

# BHECN's Webinar Series:

Core Topics for Behavioral Health Providers

## The Schizophrenia Spectrum: Science and Practice

October 19, 2-4pm



Join BHECN for a webinar on the Schizophrenia Spectrum presented by Dr. Will Spaulding, co-author of *The Schizophrenia Spectrum* and professor of psychology at the University of Nebraska Lincoln.

*This webinar includes two presentations:*

### Part 1: The Science (October 19, 2pm CDT)

Dr. Spaulding will cover the basic understanding of the schizophrenia spectrum.

- What is schizophrenia?
- How is it diagnosed, and what does that mean?
- Why "the schizophrenia spectrum" ?
- How does it change over its course?
- What are the important individual differences within the schizophrenia spectrum?

### Part 2: Practice (October 19, 3pm CDT)

Dr. Spaulding will cover schizophrenia clinical assessment and treatment.

- Treatment and rehabilitation outcomes are generally better than most people think
- We must overhaul our expectations and ideas about "outcome" – the ideal is RECOVERY
- Medication is usually necessary, but never enough
- We have a rapidly expanding array of evidence-based treatment
- Good outcome requires an interdisciplinary treatment team and system-wide coordination

**Cost:** Free

**Who should attend?** Behavioral health trainees, behavioral health providers, faculty

**To Register:** <http://bit.ly/SchizophreniaSpectrum>

\*CEU's not provided

Presented by: Dr. Will Spaulding  
Professor of Psychology

Dr. Will Spaulding received his Ph.D. from the University of Arizona in 1976 and completed a postdoctoral Fellowship in Mental Health Research and Teaching at the University of Rochester, 1976-1979. He joined the University of Nebraska Lincoln faculty in 1979.



His research interests address various aspects of schizophrenia and other severe disorders, including clinical and experimental psychopathology, the effectiveness of treatment and rehabilitation, and service systems and social policy. His recent book, *The Schizophrenia Spectrum* (Hogrefe, 2017), with co-authors Steven Silverstein and Anthony Menditto, is a comprehensive integration of theory, research and practice principles.

Dr. Spaulding is an editor of *American Journal of Orthopsychiatry*, the journal of the Global Alliance for Behavioral Health and Social Justice. He maintains an active clinical and consulting practice.

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