antifungal, beta-lactam)



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#### **EMR Patient Lists**

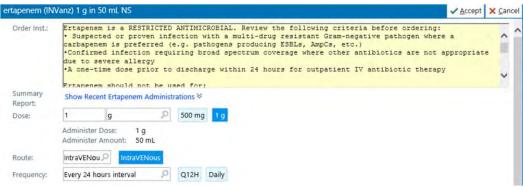
- Organize patient lists to easily show important AMS information at a quick glance
- If available, utilize "My Sticky Note" or similar option to leave notes not able to be pulled in automatically from EHR (ex. micro results)



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### **Targeted Antimicrobials**

- Appropriate use criteria/policy approved through AMS committee and P&T
- Criteria built into EHR and displays upon order entry, selection of appropriate criteria for use then required to complete order entry



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# **Preauthorization Assessment and Documentation**

- Utilize SmartPhrases in EHR to build preauthorization use criteria into checklist for pharmacist
- Simplifies process for those interpreting the criteria
- Allows for consistent and complete documentation among all pharmacists



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# **Preauthorization Assessment and Documentation**

Name: @NAME@ Date of Service: @FDATE@ Reason for Admission: @PPROB@ (Is the patient requiring supplemental oxygen?:40967) If any the above criteria are not met, please contact the ordering provider to clarify. The provider may need to contact the local site representative for approval. Provider contacted: Date/time: Brief notes from discussion and result NO, patient is NOT requiring supplemental oxygen YES, patient is requiring supplemental oxygen

If the patient is requiring supplemental oxygen above their baseline, all of the following criteria must be met for remdesivir use:

- Confirmed SARS-CoV-2: {YES / NO:23736}
- Positive test was within last 14 days: [YES / NO:23736]
- ALT < 780 (10x ULN): {YES / NO:23736}
- Requiring 2 or more liters of oxygen per nasal cannula, or requiring ECMO, invasive intubation, or non-invasive intubation: (YES / No:23736)
- Steroids ordered: {YES / NO:23736}



If the patient is NOT requiring supplemental oxygen (or is on baseline oxygen needs), the following criteria must be met to be considered for a 3 day course of remdesivir:

- Confirmed SARS-CoV-2: {YES / NO:23736} Symptomatic (see below) with symptom onset within last 7 days; (YES/
  - · Possible symptoms include: fever, cough, sore throat nausea/vomiting/diarrhea, congestion/runny nose, new muscle pain or body aches, headaches, loss of taste or smell
- ALT < 780 (10x ULN): (YES / No.23736)</li>
   Remdesivir order is for 3 days (200 mg IV x1 on day 1, followed by 100 mg IV Q24H on days 2 & 3): (YES / No.23736)
- (Please select ONE of the following: 40970)

# Infection and Syndrome Specific Interventions

- Community-acquired pneumonia
- Urinary tract infections
- Skin and soft tissue infections
- **MRSA**
- Clostridioides difficile
- Culture proven invasive infections



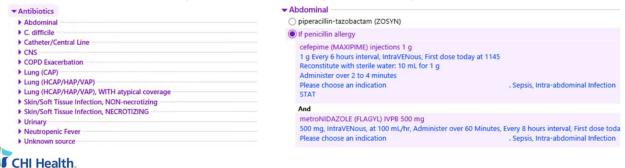
CDC. US Department of Health and Human Services, CDC; 2019. 19

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#### **Order Sets**

Incorporate facility-specific antimicrobial recommendations into order sets with clear guidance

- Antibiotics sorted by suspected source of infection
- Offers alternatives for patients with allergies
- Make sure to include other diagnostic tests such as blood cultures, sputum culture, MRSA nares, and procalcitonin (consider pre-selecting for providers)



#### **Order Sets**

- Surgical prophylaxis recommendations are built into order panels that feed into all peri-operative order sets based on procedure type
- Ensures adequate dosing/timing/duration
- Ensures consistency with one location for updating when changes need to be made (versus each order set)

Check Indication	Surgery Type	Pre-Op Antibiotic and Dose	Intra-Op Re-dosing Interval	Post-Op Antimicrobial and dose
	ABCOMINAL Appendectomy, billiary, colorectal surgery, gastroduodenal, or small intestine	Cefosini 2 grams (3 grams ≥ 120 kg) IV x1 OR  Cefazolin 2 grams (3 grams ≥ 120 kg) IV x1 + Metronidazole 500 mg IV x1 + Levoficiazole 500 mg IV x1 + Levoficiazole 500 mg IV x1 + Levoficiazole 500 mg IV x1 + Metronidazole 500 mg IV x1 + Metronidazo	Cefaulin 2 grams IV q.2h. Cefazolin 2 grams IV q.3h.	Cefoxitin 2 grams IV q.8h. x24 hrs Cefazolin 2 grams IV q.8h. x24 hrs + Metronidazole 500 mg IV q.8h. x24 hrs Ceftrisxone 2 grams IV x1 + Metronidazole 500 mg IV q.8h. x24 hrs Allergy: Metronidazole 500 mg IV q.8h. x24 hrs + Levofloxacin 500 mg IV q.8h. x24 hrs + Ceftrisxone 500 mg IV q.8h. x24 hrs + Gentamion 6 mg/kg IV x1 **Clinical evidence/guidelines do not support the need for post-op antibiotic prophylaxia in this surgery category, however if post-op doming is desired, unifice the above options.
	CARDIAC Coronary artery bypass graft (CABG), CABG with valve implant, transcatheter aortio valve replacement (TAVR), pacemaker and other implants	Cefazolin 2 grams IV (3 grams ≥120 kg) x1 (Substitute vancomycin in pre-op screening with scheduled procedures is positive for MRSA.) Allergy: Vancomycin 15 mg/kg IV x1	Cefazolin 2 grams IV q.3h.	Open Heart: Cefazolin 2 grams IV q.8h. x48 hrs Allergy: Vancomyoin 15 mg/kg IV q.12h. x48 hrs     TAWR, Pacer, Other: Cefazolin 2 grams IV q.8h. x24 hrs Allergy: Vancomyoin 15 mg/kg IV q.12h. x24 hrs



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#### **Provider-Based Interventions**

- Antibiotic "timeouts" at 48-72 hrs of therapy
  - Shown to improve appropriateness of antibiotic selection, but may not reduce overall antibiotic use
  - o Consider best practice alert "pop up" or antibiotic "soft stop" to prompt provider review
- Assessing penicillin allergy
  - 15% of hospitalized patients report allergy, however, less than 1% of US population has serious reaction
  - Adequate history and physical examination, challenge doses, and skin testing
  - Note in EHR allergy history if patient has tolerated beta-lactams previously



CDC. US Department of Health and Human Services, CDC; 2019. 22

# **Pharmacy-Driven Interventions**

- Automatic IV to PO
- Dose adjustments for organ dysfunction
- Dose optimization
- Duplicate therapy alerts
- Time-sensitive automatic stop orders
- **Drug-drug interactions**

Build alerts into CDSS for all pharmacists to incorporate into workflow!



CDC. US Department of Health and Human Services, CDC; 2019. 23

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# **Microbiology-Based Interventions**

- Selective reporting of antimicrobial susceptibility
- Comments in microbiology reports

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Component
MICROBIOLOGY FINAL
REPORT
                     >100,000 cfu/ml Escherichia coli Isolate produces an Extended Spectrum Beta-
                     Lactamase and is considered resistant to all penicillins, cephalosporins and
                     aztreonam. For infections caused by ESBL producing isolates, the drug of choice
                     is a carbapenem.
                     Infectious Disease consult recommended. Use of piperacillin/tazobactam for the
                     treatment of infections caused by ESBL producing isolates is controversial.
Organism ID, Bacteria
                     Escherichia coli !
```



CDC. US Department of Health and Human Services, CDC; 2019. 24

# **Nursing-Based Interventions**

- Optimizing microbiology culture collection
- IV to PO transitions
- Prompting antibiotic "timeouts"



CDC. US Department of Health and Human Services, CDC; 2019. 25

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# Reports

# **Antibiotic Use Reports**

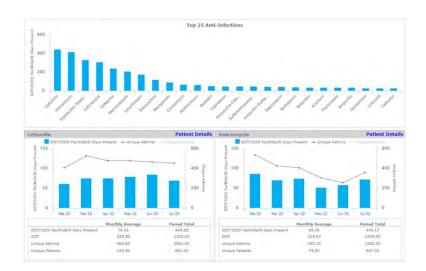
- Days of therapy (DOT) / 1000 patient days
  - Uses the DOT for an antimicrobial divided by the number of patient days present for a facility
  - Examples of use:
    - Trend use over time following implementation of an intervention (i.e., new use criteria, education)
    - Combine antimicrobial types for trend (i.e., anti-Pseudomonal betalactams, anti-MRSA)



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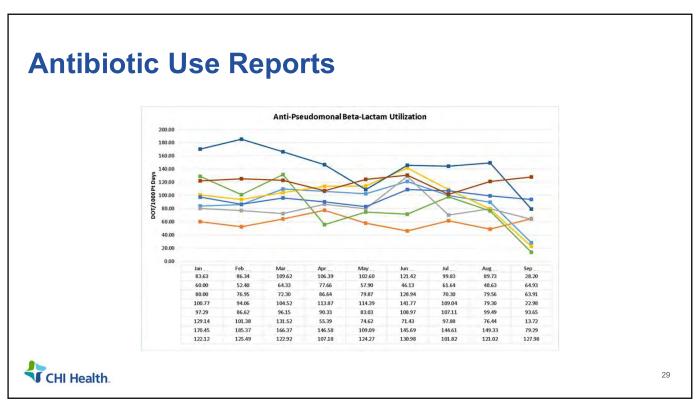
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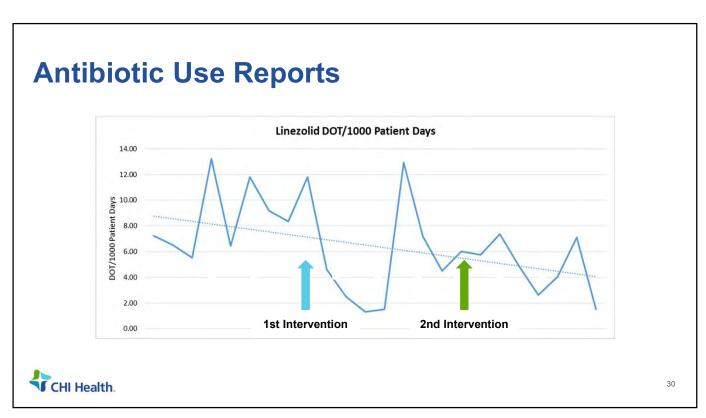
# **Antibiotic Use Reports**



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## **Antibiotic Use Reports**

- NHSN Antibiotic Use module
  - Some electronic systems allow users to submit antibiotic use data directly to NHSN after validation of the data
  - NHSN will generate a standardized antimicrobial administration ratio (SAAR), as well as DOT reports
  - Consider discussing this option with vendors about submission options



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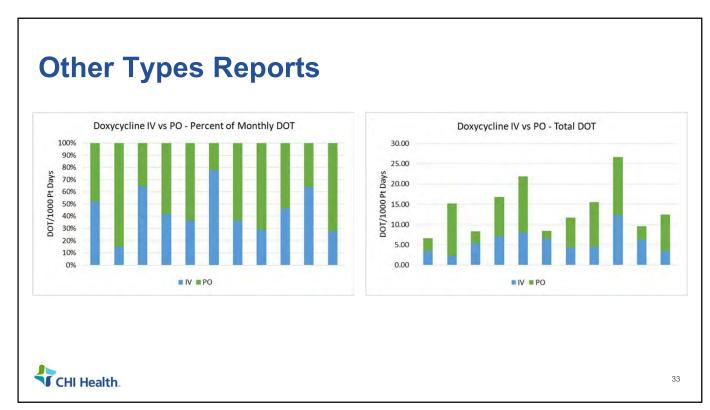
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# **Other Types Reports**

- IV vs PO reports
  - Review highly bioavailable antibiotics and the percent given PO
  - o Consider setting a goal to encourage more PO antibiotic use



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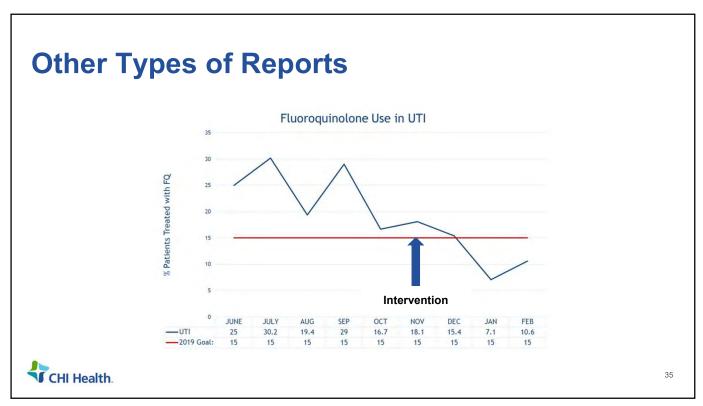
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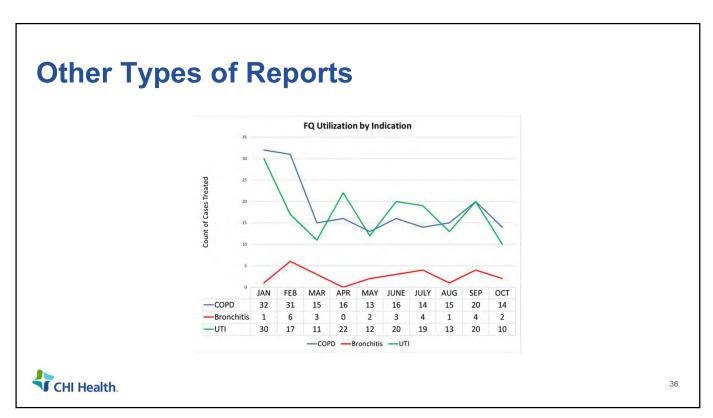
# **Other Types of Reports**

- Indication specific reports
  - Pull antibiotics used based on specific indications and review for adherence to local or national guidelines
  - Can target common infections (i.e., community acquired pneumonia) or antimicrobials (i.e., fluoroquinolones)



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# **Other Types of Reports**

- Provider report cards
  - Create reports to compare providers to based on use of specific antimicrobials or durations of therapy
  - Allows for peer-to-peer comparison which can influence prescribing habits
  - May require export to another program for analysis



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# Where do we go from here?

- First step: consider an IT needs assessment and resource evaluation
  - What data is accessible under current model?
  - How easy is it to obtain information in a usable format/upon request?
- Examples of antimicrobial stewardship specific needs:
  - What metrics are available to track antibiotic use?
  - Ability to track interventions and acceptance rates?
  - Ability to customize list for monitoring?
  - Identifies common interventions (ex. duplicate therapy, treatment duration, IV to PO)
  - Dashboard present?



Kuper KM, et al. Infect Control and Hosp Epidemiol 2019, 40: 501-511. 38

# Where do we go from here?

- Based on needs assessment can further determine if purchasing an EHR module or add-on CDSSs would be warranted or feasible
  - Financial implications
  - IT support and functionality
- Crucial to identify key stakeholders before determining which CDSS is best for your institution



Kuper KM, et al. Infect Control and Hosp Epidemiol 2019, 40: 501-511. 39

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### **Summary**

- CDSSs available for AMS programs include both EHR and add-on CDSSs both of which can be used to help meet regulatory requirements and optimize AMS daily workflow/patient outcomes
- AMS interventions can be implemented in a variety of ways using CDSSs and the EHR
- Reports generated from CDSS or EHR data can be utilized to demonstrate the effectiveness of an AMS program



#### References

- 1. Kuper KM, Nagel JL, Kile JW, et al. The role of electronic health record and "add-on" clinical decision support systems to enhance antimicrobial stewardship programs. *Infection Control and Hospital Epidemiology* 2019, 40: 501-511.
- 2. Akpan MR, Ahmad R, Shebl NA, et al. A review of quality measures for assessing the impact of antimicrobial stewardship programs in hospitals. *Antibiotics* 2016; 5(1): 1-16.
- 3. CDC. Core Elements of Hospital Antibiotic Stewardship Programs. Atlanta, GA: US Department of Health and Human Services, CDC; 2019. Available at https://www.cdc.gov/antibiotic-use/core-elements/hospital.html.
- 4. The Joint Commission. R3 Report Issue 35: New and Revised Requirements for Antibiotic Stewardship. Issue 35, June 20, 2022. Available at <a href="https://www.jointcommission.org/-/media/tjc/documents/standards/r3-reports/r3\_antibioticstewardship\_july2022\_final.pdf">https://www.jointcommission.org/-/media/tjc/documents/standards/r3-reports/r3\_antibioticstewardship\_july2022\_final.pdf</a>.
- 5. Forrest GN, Van Schooneveld TC, Kullar R, et al. Use of electronic health records and clinical decision support systems for antimicrobial stewardship. Clinical Infectious Diseases 2014; 59(Suppl 3): S122-S133.
- 6. Kullar R, Goff DA, Schulz LT, *et al.* The "epic" challenge of optimizing antimicrobial stewardship: the role of electronic medical records and technology. *Clinical Infectious Diseases* 2013; 57: 1005-13.



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